



SASKATCHEWAN SOCIAL WORKER

Volume 14 Number 1

February 2003 Edition

President's Report *Greetings from the President*

It is my pleasure to welcome you to this edition of our newsletter where I hope you will find many items to be of interest and assistance. We are in a challenging and exciting time as an Association.

A key initiative for us in the development of our profession is the project to develop a new strategic plan. Our last look at this important area was taken in 1998, so it is time to rethink what our emphasis should be in light of the current realities. We began to plan for this last fall, and hope to have the fullest participation possible as we work towards the development of a vision and mission statement and a full reconsideration of what we believe our priorities should be. The growth of the association to a number beyond 1,000 members needs to be considered here as well. Locally and nationally we are in a time of searching for ways to balance our regulatory and membership support roles. It is my hope that we can add shape to this search by our efforts here.

I see a strong connection between the work we are doing here and what CASW has before it in terms of its reconsideration of the ways it relates to provincial organizations, whether they be separate regulatory and support bodies or combined associations like us. To explore all of this in a national forum, I look forward to the 2004 Presidents' meeting to be held in Halifax in early June.

More immediately, we find ourselves in the midst of budget preparation and are able to say now that a balanced budget will be presented to our Annual General Meeting on April 30th in Moose Jaw. Though balanced, this budget will allow us to do the things thought to be important and it will include the first stage of a plan to improve the level of reimbursement for travel that we pay to members travelling on Association business.

I look forward to our time together in Moose Jaw where we will also have our Annual Conference which features George Enns on the conference theme 'Supporting Creativity and Competence.'

As we enter the early months of the new year, it is my hope that we can focus energy and attention on organizational structure issues, a systematic improvement of our services, a search for improved involvement by

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Members of the Editorial Board can be contacted through the e-mail addresses provided above or by contacting the SASW Office. We are interested in readers' stories, thoughts and ideas, letters to the editor, pictures and current events. The Board reserves the right to reject any article as well as edit submitted material.

Publication does not imply endorsement by the Saskatchewan Association of Social Workers. The views expressed in the printed material represent the views of the contributors and do not necessarily reflect the view/policies of the Association.

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Please submit material to:

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President's Report Cont.

our Branches in the affairs of the Association and the importance of intentional effort to promote understanding of what we do and why it is important work. It is good that we have the opportunity through the work on the strategic plan, to pause and consider these and other issues of importance and come together with a renewed understanding of our purposes and with renewed energy to pursue them.

*Submitted by
Deb Buettner, MSW, RSW - President*

NOTICE OF DISCIPLINARY HEARING

On January 17, 2002, the Discipline Committee concluded its deliberations on two allegations against a social worker in private practice. The first was that the member had engaged in the practice of social work indicating membership in the Association when membership had lapsed. The second was that an invoice was submitted to an agency for payment that did not accurately reflect the services provided. In its consideration of the information before it, the Discipline Committee referred to *The Social Workers Act*, the Social Workers Administrative Bylaws (1993) and the CASW Code of Ethics.

As would normally be the case, the Committee took into account the information, perspective and interests of the complainant, the member and the Association. The Committee ordered that the member complete at least four one hour sessions with a registered social worker to review, study and discuss the mandate, ethics, goals and standards of the SASW, and indicated that this would need to be done within six months. The Committee further ordered that the member provide a written apology within one month to the complainant regarding the misleading invoice.

Charity Ball

Saturday, April 12, 2003

*RCMP Training Academy - Drill Hall
Tickets \$125/Corporate Tables - \$750*

*An event hosted by the
Royal Canadian Mounted Police "Depot"
And "F" Divisions, in support of the Saskatchewan
Deaf and Hard of Hearing Services Inc.*

*For tickets or more information contact:
Saskatchewan Deaf & Hard of Hearing
Phone: (306) 352-3323 or 1-800-565-3323*

Executive Director Report

The welcome that has been extended to me in Committee meetings and at the Branches I have visited has been very much appreciated. As a new staff member, it has enabled me to quickly feel at home and to become involved in the many initiatives the Association has before it. Thank you.

A topic of discussion that has come up several times is the nature of our Association and what it means to be a part of it. For some, membership is required, while others must decide whether to become a part of their professional community. This was discussed at Council and there was support for some pro-activity in this regard. We decided to see about having an article developed for this newsletter and you will find it here. The Yellowhead East Branch undertook to express what involvement means for them, and it makes very interesting reading. We also developed two posters, which are now in distribution. One is for social work students and the other is for staff of the Department of Social Services. In each case, there is some description of the Association and its purposes, reasons for participation and reference to financial particulars. We have enjoyed the full cooperation of the School and the Department in distribution of the posters.

Two major undertakings for us now are the Strategic Planning project and the 2004 national conference. Initial work has begun on both of these. I am on a committee to steer the strategic planning work with Deb Buettner, Bernie Zaharik, Maureen Kraemer and David Macknak. Through the branches we are looking for three additional members to assist in the planning. We are being supported by a consultant whose name is Valerie Sluth and she attended the January 17, 2003, meeting of Council along with committee members. At Council, there was a full presentation of the plans for this project that will culminate in an invitational event in Regina on June 6 & 7, 2003. If you have not heard back through your representatives on this by now, you should expect to hear in the very near future. As part of the process, it is intended that there will be opportunities for all members to share their views on the future of SASW.

You will see particulars on the 2004 conference elsewhere in this edition. The plans are already well underway and being led by the able and energetic co-chairs Evelyn Hynes and Tracy Muggli of Saskatoon. This promises to be a major opportunity for SASW to profile the interests of our profession, to host col-

leagues from across Canada and to participate together in top-notch learning opportunities.

In the last newsletter we asked for volunteers to work together in the editor function. Debb Fisher and I are very pleased to report that we have our group and that, together, this is our first issue. With Debb and myself, we have Tamara Dobmeier, Brenda Stinson, Ailsa Watkinson, Lorelee Manning and Peter Griffiths. In each edition now you will see the names of the Editorial Board along with contact information and our publication and deadline dates. Find it now (page 2), cut it out and pin it on your wall.

We will continue to provide a listing of Council Members—Executive, Branch Representatives, Committee chairpersons, who can be reached through the SASW Office.

*Respectfully submitted,
Richard Hazel, MSW, RSW (Sask.)*

HELP WANTED!

No experience necessary!

Please join us in the organization of the **2004 national social work conference "Social Work: Meeting the Challenge and Making a Difference."**

SASW is privileged to host the National Social Work Conference which will be held in Saskatoon, **June 5-8, 2004.**

The organizing has already begun! ...but we need your help....

We are presently accepting volunteers in the following areas:

- * Committee chair for organization of silent auction
- * Volunteers for social committee
- * Volunteer room monitors for concurrent sessions
- * Volunteers to provide transportation to guests
- * Trade show chair and committee members
- * volunteers to assist with registration (stuffing packages and registration desk)
- * "Information desk" committee

Please contact the SASW office if you are willing to volunteer in any of these capacities.



Social Policy Committee

The Social Policy Committee met on December 3rd to begin to establish its agenda for 2003. The meeting was held in Prince Albert with members from Saskatoon and Regina joining us on a conference call.

Committee members are interested in many areas of social policy including

- the Provincial Government's Building Independence Strategy,
- Child Welfare reform,
- our role in working with anti-poverty groups in Saskatchewan,
- how the Government might benefit from allowing MSW graduates in the Provincial Government to become more involved in research and policy development, and
- some of the issues facing Community Based Organizations as they attempt to implement the new Outcomes Based Evaluation required by the Department of Social Services.

We met in January for a half-day session to further develop our agenda and to begin to respond to some of these issues. Anyone interested in joining our committee can contact Brian Howell at (306) 763-7457 or at rbii@sk.sympatico.ca.

Practice Ethics Committee

The mandate of the Practice Ethics Committee is to provide consultation on request to registered social workers in the province who may be struggling with practice issues that have an ethical dimension. The CASW Code of Ethics and SASW Standards of Ethical Practice for Professional Social Workers in Saskatchewan, guide all consultations.

Consultation feedback is provided in writing, orally, or both.

Requests for consultation should be made to the SASW Office through whatever media the enquirer chooses. The SASW office will pass the request to the chair of the committee who will guide the process of providing a response, or will assign another committee member to guide the process.

In most cases the chairperson receives the request and contacts the member for further information and clarification. If it is a simple request the chair may make an immediate response. In most cases the chair or designate makes a preliminary and incomplete response and promises to get back to the person ASAP after consulting

the committee.

The chair or designate then e-mails all committee members, outlining the concern and asking for their response without identifying the inquiring member at this time. Members share their responses with each other by e-mail. This may generate further comment. When all the responses are gathered the chair or designate drafts a reply to the member and presents it to the committee for one last look before either phoning and/or writing the inquiring member.

This process has been adopted to ensure members get the best advice by having their concern thoroughly examined by the full committee.

The following options are open to any member who wishes to vary the above procedure when requesting consultation.

1. **That the inquirer remain anonymous to the committee.** In this option the SASW Office passes the request to the chair of the committee but removes the name and other identifying information. The response by the committee is made in writing and returned to the member through the SASW Office.
2. **That only the executive director see and make the response.** In this option the director may consult the committee in such a way that protects the anonymity of the member.
3. **That a particular member(s) of the committee gather and make the response, or, that a particular committee member(s) not be evolved in the process.** In this option the committee engages only the desired committee members in the process of responding.

The committee meets monthly and reviews all requests and responses. At this meeting the names of the inquiring members are shared with the committee unless requested otherwise by the inquiring member.

To help the committee assist you, please observe the following:

1. Be as concise and specific as possible about your concern.
2. Provide relevant background information.

The committee will ensure:

- that names of enquiring members are not shared outside the committee, or
- are shared only with the committee members designated by the inquiring member under the options,
- that in the annual roll-up and in any research conducted individual members are not identified, and

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SASW Committee News, continued

- that all requests are reviewed as thoroughly and replied to as quickly as possible.

The Practice Ethics Committee reports directly to Council. The committee replenishes its membership by inviting interested SASW members to fill vacant positions. Although the committee is Saskatoon-based, membership may come from any part of the province. Conference calls, e-mails and occasional committee attendance will link committee members to the process. Anyone interested in being on the committee may register their interest with the SASW office. An up-to-date list of committee members can be obtained at any time through the SASW office. The chairperson or their designate attend Council meetings and provide a yearly report to the membership on the committee's activities. The committee and the SASW keep a record of all inquiries and replies for reference when framing new replies, for reporting on yearly activities and for future research on the concerns of SASW members.

Any suggestions for improving the operation of this committee to make it better serve the needs of the membership will be welcomed.

Current committee members are: Chair: Victoria Walton, Della Yaroshko, Norlane Jensen, John Nicholson,

Bernadette Prokopetz, Stan Dimnik, Jana Hladun and David Macknak.

You can contact the SASW Provincial Office by mail at: 2110 Lorne Street, Regina, Saskatchewan, S4P 2M5; by phone at 545-1922 or toll-free at 1-877 517-7279; by fax at 545-1895 or by e-mail at sasw@accesscomm.ca

NATIONAL DISTANCE EDUCATION PROGRAMS

**Maritime School of Social Work
is offering
BSW Distance Education &
MSW Distance Education
for part time students.**

For more information contact:
Maritime School of Social Work, Dalhousie
University, Halifax, Nova Scotia,
Phone (902) 494-6709
E-mail: socialwork.distance@dal.ca

**Finding the Energy to Heal with
Dr. Maggie Phillips
Director, California Institute of Clinical Hypnosis
Using Hypnosis and Energy Therapies with the Stress Disorders
May 1-3, 2003
Queen's House of Retreats and Renewal Centre
Saskatoon, Saskatchewan**

This course presents innovative applications of clinical and Ericksonian hypnosis with stress-related symptoms that commonly present in psychotherapy. These include post-traumatic stress, extreme stress, and dissociative syndromes. Stresses related to attachment problems and developmental conflicts will be covered as well as persistent, chronic and intractable physical/psychological pain and mind-body distress. There will be teaching presentations on the diagnosis and assessment of the stress disorders; methods of intervening in traumatic triggering and reenactment patterns; multi-modal approaches for expanding ego strength, homeostasis, and comfort; and strategies for building and maintaining a secure attachment framework within psychotherapy relationship.

Day 1 and 2 will focus on the syntheses of hypnotic suggestions and technique with EMDR, energy psychology methods, ego-state therapy, and body focused psychotherapy. Day 3 will emphasize skill development, live demonstrations, and case discussion in these areas.

Professional Eligibility: This training is open to professional practitioners in counselling and psychotherapy.

Contact the Saskatchewan Teachers' Federation, Counselling Services for a seminar brochure.

1-800-665-5594 or (306) 373-8388

Registration: The total registration fee is \$495.00. Participant numbers are restricted to 36; however, we will maintain a waiting list and hopefully be able to accommodate all requests.

SASW Committee News Section



SASW Response to *The Psychologists Act*

Last summer SASW established a committee to pursue issues created by the inclusion at Section 23 of *The Psychologists Act* a definition of authorized practice. The November newsletter contained an article detailing the work of this committee and the article included the actual exchange of letters between the Association and the Minister of Health. To follow up and to clearly affirm our position with the Minister, the Association has written again to him strongly presenting our position and requesting a meeting where we can provide details to support our argument that the Act must be changed. The change we are seeking is that social work would be included at Section 23(4) as a profession exempt from the application of the Section. The Association wants to remove the potential threat to its members that there could be discipline sought against a member or a charge under the Act brought against any member. The letter to the Minister follows on page 7.

In the mean time, because change to legislation is very rarely something that happens quickly, there has been exploration by the committee around how the Association would respond if a complaint were to be tabled with the Professional Conduct Committee. Legal advice has been taken, and we have checked in with the Registered Psychiatric Nurses Association. The conclusion is

that we are not likely to be disciplining members working in mental health settings (or in other areas) who are practising as they have done traditionally. In other words, if a complaint about a member were to come to us stating that they have done the type of diagnostic work they have usually done in the past, our Professional Conduct Committee would not refer this along to the discipline process. As with any complaint, however, the Committee would have to examine the report for any evidence that there may be a transgression of our ethics or standards.

In light of the above, the Association will also review our *Standards in Health Care for Registered Social Workers in Saskatchewan* to ensure this document is as current as it should be while we carry on with the existing Act in place. This is important because if we receive a complaint, or if a charge were to be laid under the Act, our Standards would be an early point of reference in either process. This work has already been initiated by the Standards of Practice Committee.

Submitted by
Mona Acker, RSW (Sask.) Chair, Professional
Conduct Committee and
Richard Hazel, RSW (Sask.)
On behalf of the SASW committee to review The
Psychologists Act



2003 SASW AGM and Conference

April 30 – May 2, 2003

Wood Acres – Moose Jaw, SK

Hosted by: Moose Jaw Branch

April 30, 2003 – Annual General Meeting

Guest Greetings from Ellen Oliver, President - CASW

May 1, 2003 – “Supporting Creativity & Competence”

Keynote Speaker: George Enns

May 2, 2003 – “Continuing Education: Trends & Needs for Practice”

Guest Panel: Sheila Brandick, RSW (Sask.), Private Practitioner

Lois Lien,, RSW (Sask.), Saskatchewan Social Services

Sharon McKay, RSW (Sask.), Faculty of Social Work – U of R

Ray Pekrul, RSW (Sask.), Family Service Regina

Ben Webster, RSW (Sask.), Saskatchewan Social Services

Conference Session: Darcia Schirr, BA, LLB - “Computers and Legal Responsibility”

For more information, see the brochure included with this newsletter.

Further Correspondence Regarding the Psychologists Act

January 28, 2003

Honourable John Nilson
Minister of Health
Room 361
Legislative Building
Regina, Saskatchewan S4S 0B3

Dear Sir:

On August 15, 2002, we received your reply to a letter dated July 11, 2002, which had been forwarded to you from our Association. For your reference, we enclose both a copy of our letter and your reply.

We wish to reiterate our concerns with the wording contained in s. 23 of *The Psychologists Act* (the "Act") and its impact on the members of our Association.

(1) Firstly, s. 23 of the Act is, in our view, extremely wide-ranging in terms of the types of diagnosis which only a psychologist (and medical practitioners, given the exemption of s. 23(4) of the Act) may make and communicate:

"...a diagnosis identifying, as the cause of a person's symptoms, a neuropsychological disorder or a psychologically based psychotic, neurotic or personality disorder."

Although you state in your letter of August 15, 2002, that it is the intent of this provision to reserve to psychologists only "the more complex mental diagnoses", we cannot, with respect, understand or agree with that interpretation. A diagnosis of psychosis may be a "complex mental diagnosis" but diagnosis of a "mood, anxiety or adjustment disorder" clearly includes a "less complex diagnosis" and yet these are outside the scope of practice of any other professionals given the wording of this section.

(2) Secondly, the current wording of s. 23 of the Act has serious potential consequences for our members. Any member who is reported (whether by a patient, a family member, a psychologist, a fellow health professional or any other third party) to the authorities for having communicated a diagnosis of any type of mood, anxiety or adjustment disorder may be charged pursuant to s. 42 of the Act. This is not a matter which is in the discretion of the college of psychologists — this can be done by the laying of a complaint by any party.

(3) Thirdly, social workers in this province, especially in the mental health services sector, have routinely been required by their employers to make the less complex diagnoses of patients. As you are aware, in certain parts of the province (*i.e.*, northern Saskatchewan), there are no psychologists or psychiatrists available for consultation (and diagnosis) and in other part of the province (*i.e.*, certain rural areas), the low number of psychologists or psychiatrists available in comparison to the heavy caseloads at mental health centres makes consultation (and diagnosis) with these professionals virtually impossible. In short, the consequences of social workers not being permitted to make less complex diagnoses and communicating the same will have serious and drastic consequences for the mental health system.

(4) Finally, this matter is, as we noted in our earlier correspondence, easily remedied. Given the long standing practice within our profession of permitting social workers to make less complex diagnoses and given the enormous dependence of our mental health services system upon the social worker's ability to do so, s. 23 of the Act could, and should, be amended to include social workers as an exempted group.

We would very much appreciate the opportunity to discuss this issue with you and your department officials at the earliest possible opportunity. This is a matter of great concern to our members and it is our desire to resolve this problem as soon as possible.

Sincerely,

Saskatchewan Association of Social Workers
Per: Deb Buettner, MSW, RSW (Sask.), President

***Social Work Week
in Saskatchewan
will be celebrated
March 2, 2003, to March 8, 2003.***

***The theme will be
"Social Workers for
Social Justice."***





Society, Social Work and Special Families

by Heather Rogers, SASW Student

I am currently the Coordinator of SWADD (System Wide Admission/Discharge Department) for the Regina Qu'Appelle Health Region. As part of my responsibilities, I do community assessments for both adults and children for eligibility for Home Care Services.

I am a Registered Psychiatric Nurse. I recently became a part-time student in the BSW Program at the University of Regina. I was thrilled to be accepted into the program. I want to pursue a degree in Social Work because of my work with special needs children and their families. I have had a pediatric caseload for two years, and my frustrations have been increasing slowly since day one. There are so many gaps in the system serving these families that they are really large craters. Once some families fall in them, they are unable to get out, increasing their level of frustration, and mine as well. I am becoming a Social Worker so I can advocate more successfully for the rights of these children and their families.

I am currently a member of the Registered Psychiatric Nurses Association. I was under no obligation to join SASW professionally, but saw that SASW provided increased opportunities to participate in ongoing professional development, to develop links with other social workers for mutual support and shared learning, and to acquire a greater depth of understanding of social issues.

The children and their families that I encounter are all special. Each family faces unique challenges, such as Cerebral Palsy, Autism, Seizure Disorders, Spina Bifida, as well as a variety of syndromes, just to name a few of the conditions. In each and every family, parents have had to overcome many obstacles in their quest to acquire the services their children need to provide them with the best possible quality of life—which is something each and every one of us deserves, and is entitled to.

Some of my clients and families have a more difficult and complex struggle than others. One young client and her family is trying desperately to get support, but it seems this client is not the right-shaped “peg” to fit into any “hole” of existing services, so they are getting minimal formal support. Their informal support system is also very small, consisting of only themselves.

My client, whom I will call “Molly,” was diagnosed with Asperger's Syndrome at age 5. This is a pervasive developmental disorder, which falls within the Autism Spectrum. It is rarely recognized before the age of 3 and is found more often in males than in females. An individual affected by

this syndrome is socially isolated and exhibits eccentric behaviour in childhood. They commonly have excellent rote memory, absorb facts easily, and do well at math and science, but are also generally anxious and unable to cope with criticism or of feeling less than perfect, are unaware of others' feelings, are fixated on one subject or object, and unable to carry on a “give and take” conversation.

When I was first contacted by Molly's mom, she was desperate. There was not a single agency, in mom's estimation, willing to help this family. Molly was “too smart” in mom's words, for Community Living Division Funding. Molly was awaiting an assessment by the Autism Resource Centre, but the wait would be at least a year. Molly was having a terrible time in school. The school did not feel that Molly's family had a good grasp of her needs. The family situation was in shambles. Molly's dad had minimal contact with the family, and was not providing any child support. As Molly's behaviours were not always able to be managed by classroom staff, mom had to be available to go to the school when difficult situations arose. This limited mom's ability to work. There was also a 10-year-old sibling in the family, who felt neglected and was beginning to act out.

Molly is a whiz at science. She can tell you anything you want to know, down to the most minute details. She can also recite her favourite movie—from beginning to end—with different voices for each character. All the time that Molly is telling you about the movie, she is moving, constantly and repetitively. She can talk for hours. She is interested and can relate to all topics. All you have to do is sit and listen—and maybe ask a question or two.

I tried to assist this family by keeping regular contact with mom, and providing as much emotional support as possible. I also tried to assist her to connect with other individuals who can help. She has tried unsuccessfully for three years to get someone to help her daughter and herself, and this has worn her down. When I started to work with this family, I thought, surely, there is someone who would listen and let go of their rigid agency rules in order to help this family to survive. But I hit several brick walls, too. I became so frustrated, though not near the level of frustration this mom has endured every day, trying to make the best possible life for her children and herself.

As I continue to work with sick and disabled children, I am consistently confronted with the same prob-

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The Question of Membership

From time to time, there is debate among non-members about the wisdom of joining SASW. At times, there is a similar debate among members themselves. Frank Dornstauder tackled this ground in his comments upon receiving the CASW Distinguished Service Award in 2001. What he said was reported in the November 2001 newsletter. Below we have something from the Yellowhead East Branch on why we should be members of our professional association.

The Yellowhead East Branch was formed initially so members could become more actively involved in the Association provincially. People were members for various reasons; some because it was a requirement of their job and some because of a commitment to the profession of social work. The question of “what does SASW do for me” did not arise; all wanted to promote the profession and plan social work education events in the area so they would be cheaper and more accessible to local members. The idea of having a branch in the Yorkton area was conceived in 1993 and the branch was born in 1994. The five “parents” were Myrna Rhinas, Tom Seeley, Bev Kostichuk, Sandy Vaughan Hastie, and Arlene Tangjerd.

The Yellowhead East Branch did plan early educational events and enjoyed their efforts. They then went on to planning a luncheon and speaker for Social Work Week. They tried to get media coverage of local social

Society, Social Work and Special Families, cont.

lems in helping them. If people were accepted as individuals with needs and rights, and society understood their collective responsibility to help, it would be much easier.

What are some of the barriers that I faced when working with families such as Molly's? One is the many rules that each agency has. Another is the nature of policies and procedures in agencies, which I realize are necessary. These all have their place, and may be required, but flexibility is also very important and necessary. Without flexibility, these children and families don't get the services they need and deserve.

With Molly's family, I was able to arrange respite through Home Care. As Molly has a great deal of difficulty in relating to new people, consistency in care-providers is crucial. Home Care has been able to help meet this need, and things are going well. But this is just a start. Mom needs much more support.

workers with the goal of helping the general public understand the variety of areas in which social workers were involved and to help the public understand the goals and philosophy of the profession.

The group responded to any of the draft standards which came their way for input and did this by meeting at one of the local lounges. Combining socializing with work helped the group discover that collectively they were very good at critiquing.

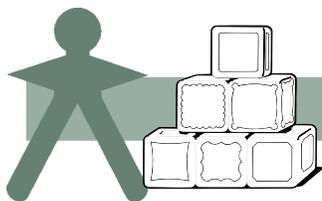
In a burst of energy (or was it insanity?) the Yellowhead East Branch decided to host the provincial conference in 1999. As they began planning the conference and meeting regularly, the group really pulled together. They decided the most pressing social issue at the time was the needs of children and this became the focus of the conference. The group continued to lobby government following the conference. All learned a lot from it and felt they also prompted some movement toward the whole area of early intervention.

At one of our regular monthly meetings in 2002, those present got into a discussion about a current issue and because all meetings were held over the lunch hour, they couldn't pursue it. The group decided they would meet after work and try a “discussion group” to discuss relevant issues. Since the summer of 2002, the Yellowhead East Branch met on four occasions and discussed such issues as social work and globalization, social work and alternatives to violence/terrorism, and dual relationships. A report was given to the membership about the Family Service Canada conference and thus stimulated interest in doing more regarding parent education in the area. Tom Seeley shared an Executive Summary on a study which revealed that the majority of parents felt they did not know much about child development or parenting.

Our next discussion subject will be the book *Blue Gold* by Maude Barlow. More and more our Yellowhead East Branch has become interested in advocacy, both for our profession and to draw attention to a consideration of values in all areas of society. By really getting involved with our local branch, we have formed supportive working relationships, have had fun, have promoted social work in this area, and have all benefited from our efforts and our association with each other.

What did we get out of our membership—just what we put into it!!!!

*Marlene Chatterson, MSW, RSW (Sask.)
Yellowhead East Branch*



The Family Tree Section

The Past and Future of SASW

The history of social work in Saskatchewan is relatively short. In that brief time, many individuals have demonstrated outstanding commitment to the development of social work practice and, therefore, to our communities and province. In upcoming issues of the Newsletter, individuals will be profiled in order to help us remember where we have been. The diversity in pioneering experiences will hopefully add context to how we see ourselves now and lend a sense of direction to where we want to be in the future. Please join us in celebrating our colleagues and our collective past. In doing so, also please accept the invitation to contact us with suggestions for individuals, experiences and stories that can be featured in future publications. You may also wish to respond to printed articles with your own personal memories of those already profiled. It is with pride that we feature Edna Osborne as one among many who have dedicated themselves to social work in Saskatchewan.

EDNA OSBORNE (1905-1984)

Edna Osborne first worked as a Public Health Nurse and later worked as a medical social worker in Montreal. She attended McGill School of Social Work from 1942 until her graduation in 1945. In 1945 and 1946, Edna worked with war refugees in Germany and then in the United Nations Relief and Rehabilitation Agency. Next, she moved to the Saskatchewan Department of Welfare, Child Welfare Branch in Regina. From 1952 to 1956 Edna shifted gears again and worked as Field Work Supervisor with the Manitoba School of Social Work. She was always concerned that social work education should be of the highest quality and that it should continue to be refined, improved, and nurtured.

During 1956-1973, ever searching for challenges and a place to make a contribution to social work, Edna assumed the role of Director of the Social Work Department, University Hospital, Saskatoon. She tended to be more clinical than generalist in her practice, but

was able to engage a wide variety of skills and knowledge in her tireless commitment to advocacy. Edna's advocacy included briefs to government, a life of work with Amnesty International and many other political involvements.

In addition to many complex and distinct duties, Edna remained involved throughout her life on community boards and committees, including the Saskatoon Provisional Board of Health and with the Hysterectomy Committee of Saskatchewan College of Physicians and Surgeons.

After her retirement in 1973, Edna acted as
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**Manitoba Association of Social Workers/
Manitoba Institute of
Registered Social Workers**
and the
**Canadian Association of School Social Workers
& Attendance Counsellors**

present

“Building Positive and Resilient Communities”

Keynote Speaker: Dr. Fred Matthews

Dr. Matthews is a Community Psychologist and Director of Research and Program Development at Central Toronto Youth Services. He has done hundreds of workshops around the world and has authored over 50 studies. Dr. Matthews has received numerous awards for his contribution to crime and violence prevention, community development, psychology in education and children's mental health.

MARK YOUR CALENDAR NOW!!!

May 7 - 9, 2003

Victoria Inn, Brandon, Manitoba

For more information, contact:

Bill Bolley (ph) 204-729-3128

E-mail: bolley@westman.wave.ca

Lis McLeod (ph) 204-571-7264

E-mail: mcleod@brandonrha.mb.ca

*Conference includes MASW/MIRSW Annual General Meeting
and CASSWAC National Meeting.*

FARM STRESS LINE
1-800-667-4442
www.agr.gov.sk.ca/saf/



Edna Osborne, cont.

Executive Director of the Saskatchewan Association of Social Workers. She was dedicated to promoting the Saskatchewan Association of Social Workers as a vehicle in maintaining vigilance over poor social conditions. In a brief to the Association's Executive Council (1978), Edna wrote that the 'wax and wane' of membership in the Saskatchewan Association of Social Workers often depends on a small, consistent core and a fringe of partially committed social workers. She always hoped that the vitality of the SASW would build and erupt into a dynamic membership that was present throughout the province, both in the hearts and in the minds of people and their communities.

Rory Flanagan, a personal friend of Ms. Osborne related the following:

"We, who know Edna, received from her and became bigger, better, more worldly-wise, and more human for our friendship with her. Through her, I learned to think in terms of underprivileged and oppressed people and their problems; but even more importantly, about what I could do, in a positive way, to help them." (Shain, 1983)

Edna Osborne was known to balance competence and compassion with a strong yet modest personality. She had a great sense of humour, a profound love for children, and a deep appreciation of culture. She could be described as one of Saskatchewan's true Renaissance women. She passed away on January 6, 1984, at the age of seventy-nine.

In 1998, the Saskatchewan Association of Social Workers' Office was dedicated and named in the memory of Edna Osborne. The plaque that was unveiled in her honour at that time is now displayed in the meeting room of the SASW office and serves as a reminder of what can be accomplished by one dedicated individual.

Brenda Stinson, MSW, RSW (Sask.)
(Shain, Merle. (1983). *Hearts That We Broke Long Ago*. McClelland & Stewart: Toronto)

Contributions to the newsletter are always welcome. Read any good books lately, working on an interesting project, have an area of interest that you would like to share with other people? Write to SASW Editor and see your name in print! Deadline for the next newsletter is April 30, 2003.

Addictions:

Parenting for Prevention

An evening for parents, teachers and anyone who works with children or families

Featuring Wes Wingett, Ph.D.

Wednesday, April 9, 2003

7:30 - 9:30 p.m.

Western Development Museum
2610 Lorne Avenue South, Saskatoon
Tickets available at the door \$10

Proudly sponsored by Saskatoon Adlerian Society

Addictions are Addictions:

An Adlerian Approach to Understanding, Accepting, Changing with Wes Wingett, Ph.D.

A workshop for professionals in mental health, addictions, counselling, pastoral care, and the general public.

Topics will include:

- Identification of addictions
- Examples of substance and activity addictions
- Preventing addictions
- Treatment options for addictions
- Managing relapse
- Working with individuals and their families

Tuesday, April 10, 2003

9:00 a.m. to 4:30 p.m.



Proudly sponsored by
Saskatoon Adlerian Society

Pre-registration is required

Call the SAS office at 306-374-1757 or

Download registration form

www.saskatoonadleriansociety.org

Child Welfare Project: “Creating Conditions for Good Practice”

Open Letter to Child Welfare Social Workers

As many of you know, CASW has undertaken a national project designed to give front line social workers in child welfare practice across the country an opportunity to express their views about their practice. A questionnaire was distributed by provincial and territorial associations and placed on the CASW Web site, follow-up focus groups were held in most provinces, and a child welfare consultation day was held prior to the National Conference in Moncton last June. CASW would like to thank the many social workers across Canada who took time from busy schedules to respond to the questionnaire, to participate in focus groups and in the consultation day in Moncton, and to support the work of the project in so many other ways. We want you all to know that the work on the project is continuing, and that a variety of activities have taken place over the past few months.

The project data clearly describes both encouragers and impediments to good practice in child welfare settings. Major themes from across the country

have been identified. An interim report was sent to each provincial and territorial association in September, and will soon be followed by additional reports including specific data from each jurisdiction. A comprehensive report about the project will be completed in the near future. All of this material will be posted on the CASW Web site.

In the meantime, meetings have been held with groups of prospective stakeholders, including Directors of Child Welfare, the Child Welfare League of Canada, the Chair of Child Welfare from Memorial University in Newfoundland, the Canadian Association of Schools of Social Work and the Youth in Care Network. Through discussion with these stakeholders, we have examined the major themes of the project results, and have prioritized those that are immediately actionable. We are now working to firm up partnerships and collaborations so that we can move these plans into action as soon as possible.

Please watch the CASW Web site (www.casw-acts.ca) for further updates.

Letter to the Prime Minister—Health Reform

January 23, 2003

The Right Honourable Jean Chrétien
Prime Minister of Canada

Dear Mr. Chrétien,

Several years ago, the heads of the six national associations of health professionals listed below began meeting to discuss issues of mutual concern. The members of our associations play a significant role in Canada's health system, providing needed services for the health of Canadians. As reported by the Canadian Institute for Health Information in *Health Personnel in Canada, 1991 to 2001*, our organizations represent nationally over 90,000 health professionals, in contrast, for example, to 30,000 family medicine physicians.

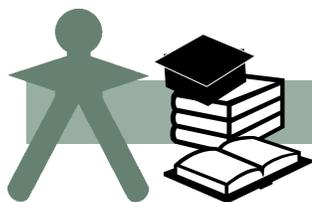
We are convinced that collectively we have a unique and critically important contribution to make to discussions concerning the current and future Canadian health system. We have participated individually and in coalitions, through submissions and pres-

entations, to the Kirby Committee hearings and the Romanow Commission. We support your government's initiative to open a dialogue with Canadians about the health system they value and look to you for assurances that the resulting recommendations will receive due consideration.

Mr. Prime Minister, our organizations support the recommendations of both these studies to link funding to accountability. We further believe that the time to invest is now, in order to meet the fiscal needs of the current system, and to ensure that Canadians can access needed services in the most appropriate venue—whether in the community or hospital. We look to your continued and strong leadership to ensure that the work begun through a dialogue with Canadians becomes the action we need for a strong, sustainable health system today and tomorrow.

Our associations will strongly support your efforts in these areas on behalf of all Canadians, and we look forward to being full partners in a revitalized health

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Consortium Expands after Symposium

SASW members may be interested in knowing about the Prairie Child Welfare Consortium (PCWC), an initiative that has grown from a Memorandum of Understanding between the four prairie based university programs in social work (University of Regina, Saskatchewan Indian Federated College, University of Calgary, University of Manitoba) to include representatives of the three provincial governments (Saskatchewan Social Services, Alberta Children's Services, Manitoba Child Protection Support Services and Manitoba Family Services and Housing), and the Saskatchewan Federation of Indian Nations. In brief, the Consortium is built upon the idea that a tri-provincial effort to share information, conduct research and consult, collaborate and partner with one another will result in more effective service delivery, education and training and research and policy development in the prairie region. Fundamental to the structure and pro-

cesses of the Consortium is respect for the needs of Aboriginal communities in the delivery of child welfare services. Additionally, the Consortium seeks affiliation with other national child welfare bodies for joint initiatives, in order to further the PCWC mission and present a prairie perspective at the national level.

To engage key actors in the initiative, an invitational Child and Family Services Symposium was held at the Saskatchewan Indian Federated College location in Saskatoon in November 2001. One hundred and thirty-one participants from Alberta, Saskatchewan and Manitoba attended this two-day event. This number included some participants from the Northwest Territories, Ontario and British Columbia. The symposium was a working event, the major theme being focused on "Hearing the [Aboriginal] Voices." Evaluations of the panel presentations, group discussions and 110 person strong "sharing circle" led to the current structure and activities of the PCWC. Three active working groups exist (Education and Training; Practice and Service Delivery; and Research). Each group is at different stages of developing tri-provincial projects. The most developed of these is a project to develop a collaborative approach for the collection and sharing of literature and curriculum for Child Welfare training and education. A small group has begun planning for a second symposium, to be held in Winnipeg this coming October. At the steering committee level, funds are currently being sought for ongoing maintenance and development of the Consortium.

New participants are welcome to become involved in the Consortium working groups. For further information please contact

Sharon McKay, RSW (Sask.)
PCWC Steering committee Chair
at (306) 585-4866 (Sharon.mckay@uregina.ca)
or check out the PCWC web-site by following
the links @<http://www.uregina.ca/spru>.

Letter to the Prime Minister— Health Reform, cont.

system.

Thank you for consideration of our concerns during this time of great change and innovation.

Sincerely,

Pamela C. Fralick, Chief Executive Officer
Canadian Physiotherapy Association

Ondina Love, Executive Director
Canadian Assn. of Speech-Language Pathologists &
Audiologists

Dr. John Service, Executive Director
Canadian Psychological Association

Marsha Sharp, Chief Executive Officer
Dietitians of Canada

Eugenia Repetur Moreno, Executive Director
Canadian Association of Social Workers

Claudia Von Zweck, Executive Director
Canadian Association of Occupational Therapists

cc. Federal Minister of Health
Provincial Premiers
Provincial Ministers of Health



SASW
Toll Free Number
(outside Regina)
1-877-517-7279



SASW

Distinguished Service Award

Eligibility Criteria:

1. Outstanding contribution in any area of social work practice.
2. A high degree of professional commitment and contribution to the furthering of the work of SASW in the Province.
3. Current valid registration with SASW.

Procedure for Nomination:

Names must be submitted for nomination and must have written support of at least three (3) registered members of SASW. A brief biographical sketch must be included.

Selection Process:

Selection will be made by a majority vote of SASW Selection Committee prior to the Annual Meeting.

NOMINATIONS MUST BE RECEIVED NO LATER THAN MARCH 21, 2003.

Please mail or fax nominations to:



SASW Selection Committee
2110 Lorne Street
Regina, SK S4P 2M5
(306) 545-1895 (fax)

Name of Nominee: _____

Address: _____

City: _____ Postal Code: _____

Phone: (H) _____ (W) _____

Nomination Supported by:

Name: _____

Name: _____

Name: _____



SASW STUDENT AWARD

The SASW Student Award is an award from the Saskatchewan Association of Social Workers presented to a social work student, enrolled in the Faculty of Social Work, and taking classes at any one of the education centres in the province.

Purpose of the Award

The SASW Student Award is made in recognition of a student's outstanding contribution to their community. The community service is to be the giving of one's self, beyond the immediate requirements of education or employment. Activities related to a professional association, group and volunteer work are the main criteria upon which the selection is made.

Nature of Award

Two hundred dollars (\$200) to be awarded annually to a suitable candidate.

Eligibility

■ The student must be admitted to the Faculty of Social Work, pursuing a Certificate, Bachelor's or Master's degree in Social Work.

- The student must have completed or be enrolled in a class during the 12 months prior to the deadline for nominations.
- Initiation of community service is to have happened within a preceding three-year period.
- The student must have a current membership in SASW.

Guidelines

- A description of community service must be included. The statement must include factual information regarding the place and reason for initiating action, objectives, process and effect of works engaged in by the student.
- The community involvement must be based outside normal requirements of employment or educational activity.
- List the sources of interest or motivation for the service given.
- The nominated student must supply a curriculum vitae.
- If you self-nominate, please supply the name of another person who knows of your involvement to be contacted as a reference.

NOMINATION DEADLINE FOR THE STUDENT AWARD IS MARCH 21, 2003.

Name of Nominee: _____

Address: _____

City: _____ Postal Code: _____

Phone: (H) _____ (W) _____

Nomination Supported by:

Name: _____ Phone: _____

Name: _____ Phone: _____

Name: _____ Phone: _____

Please mail or fax nominations to:



SASW — Selection Committee
2110 Lorne Street
Regina, SK S4P 2M5
Fax: (306) 545-1895



More than Enough Challenges

It is intended that this section will be a regular section of the SASW newsletter which will contain program news. The idea is that there would be reflection on development challenges and policy analysis.

The incidence of aggression in preschool and early school age children is escalating. Researchers estimate that 27-35% of these children meet the diagnostic criteria for Oppositional Defiant Disorder (ODD) and Conduct Disorder (CD). The behaviours of ODD/CD have been found to predict adolescent drug use, depression, school dropout, delinquency and violent behaviour (criminal offences). Over time ODD/CD becomes more resistant to change. Successful interventions need be empirically validated and begin in the early school years. Less than 5% of children who need mental health services for ODD/CD receive “empirically validated” treatment interventions.

In Yorkton, mental health workers identified a need to treat ODD/CD children at a young age. Over the years they followed several children where traditional mental health treatment was not successful and youth ended up in jail. They recognized that children who needed treatment for ODD/CD also had difficulties in other areas of their life, including school and recreational activities. Parental issues such as punitive discipline and/or inconsistent parenting, history of abuse, school and job failure, criminality, mental disorders and substance abuse were also found. Research indicates that the most effective interventions for these children start before the age of 12 and include the following 3 components:

- 1) flexible, broad based and comprehensive parent training,
- 2) child training, focusing on social skills and problem solving and,
- 3) teacher training, to assist the child in improving academic competence.

With funding from Saskatchewan Health, an empirically validated program was developed for preschool and early school age children diagnosed with ODD/CD focusing on the three components.

The Child and Youth At Risk program was developed with the long-term goal of reducing antisocial behaviour over a child's lifetime and to prevent them from entering into the Justice system. The short-term goals are: to promote children's social, emotional and academic competencies, to promote parental competence and

strengthen families, to promote teacher competencies, to strengthen school-home connections and to reduce conduct problems in children. The At Risk program implements an empirically based program that is intensive, comprehensive and flexible. The model used is the “Incredible Years: Parents, Teachers and Children Training Series.” The Incredible Years training series was designed as an integrated prevention/intervention program for parents, children and teachers of children 3-12 years old.

The Child and Youth At Risk program incorporates research into every aspect of the program. Traditional mental health counselling at a mental health centre has not been shown to be effective for at-risk children. Research indicates the most effective treatment strategies are those that are broad based, intensive, comprehensive, long term and connected to the community. *Parent training* begins with identifying and enhancing the strengths of parents. Training in parenting skills (*i.e.*, play, discipline), interpersonal skills (*i.e.*, problem solving, anger management, giving and getting support), and learning to support their child's education (*i.e.*, homework support, involvement in school activities and teacher conferences). *Child training* reduces the undesirable behaviours and provides a security to build positive relationships and structure in their life. Treatment interventions include, social skills training, problem solving and classroom behaviour. Treatment will also include a recreational intervention to promote pro-social interactions with children their own age. *Teacher training* teaches classroom management skills (proactive teaching, problem solving and discipline), how to build positive relationships with students and promote parental involvement with the school. All three training sessions are coordinated and teach the same elements, which creates a consistent approach to the behaviour problems of the child.

Treatment strategies for parents, children and teachers include group work, individual counselling and home activities. All individual counselling is completed in the school and/or in the home. Treatment is a minimum of 2 contacts per week or daily contact, if needed, and lasting a minimum of 8 months with follow-up sessions occurring regularly for discharged children and their parents. The maximum caseload size is 10 children and their families.

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Research Section

2002 Masters of Social Work

The following is a list of the 2002 graduates of the Master of Social Work Program, Faculty of Social Work, University of Regina. If you are interested in reviewing their work, copies are available for loan at the University of Regina Library.

Dorothy Banka, (Regina): *Health and Social Service Professionals Contact with High Risk Children*. Master's Thesis.

Dean Robert Carey (Saskatoon): *Community-Based Treatment: Characteristics of Sexually Assaultive Male Youth in Saskatoon, 1992-1995*. Master's Project.

Karen Cutcliffe-Kymlicka, (Regina): *Saskatchewan Child Care Subsidy and Fluctuating Income: A Survey of Licensed Day Care Centres in Regina*. Master's Thesis.

Sharon Anne Deitner, (Regina): *Kinship Care: Perceptions of Social Workers: Lip Service or Real Service?* Master's Thesis.

Kathryn L. Digney, (Regina): *Neo-Liberalization of the Canada and Saskatchewan Student Loan Programs: A False Promise that (Re)Marginalizes the Single-Parent?* Master's Thesis.

Todd Graham Emery, (Regina): *Families with Children and Their Housing: A Comparative Study of Three Regina Neighborhoods*. Master's Thesis.

Belinda Lee Gordon, (Pasqua First Nation) *Integrating Management Practice and Theory in Social Work*. Master's Practicum.

Evelyn Mary Hynes, (Saskatoon): *Standards of Practice for Social Workers in Income Security in Saskatchewan*. Master's Project.

Sim D. Nation, (Regina): *A Giant Step: A Qualitative Study of Youth in Care and Their Readiness for Independence*. Master's Project.

Pamela Ruth Hosie, (Fort Qu'Appelle): *The Reality at the Frontline: Female Child Protection Workers Describe Their Experiences in the Saskatchewan Child Welfare System*. Master's Thesis.

Cara Linzmayer: *Integrated Human Services in Rural Areas: A Social Work Approach*. Master's Project.

Michelle Denise Stromberg, (Saskatoon): *Birth Fathers and the Adoption Experience: A Narrative Exploration of the Birth Father Perspective on Adoption*. Master's Thesis.

More than Enough Challenges, cont.

Coordination and communication are key factors to successful treatment. Here are two examples of how we do things. The first is a partnership with the Boys and Girls Club of Yorkton. They provide recreational activities for children ages 6-16 at the same time and place that their parents are participating in the parent training session. The recreational activities give children the opportunity to practise their new skills, provide parents with free childcare and allow the children to participate in an activity.

The second example is the Community Education Program. The program is part of a comprehensive plan to provide integrated school-linked services to children, youth and families in Yorkton and area. Involved in the development are: Yorkton Catholic, Public and Yorkdale School Divisions, Mental Health, Yorkton KidsFirst, Yorkton Tribal Council and Social Services. Integrated services include home visitors, a child protection worker, and a behaviour management specialist (At Risk program), for children and families who are at risk, but currently fall outside the jurisdiction of the above agencies

and/or services they provide. This approach addresses the need by providing non-traditional mental health treatment to meet the needs of those most at-risk for delinquency, substance use, school dropout, and violent behaviour.

If you require additional information or have any questions, please feel free to contact: Tamara Dobmeier, Child and Youth At Risk Therapist @ tamara.dobmeier@shr.sk.ca or (306) 786-0732.

References:

Chambless, D.L. & Hollon, S.D. (1998). "Defining empirically supported therapies." *Journal of Consulting and Clinical Psychology*, 66(1), 7-18.

Webster-Stratton, Carolyn (2002). *The Incredible Years: Parents, Teachers and Children Training Series*. Published by Carolyn Webster-Stratton.

Webster-Stratton, Carolyn (2000). "The Incredible Years Training Series." Office of Juvenile Justice and Delinquency Prevention; *Juvenile Justice Bulletin*. U.S. Department of Justice; Office of Justice Programs.



Resource Box

This is a new feature to the SASW Newsletter. There are numerous resources which can be helpful to the social work practitioner, regardless of whether the field they work in is primarily with individuals, groups or community development. Many resources are available on the Internet, or available as books, pamphlets or brochures. Clients who may benefit from such resources can access them through their local libraries either by borrowing books or using public library Internet facilities.

SASW members are encouraged to pass on information to the resource box editor, Peter Griffiths, MSW, RSW, for future use in the Resource Box, at: petergrif@sk.sympatico.ca

INTERNET RESOURCES

World Wide Resources for Social Workers: Information For Practice.

This FREE monthly advises social workers of Internet sites that have potential resources for practice. It is maintained by NYU School of Social Work. Sites are reviewed by a team who decide on suitability for practice. Sign up at join-information-for-practice@forums.nyu.ed. You receive a brief monthly e-mail with a simple e-mail instruction to be sent to the list-service. You immedi-

Social Work Related Web Sites

<http://www.nyu.edu/socialwork/wwwrsw/>
<http://casw-acts.ca/framepg1.htm>
<http://gwbweb.wustl.edu/websites.html>
<http://www.socialworker.com/>
<http://www.idrc.ca/socdev/index.html>
<http://www.welfareinfo.org/>
<http://www.corpwatch.org/>
<http://cpmcnet.columbia.edu/dept/nccp/>
<http://www.peace.ca/>
<http://www.sc.edu/swan/index.html>
http://www.gradschools.com/listings/distance/social_work_distance.html
<http://www.fmhi.usf.edu/famu/childwelfare.html>
<http://www.childwelfare.ca/>
<http://www.mentalhealth.com/fr13.html>
<http://mentalhelp.net/>
<http://www.state.sc.us/dmh/clinical/treatment.htm>
<http://www.healingwoman.org/>
<http://www.guerrillamedia.org/home.htm>
<http://online.socialchange.net.au/>
<http://www.griefworksbc.com>

ately get back an e-mail with a description of materials and links right in it. This is fairly new having only been operating for the past year. Many focus on social policy issues. The majority of sites are U.S. in origin.

Informational Columns on Coping With Life's Issues

The following resources may be more useful to communities and clients, as they contain general coping information. All the columns that Peter Griffiths has written for two newspapers since 1977 and 1979 can be located at: www.lib.sk.ca/books/info/dailyherald/intro.html His recent columns are at: www3.sk.sympatico.ca/petecope

BOOKS

The following recently published books may be of interest to SASW members as useful resources for clients and families.

Easing the Teasing, by Judy S. Freedman, MSW, published by Contemporary Books, McGraw Hill, 2002 (US \$14.95). This book has excellent ideas on ways that parents can teach their children assertive and self-affirming ways to deal with teasing. It also has many ideas for class activities that can be used in schools. Recommended for parents, teachers and counsellors.

Parenting Your Parents, Support Strategies for Meeting the Challenge of Aging in the Family, by Bart Mindszenty and Michael Gordon, M.D., Dundurn Press, 2002 (\$22.99 Can.). This Canadian book shares 15 different stories of how older adults themselves have had to cope with their parents' aging. Also contains Canadian resources for dealing with aging parents. A useful resource for people dealing with aging parents and all social workers in the field. Includes a "Personal Parenting Planner" as a guide for assessing the psycho-social needs of one's aging parents.

Getting Over Getting Mad, by Judy Ford, L.C.S.W. Conari Press, 2001 (\$15.95 US), outlines practical ways of managing anger feelings towards yourself, your partner, your children and your work colleagues. Ford has also co-authored a book with her daughter, Amanda Ford, *Between Mother and Daughter* in which each writes about their perspective with respect to many issues of adolescent life. The dialogues between mother and daughter provide good examples of positive family communication. Ford has a personal Web site: judyford.com

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Resources for Social Workers, continued

Anger Is Not An Emotion, by Jeanette Kasper, 2001, (\$24.95 Can.) published by Be You Inc. (www.beyuinc.com). Kasper is a motivational speaker who does not come from a professional counseling background, but who has provided a very effective way of looking at anger as a defense mechanism. She manages to describe it in a way which takes Jungian ideas and presents the four communication styles of 1) enthusiast, 2) activist, 3) strategist and 4) pacifist with respect to various anger triggers often using examples from her own personal and family life. Kasper has also published a audio-tape or CD entitled "Anger Is Not An Emotion—with kids" in which she applies her same ideas with respect to anger and communication styles as a form of seminar on tape. The book is available in stores in Saskatchewan. The audiotape and CD are available through her Web site.

The following Standards of Practice are available from the SASW Office:

Standards of Ethical Practice for Professional Social Workers in Saskatchewan, Revised January 2001.

Standards for Social Work in Schools, October 1999.

Standards in Child Protection Services for Registered Social Workers in Saskatchewan, October 1999.

Standards in Health Care for Registered Social Workers in Saskatchewan, March 2001.

Standards for the Private Practice of Social Work, Revised 1999.

Standards in Custody/Access for Registered Social Workers in Saskatchewan, March 2001.

BELL, TEMPLE

Barristers & Solicitors

IMPORTANT NOTICE



ING  HALIFAX

Legal Advice for Members of the Canadian Association of Social Workers

To reduce the risk of civil claims or disciplinary complaints against social workers, **Aon Reed Stenhouse Inc.**, in co-operation with the **Canadian Association of Social Workers** and your insurer, **Halifax Insurance**, have arranged for pro bono summary legal advice service to be provided by **Bell, Temple, Barristers & Solicitors**. Bell, Temple, in consultation with Halifax Insurance, will arrange for the appropriate referral to legal counsel in provinces other than Ontario.

Bell, Temple will provide confidential advice by telephone to all social workers participating in the **Professional Liability Insurance Program** administered by **Aon Reed Stenhouse Inc.** and co-sponsored by the **Canadian Association of Social Workers**. **Bell, Temple** will provide advice on questions regarding potential civil claims or disciplinary complaints including:

- ◇ Confidentiality – client files/records ◇
 - ◇ Release of information ◇
 - ◇ Response to a subpoena ◇
 - ◇ Conflict of interest ◇
 - ◇ Custody and access ◇
- ◇ Sexual involvement with a client ◇
 - ◇ Incompetence ◇
- ◇ Other professional misconduct issues ◇

ABOUT BELL, TEMPLE

Bell, Temple is a litigation law firm that has been involved in malpractice liability and health discipline matters for many years on behalf of many professional groups. Cameron C.R. Godden and Lisa E. Hamilton lead Bell, Temple's Health Discipline Group. They are well versed in the regulations, standards of practice and the ethical obligations of social workers. They have represented regulated professionals at every stage of discipline and civil matters, including assistance in the preparation of responses to complaints from the various Colleges, representation before discipline tribunals and the Health Professions Board, and related appeals. They are both available by telephone to provide free, confidential legal advice to avoid or reduce the probability of a claim or complaint.

Each telephone consultation is limited to 30 minutes per inquiry. The lawyer may consider it appropriate to review the issues and jurisprudence, and then call you back. The advice given will rely upon the accuracy and completeness of the information you provide.

Please be prepared with the following information:

- ◇ Your name, telephone number(s) and address ◇
- ◇ Your policy and certificate numbers ◇
- ◇ A concise summary of all relevant facts ◇
- ◇ Your specific question or concern ◇

Bell, Temple Barristers & Solicitors

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Toll Free 1-888-263-8600 Local (416) 581-8200

Cameron C.R. Godden – extension 8201 Lisa E. Hamilton – extension 8207

In the event of a formal claim or complaint, notify Aon Reed Stenhouse Inc.

Resource Box

UPCOMING CONFERENCES, WORKSHOPS & EDUCATIONAL EVENTS

International Women's Day Retreat

March 8, 2003

Sponsored by: YWCA, Big Sisters of Regina

Contact: 525-2141, Ext. 105

Violence & Health 2003

April 3 to April 5, 2003

Vancouver, British Columbia

Sponsored by: Interprofessional Continuing
Education

University of British Columbia

Contact: (604) 822-4965

E-mail: interprof@cehs.ubc.ca

Online: www.interprofessional.ubc.ca

Working with Incest Families: A Family-Based Approach

April 7-8, 2003

Winnipeg, Manitoba

Contact: Barbara Quesnel, HQS Consulting Services

Phone: (204) 477-5656

Online: www.hqs.ca/conferences

Regina Palliative Care Inc. Palliative Care Conference

April 7 & 8, 2003

Delta Hotel, Regina

Keynote Speaker: Dr. Robert Neimeyer

Advanced Clinical Day: April 9, 2003

Contact: Sandra Hubenug

Phone: 766-2300

"Building Positive & Resilient Communities"

May 7-9, 2003

Brandon, Manitoba

Contact: Bill Bolley (204) 729-3128

Lis McLeod (204) 571-7264

"I am not sick... I don't need help"

Schizophrenia Society of Saskatchewan

May 9, 2003

Regina, Saskatchewan

Contact: Schizophrenia Society of Saskatchewan

Phone: (306) 584-2620

Web site: www.t2.net/schsask

E-mail: sssprov@sasktel.net

"Valuing our Future"

May 29 to June 1, 2003

Regina, Saskatchewan

Contact: Carmen Seeley, STOPS to Violence

Phone: (306) 529-8557

Social Development in Canada:

Moving Forward

June 15-17, 2003

University of Ottawa,

Ottawa, Ontario

Contact: Celine Widmer

E-mail: socconf@uottawa.ca

Phone: (613) 562-5800

13th Annual Provincial Hospice Palliative Care Conference

End of Life Care: Celebrating Diversity

September 25-26, 2003

Winnipeg, Manitoba

Contact: Brenda Hearson

Phone: (204) 889-8525

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