



# SASKATCHEWAN SOCIAL WORKER

Volume 15 Number 1

“Social Workers – Make a Difference”

February 2004 Edition

## Message from the President

Through the dual nature of our association, we find ourselves in a fortunate and challenging position to be ever mindful of the needs, priorities, outcomes of regulation, and service/member support matters we are responsible for.

The strategic plan project has been respectful of the dual nature of SASW and I believe incorporates this duality into our vision and mission statements.

Four key areas shaping the future work of SASW have been identified. These priorities are to **promote** the profession, to **regulate** the profession, to **serve** the membership, and to **advocate** for the profession and social justice.

Your Council, Advisory Board, and committees are moving steadily forward in a systematic and planned way to bring these key areas and accompanying initiatives to life and successful completion. As of this writing, Council members have stepped forward to fill the liaison roles of Regulation, Volunteer Management, and Service. Our expanded structure promises to help manage SASW

business effectively and to ensure accountability. These liaison roles are central to the alignment of SASW operations and list of priorities which were identified during the June 2003 strategic planning workshop. SASW Committees have been hard at work preparing Terms of Reference which will serve as a reminder of purpose, structure, communication, and outcomes.

With these intentions and this process on paper, and understood by all, we can report to have succeeded in the development of our foundation to be ready to act with confidence, cohesion, and creativity to further the social work profession and increase our public profile. SASW remains a volunteer organization, ready to participate in dialogue, influence public policy, increase others' understanding of what we really do and contribute to an equitable society within Saskatchewan.

*Respectfully submitted,  
Deb Buettner, MSW, RSW (Sask.)*



## SASW COUNCIL

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Rural Interest Group: Deborah Bryson Sarauer, Humboldt  
Battlefords: Deborah Buettner, North Battleford

### SASW PROVINCIAL OFFICE CONTACT:

Richard Hazel, Executive Director  
Deborah J. Fisher, Executive Assistant  
Address: 2110 Lorne Street, Regina, SK S4P 2M5  
Phone: (306) 545-1922 or Toll Free 1-877-517-7279  
Fax: (306) 545-1895  
E-mail: sasw@accesscomm.ca  
or rhazel-sasw@accesscomm.ca

The Saskatchewan Social Worker is published by the Saskatchewan Association of Social Workers:  
Members of the 2004 Editorial Board include:  
Peter Griffiths – petergrif@sk.sympatico.ca  
Lorelee Manning – lmanning@accesscomm.ca  
Brenda Stinson – brenda.stinson@rqhealth.ca  
Ailsa Watkinson – awatkinson@sasktel.net

Richard Hazel, Executive Director – rhazel-sasw@accesscomm.ca  
Debb Fisher, Executive Assistant – sasw@accesscomm.ca

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Please submit material to:  
Debb Fisher – Saskatchewan Association of Social Workers  
2110 Lorne Street, Regina, SK S4P 2M5  
Fax: (306) 545-1895  
E-mail: sasw@accesscomm.ca  
Phone: (306) 545-1922

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### **Contributions to the newsletter are always welcome.**

Read any good books lately?  
Working on an interesting project?  
Have an area of interest that you would like  
to share with other people?  
Write to SASW Editor and see your name in print!  
**Deadline for the next newsletter  
is April 30, 2004.**

# Message from the Executive Director

SASW will celebrate National Social Work Week in Saskatchewan from February 29 to March 6, 2004 (inclusive). During Social Work Week, we will see our profession profiled in a number of ways. Please take the time to participate in the various events and activities being planned by the local branches of SASW. The theme this year is "Social Work for Social Justice."

As you see elsewhere in this newsletter, there has also been an amazing amount of work done by all of those involved in preparing for the 2004 National Social Work Conference. This conference will provide significant profile to the social work profession. In fact, it is an opportunity for SASW that is rare indeed. Since this conference occurs every two years and moves from one jurisdiction to another, it will not be "our turn" again for many years. So, let's all support the conference in whatever way we can.

At the October 30, 2003, meeting the SASW Council approved the creation of an Advocacy Task Group. This was done in response to one of the recommendations from the Association's strategic planning project where there were four key purposes established for SASW. These four were Regulate, Promote, Advocate and Serve (members). This new Advocacy Group is now in the process of establishing itself and working through how we will become more responsive in this important area. Don Ebert of Saskatoon is the initial leader and initial developments will include involvement by the Saskatoon, Yellowhead East (Yorkton) and Prince Albert Branches. Some desired outcomes of this work include an improved profile for SASW as a voice on social justice issues and an improved public understanding of what we do and what we stand for.

Many other developments within SASW result from the strategic planning project, and these are being worked through. Some of these developments will alter the governance approach of the Association. We plan to have a summary of the emerging picture in the June edition of this newsletter. You will notice some changes to the language used. For example, we now call our group of elected officials by the name Council so it is consistent with the language of *The Social Workers Act*. This group consists of the Presi-

dent, President-elect, Treasurer, Secretary, three members-at-large and the Public Representative. The larger group that includes Council plus Committee Chairs, Branch Representatives and the CASW Representative is now to be called the Advisory Board. The other big news here is that we are developing a clearer focus on outcomes and it is planned that our

*This conference will provide significant profile to the social work profession. In fact, it is an opportunity for SASW that is rare indeed.*

work as a professional body will be prioritized, tracked and regularly reported to the members.

Finally, I should note that work is being done to clarify application of the new mandatory continuing education policy. During the renewal of membership applications for 2004, we had several questions about requirements and some members had misinterpreted the Continuing Education Policy with regard to the carry over of excess hours. In the June 2004 newsletter, we will have the results from this work by the SASW Education Committee.

## NOTICE TO MEMBERS

*Please be advised that the by-laws of SASW which were revised at the 2003 Annual General Meeting are now available on the SASW Web site or by contacting the SASW Office.*

- *The Social Workers Administrative By-laws*
- *By-laws Requiring the Minister's Approval*

# Countdown to the National Conference

The countdown for the National Social Work Conference has begun!



*Meeting the Challenge*  
&

*Making a Difference*

**National Social Work Conference**

**June 5-8, 2004**

**Saskatoon, Saskatchewan**

As most of you know, Saskatchewan is the host province for the 2004 Conference, **Meeting the Challenge & Making a Difference**. The Conference dates have been set for June 5-8, 2004. Watch for registration particulars toward the end of January on our Web site [www.sasw.ca](http://www.sasw.ca).

The Conference will be held at the Saskatoon Centennial Auditorium. Featured keynote speakers are

- Stephen Lewis, Veteran diplomat and UN Special Envoy for HIV/AIDS in Africa;
- Shan Landry, Vice-President, Primary Health Services, Saskatoon Health Region;
- Linda McQuaig, Journalist and author—most recently published *All You Can Eat: Greed, Lust and the New Capitalism*;
- Ben Carniol, Professor, School of Social Work, Ryerson University and author of *Case Critical: Challenging Social Services in Canada*;
- Chief Roberta Jamieson, Six Nations Reserve, former ombudsman of Ontario, Member of the Order of Canada, recipient of the National Aboriginal Achievement Award.

Saskatchewan Social Workers are hard at work with a variety of committees working hard to ensure the launch of the Social Work event of 2004. Conference Committees with corresponding hard working, dedicated and committed chairs are:

**Program Committee:** Tracy Muggli, Evelyn Hynes, Maureen Kraemer, Richard Hazel, Klaus Gruber, Jacki Maurice and Melanie Grace

**Finance:** Frank Dornstauder

**Public Relations:** Sheila Gagne

**Social:** Shirley LeClaire

**Trade Show:** Richard Small, Vionne Henley & Jeanne Beaudoin

**Sponsorship:** Paul Benson

**Silent Auction:** Sheila Brandick & Krista Olson

**Volunteer:** Cynthia Zirkwitz

**Host:** Giovina Bolla and social workers from Family Law Division, Saskatchewan Justice

**Agency Tours:** Dave Macnack

**Audiovisual:** Rick Kuckartz.

Mark your calendars, book your vacation time, this is not an event to be missed!

In addition to the keynote speakers, there are approximately sixty (60) concurrent sessions covering a wide spectrum of social work theory, practice, social policy and research. If you have already made the decision to attend and can help in volunteering a little of your time to be a room monitor for one or more of the conference sessions, please e-mail Evelyn Hynes: [e.hynes@shaw.ca](mailto:e.hynes@shaw.ca)

*Submitted by: Tracy Muggli & Evelyn Hynes,  
Conference Co-chairs.*

*Admin Section*

## Reporting of Continuing Professional Education

As SASW has entered its first period of mandatory reporting of continuing education, I would like to inform the membership of some problems that were encountered in the 2004 renewal process.

All members received a copy of the continuing education policy, the continuing education reporting form, the continuing education renewal form, and definitions for continuing professional education activities in their renewal packages. The continuing professional education form contained identifying data and the number of hours an individual had carried over and was approved from the previous year of 2002.

Both the continuing education policy and the continuing professional education form were specific: if one had more than 40 hours of continuing education in 2003 they could carry over into 2004 a minimum of 10 hours to a maximum of 20 hours. The continuing education reporting form had an error on it where it stated if one wished they could carry hours forward to a maximum of 20 hours. The form neglected to mention the minimum number of not less than 10 hours.

A number of problems occurred where renewing members reported, in error, the number of hours they wished to carry over. These errors include the following:

- Due to the error on the continuing education reporting form where it neglected to mention the minimum carry over of 10 hours some individuals reported less than 10 hours believing they could carry-over these hours into 2004. This is not the case. Anyone wishing to carry-over less than 10 hours had this changed to zero.
- Section 3.2 of the continuing education policy states: If a member has more than 40 hours in one year, she/he can carry-over a minimum of 10 hours to a maximum of 20 CPE hours to the following year.

This carry-over is not cumulative. A number of individuals believed they could carry hours over from 2002 into 2003 and what was not used in 2003 from 2002 could be carried over into 2004. This is not the case. Whatever hours are not used up from the carry-over cancel out at the end of the year.

- A number of renewing members used old continuing reporting forms from 2002. These forms stated one could carry-over a maximum of 40 hours. This carry-over was in effect while continuing education was voluntary. Under the policy approved by council for mandatory education the carry-over is limited to 20 hours. For all individuals who used the old form and indicated they wished to carry-over 40 hours into 2004 this has been changed to 20 hours.
- The office is administratively unable to keep record of the reporting of anything that is less than an hour.

I trust these explanations assist all members in understanding the continuing education policy. All members are advised to check the number of continuing education hours reported in light of the above. This will assist those who have made any errors in their reporting so that they do not assume they have more continuing education hours to carry-over into 2004 than the policy allows. If you have any questions concerning this policy please contact the SASW office.

*Rawd Bieber, BSW, RSW (Sask.)  
Registrar*

### Membership Break-down

SASW closed 2003 with a membership balance as follows:

Associate	4
Full Time	767
Part Time	124
Non Practicing	109
Students	78
Total	1082

A 9.6% increase is noted from 2002 registration year.



### Standards of Practice Committee

The Standards of Practice Committee is planning to review the Private Practice Registry that the Association publishes each year and it would welcome comments and observations from any member, but particularly from those in private practice. It is an exciting time for those of us in private practice with the recent legislation at the federal level on the GST exemption and the ongoing efforts to include social work within the scope of employee assistance programs.

An initial area of consideration for us was the need for improved clarity in the published register. For the public, we believe we need to see improvement in clarity with respect to services being offered and in the limiting of the use of acronyms without explanation.

For most of the listed members there is reference to “certified specialties” that reflect services offered, but which may not have any direct relationship to social work training and practice. Many of these could be described as alternate therapies. For these, would it be better to use words like “additional training,” or is something lost in such a change? The potential implication of the current language is that if we say there is certification, it may be assumed that the Association takes whatever is referenced into its own scope and responsibility on the regulatory side. For example, if someone is receiving an alternate therapy like hypnosis and wants to table a complaint with the Association about the service received, what should be our level of responsibility?

Where a member is practising a therapy in which training has been experienced, but not as a part of social work education, there are a variety of considerations that come into play. The level of supervision of the work and the level of professional social work professional training could be considered as well as the expectation rooted in the code of ethics that we practice where we have competence. Looking outside of this province, we see that British Columbia has a significant number of alternate therapies being offered in combination with social work services and they include them within the scope of their regulatory work and have developed direction around levels of certification and their levels of responsibility for the

“certified practice.” In contrast, Alberta has taken a position of strictly interpreting what is and what is not social work practice. If it is deemed not to be, they are clear that it is outside their scope of responsibility. What should be the Saskatchewan approach?

We would ask that you have a look through the 2003 Registry (available on the SASW Web site) with the above comments in mind, and take some time to let us know your views. Please send your response to me through the SASW Office. Doing so, will greatly assist the Standards of Practice Committee to take some next steps toward determining how to improve the Register. We may well be back to you with something a bit more detailed to which we would ask your further comments.

The committee is currently also at work on standards documents on practice in income security services and youth residential services.

Current members of the Standards of Practice Committee are Carol Hanson (Prince Albert), Curtis Robertson (Regina), Wanda Seidlikosli-Yurach (Prince Albert), Evelyn Hynes (Saskatoon) and Chairperson Dennis Arbuthnott (Regina).

*Submitted by Dennis Arbuthnott, MA, RSW (Sask.)  
Chairperson*



# SASW Practice Ethics Committee

The purpose of this committee is to provide timely consultation to SASW members on ethical issues.

Current membership: Chair: Victoria Walton. Members: Della Yaroshko, Norlane Jensen, John Nicholson, Bernadette Prokopetz, Stan Dimnik and David Macknak.

Process: Request for consultation should be made to the SASW Provincial Office by letter, e-mail, telephone or fax. It should be concise and contain a clear expression of the ethical issue being posed to the committee. Sufficient detail should be provided to ensure the committee can make an informed response.

The member can ask that his or her identity be kept confidential by the chair, SASW office or the executive director, but the committee requires that someone be able to contact the caller for clarification if required and to provide a written response to the enquiry. Members can also ask that specific committee member(s) receive no details of the enquiry and not be involved in the consultation. Anyone desiring one of these options should state it in their initial contact with the office.

The chair will receive the request from the SASW office. Any committee member may be assigned the task of researching the concern, organizing a discussion with the rest of the committee—usually by e-mail—and framing the response. The response is usually made in writing, sometimes by phone or both

within a few days of receiving the question. The committee reviews responses at their monthly meeting to ensure consistency and improve the quality of future responses to similar inquiries.

Responses will be governed by the CASW Code of Ethics, and SASW Standards of Ethical Practice for Professional Social Workers in Saskatchewan.

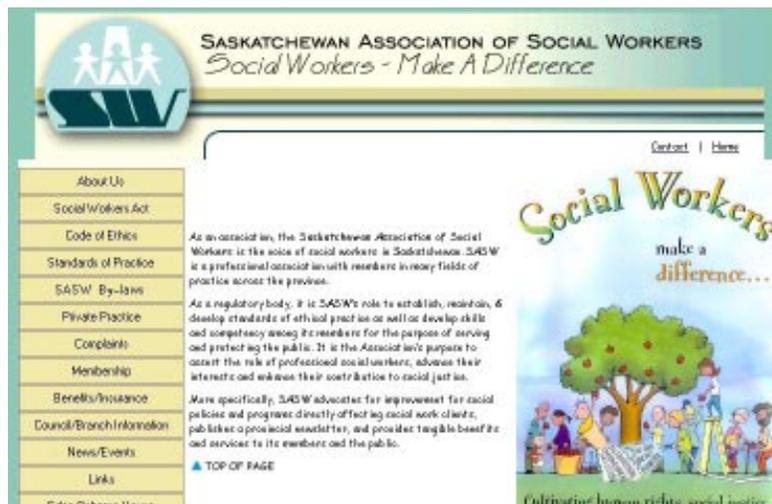
The committee aims at providing members with a studied, yet timely response, containing alternate ways of viewing and acting on ethical issues. The committee does not offer “the answers.”

Requests for consultation may be made through the SASW office by mail at:

2110 Lorne Street,  
Regina, SK, S4P 2M5;  
by phone to 545-1922;  
by fax 545-1895; or  
by e-mail to [sasw@cableregina.com](mailto:sasw@cableregina.com)

Copies of the responses are retained by the committee and submitted to the SASW office annually. The committee and the Provincial Office protects the confidentiality of all correspondence and documentation regarding the inquiry. The committee is responsible to the SASW Council and reports through regular council meetings. An annual report containing non-identifying information is presented at the SASW Annual General Meeting.

Stay in touch... stay informed...



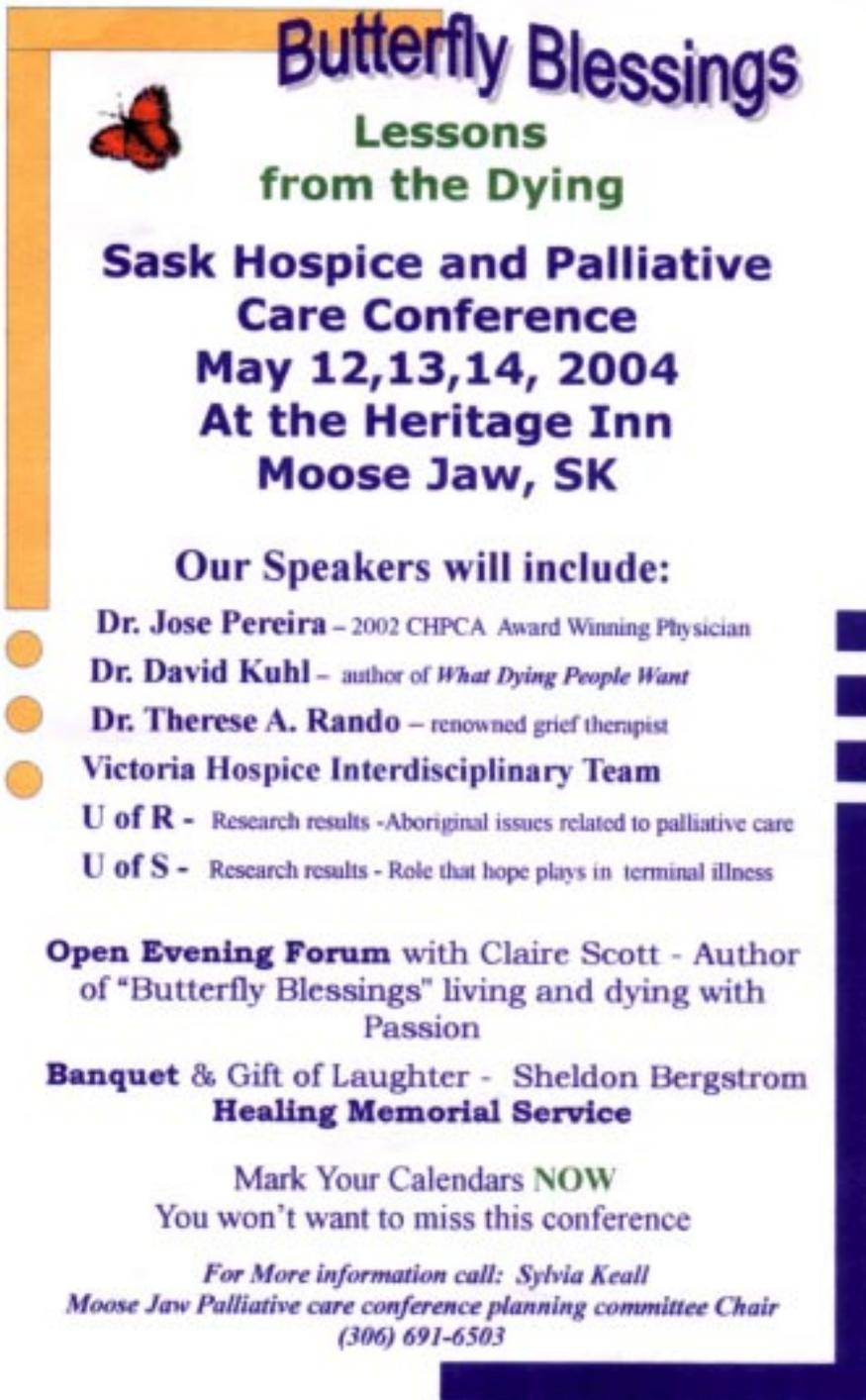
Visit our Web site: [www.sasw.ca](http://www.sasw.ca)

# Saskatoon Branch

The SASW Saskatoon branch has begun work on a Mentoring pilot project. This project attempts to match social work students and recent social work graduates with social workers in the community with like interests in a mentor/mentee relationship. A mentorship committee was created to plan and carry

out the project. On November 3rd, 2003, a luncheon was held at First Nations University of Canada for students to learn about the program and to display interest in being mentored. Social Workers employed in different areas were asked to come and speak to students about their work. The luncheon was very successful and many students displayed interest and signed up for the project. Since then the committee has been working hard to match students with mentors. We hope that the mentors and mentees are in contact by January and a relationship begins. Work continues on improving the project and working out the kinks that exist in any new endeavour. So far it has been a very positive experience. This project has been very interesting to work on and we hope that positive relationships are developed and the project is a success.

*Hillary Gamelin,  
SASW Student Member*



**Butterfly Blessings**  
**Lessons from the Dying**

**Sask Hospice and Palliative Care Conference**  
**May 12,13,14, 2004**  
**At the Heritage Inn**  
**Moose Jaw, SK**

**Our Speakers will include:**

- **Dr. Jose Pereira** – 2002 CHPCA Award Winning Physician
- **Dr. David Kuhl** – author of *What Dying People Want*
- **Dr. Therese A. Rando** – renowned grief therapist
- **Victoria Hospice Interdisciplinary Team**

**U of R** - Research results -Aboriginal issues related to palliative care  
**U of S** - Research results - Role that hope plays in terminal illness

**Open Evening Forum** with Claire Scott - Author of "Butterfly Blessings" living and dying with Passion

**Banquet & Gift of Laughter** - Sheldon Bergstrom  
**Healing Memorial Service**

Mark Your Calendars **NOW**  
You won't want to miss this conference

*For More information call: Sylvia Keall  
Moose Jaw Palliative care conference planning committee Chair  
(306) 691-6503*

BROUGHT TO YOU BY THE REGINA QU'APPELLE HEALTH REGION

# CAPACITY

*Who has it?  
What happens if you don't have it?  
How do you assess it?*

**April 1 and 2, 2004  
Travelodge Hotel, Imperial Ball Room  
4177 Albert Street Regina, Saskatchewan**

BROUGHT TO YOU BY THE REGINA QU'APPELLE HEALTH REGION

On July 15, 2001 the Adult Guardianship and Co-decision-making Act became law, replacing the Dependant Adults Act. One of the changes in the new Act was a list of health care professionals who may provide capacity assessments including social workers.

## DAY ONE – LEGAL FRAMEWORK

**8:30 a.m. to 5:00 p.m.**

**Ronald J. Kruzeniski, Q.C.**, Public Guardian and Trustee has organized a group of legal experts to present on the key legal interpretations of the specific legislation and acts related to capacity.

## DAY TWO – ASSESSMENT FRAMEWORK

**8:30 to 5:00 p.m.**

**Dr. Janet Munson, Ph.D, C.Psych**, Ottawa Ontario, a clinical consultant for the Ministry of the Attorney General of Ontario, will cover the principles that underscore capacity as well as the practical components required to complete an assessment.

REGISTRATION (All registrants must submit a registration form)  
RQHR Employees and Affiliates – No Charge  
Non-RQHR Registrants – Fee: \$150.00 (Lunch included both days)

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City/Town: \_\_\_\_\_

Prov: \_\_\_\_\_ Postal Code: \_\_\_\_\_ Org: \_\_\_\_\_

Dept: \_\_\_\_\_ Position: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ Email: \_\_\_\_\_

Cheque or money order payable to: Regina Qu'Appelle Health Region

INVOICE EMPLOYER: A purchase order number PO# \_\_\_\_\_ or letter of confirmation from the employer is required.

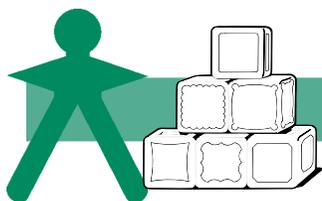
REFUND POLICY: The registration fee will be refunded, less an administration fee of \$30.00, if notification of cancellation is received 7 days prior to the course or earlier. THERE WILL BE NO REFUNDS for cancellation within 7 days of the workshop.

**REGISTRATION DEADLINE: March 16, 2004 (Register early, space is limited)**

Mail to:

Shannon Theriault, Restorative & Continuing Care  
Wascana Rehabilitation Centre  
Room M403, 2180 23rd Avenue  
Regina, Saskatchewan S4S 0A5

Please direct any registration inquiries to  
Shannon Theriault: Ph: 766-5751 Fax: 766-5151  
Email: shannon.theriault@rqhealth.ca



## The Family Tree Section

### More Memories from Dorothy Moore

I would like to thank the Association for featuring me in the November 2003 newsletter of the *Saskatchewan Social Worker* Newsletter. I felt very honoured.

Unfortunately, due to illness, I was unable to contribute so many of the personal reminiscences and reflections on my career in social work that have meaning for me. As a result, Brenda Stinson met with me at length and we were able to focus on the following issues.

In particular, a most significant life experience for me occurred on Monday, October 7, 1940. It was the day when my mother and I finally arrived in Regina to be reunited with my father Ernest Moore, who had left England in the summer of 1939. Some of you will recall that my Mother and I were passengers on the liner *Athenia* when it was torpedoed a few hours after the declaration of war on September 3, 1939. My mother was seriously injured, but I was reportedly suffering from “only shock.” Perhaps “injured but with a lasting scar” would be a more accurate term. I stepped over bodies and watched mother fall into the Atlantic Ocean while I screamed for someone to save her. I then spent the night in a lifeboat, was rescued by a destroyer, and watched the *Athenia* sink the following morning. It was a traumatic experience for a twelve-year-old.

Fortunately, mother and I were in the same life-

boat and destroyer. We were subsequently taken by ambulance to Glasgow, Scotland. Mother was hospitalized there for several months. I returned to Yorkshire, England and lived with relatives for the next year. We were so thankful at being alive that losses of all personal and household belongings did not seem important. I don't remember thinking about any loss except my dog, a Scottish terrier called Jinxs, who perished in the disaster.

Our arrival in New York in October 1940 therefore was memorable. I shall always remember the thrill of sailing past the Statue of Liberty in the afternoon and the splendour of the bright lights in the city that evening.

The next day in Montreal was interesting. We found that a \$20 loan from a bank did not go as far as my mother had expected. It was a surprise when \$11.50 of it had to be used for a sleeper on the train.

We spent Sunday in Winnipeg, Canada, with people we met on the train. They entertained us in their home and it was there that we heard “O Canada” for the first time. They certainly demonstrated what caring and sharing was all about.

Another night on a train and we arrived in Regina which immediately became home. My father met us at the station and I believe my mother's first words were, “Ernest, have you any money to tip the porter?” Even in 1940, one needed more than \$20 to travel from Montreal to Regina. Later, on Thanksgiving Sunday,

*continued on page 11*

#### OUR SASW FAMILY TREE

There have been interesting responses in the form of comments, e-mail, and telephone calls from friends, family, and colleagues of individuals featured in the previous Family Tree columns. Thank you for responding. If you are moved to do so, please contact the SASW office directly in order that your responses can be recorded and included in future editions.

#### FARM STRESS LINE

1-800-667-4442

[www.agr.gov.sk.ca/saf/](http://www.agr.gov.sk.ca/saf/)



Saskatchewan  
Agriculture  
and Food



*Dorothy Moore in 1930.*

## *More Memories from Dorothy Moore, continued*

friends drove us through the lovely Qu'Appelle Valley where the fall colours were outstanding. It was a very happy day for us.

As I grew and was drawn toward the profession of social work, I always remember the love, understanding and encouragement given by friends. I have always embraced togetherness mixed with a lot of hard work, fun and laughter. I became involved on many levels with the Saskatchewan Association of Social Workers. In particular, I valued the time spent on the Professional Conduct Committee. This was particularly patterned after the Saskatchewan Registered Nurses Association professional investigation committee. I want to emphasize that this committee was extremely important for the profession. I am very proud to have received recognition for Distinguished Service from 1994-1999 on this committee. It was fun being part of a vibrant group of professionals, and also, being part of the growing pains of the SASW.

I also remember helping to start SASW branches in Weyburn and Moose Jaw. The evolution of the SASW as an organization continues to be of interest to me, as is the issue of who qualifies to be a member of the SASW—an issue that has not been easy to reconcile. I believe that individual involvement in the SASW is particularly important as we are increasingly recognized as a profession. It is important to be part of a team. For example, Edna Osborne was very involved in the Saskatoon meetings, conferences, and setting up branches. I would now like to see a greater emphasis placed on maintaining careful archives for future needs in the SASW. I appreciate that colleagues are being featured. For example, Gaynel McCaw, who is a friend, was also my Director in Prince Albert. He was very active in strengthening the Social Work profession in Saskatchewan. Respect and friendship can co-exist in my opinion.

Following retirement, I was drawn to volunteer activities. I particularly enjoyed being a volunteer at the Plains Health Centre and at the Regina General Hospital (both in the intensive care units). I was also involved with pastoral care visiting through my church at the hospitals.

Currently, I am involved with the Hard of Hearing Association. I am finding support groups with the Alzheimer's Association very helpful.

I believe that faith, hope and a sense of humour must always be with us. It is important that you don't



*Dorothy Moore in 2004.*

laugh at clients, but at yourself. Funny things can happen. For example, I remember working with a particular colleague in a rural area. We were all aware of a restaurant that would rarely pass a cleanliness test. On one occasion, he had to eat there and came back to the office with a frustrated, indignant manner. When I questioned him as to the reason, he said, "I'm never going back there—there was a milkshake in my fly!"

We need each other—it's been so nice to be in touch with social workers. I think that social work is really the essence of meeting challenges, which then becomes a realization even more personal as I become involved with the Hard of Hearing groups and the Alzheimer's Association.

*Submitted by  
Dorothy Moore, MSW, RSW (Sask.)*



# SASW

## Distinguished Service Award

### *Eligibility Criteria:*

1. Outstanding contribution in any area of social work practice.
2. A high degree of professional commitment and contribution to the furthering of the work of SASW in the Province.
3. Current valid registration with SASW.

### *Procedure for Nomination:*

Names must be submitted for nomination and must have written support of at least three (3) registered members of SASW. A brief biographical sketch must be included.

### *Selection Process:*

Selection will be made by a majority vote of SASW Selection Committee prior to the Annual Meeting.

**NOMINATIONS MUST BE RECEIVED NO LATER THAN MARCH 5, 2004.**

Please mail or fax nominations to:



SASW Selection Committee  
 2110 Lorne Street  
 Regina, SK S4P 2M5  
 (306) 545-1895 (fax)

Name of Nominee: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone: (H) \_\_\_\_\_ (W) \_\_\_\_\_

Nomination Supported by:

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Name: \_\_\_\_\_



# SASW STUDENT AWARD

*The SASW Student Award is an award from the Saskatchewan Association of Social Workers presented to a social work student, enrolled in the Faculty of Social Work, and taking classes at any one of the education centres in the province.*

## **Purpose of the Award**

The SASW Student Award is made in recognition of a student's outstanding contribution to their community. The community service is to be the giving of one's self, beyond the immediate requirements of education or employment. Activities related to a professional association, group and volunteer work are the main criteria upon which the selection is made.

## **Nature of Award**

Two hundred dollars (\$200) to be awarded annually to a suitable candidate.

## **Eligibility**

■ The student must be admitted to the Faculty of Social Work, pursuing a Certificate, Bachelor's or Master's degree in Social Work.

- The student must have completed or be enrolled in a class during the 12 months prior to the deadline for nominations.
- Initiation of community service is to have happened within a preceding three-year period.
- The student must have a current membership in SASW.

## **Guidelines**

- A description of community service must be included. The statement must include factual information regarding the place and reason for initiating action, objectives, process and effect of works engaged in by the student.
- The community involvement must be based outside normal requirements of employment or educational activity.
- List the sources of interest or motivation for the service given.
- The nominated student must supply a curriculum vitae.
- If you self-nominate, please supply the names of three people who know of your involvement to be contacted as references.

**NOMINATION DEADLINE FOR THE STUDENT AWARD IS MARCH 5, 2004.**

Name of Nominee: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone: (H) \_\_\_\_\_ (W) \_\_\_\_\_

Nomination Supported by:

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Please mail or fax nominations to:



SASW — Selection Committee  
2110 Lorne Street  
Regina, SK S4P 2M5  
Fax: (306) 545-1895

# New “Members Only” Section of CASW Web site

As of January 1, 2004, the Canadian Association of Social Workers' (CASW) Web site will feature a section entitled “Members Only.” Access to the section will be restricted to members of CASW member organizations.

The section will include publications, documents and resources of interest, such as the CASW Bulletin, a literature review of the newly revised CASW Code of Ethics, the draw of books received at the national office, and more.

A password will be required to access the “Members Only” section. Each CASW member organization will have a different password that will change once per year. Please contact your social work organization for your password for 2004.

To access the “Members Only” section, you will go to the CASW Web site ([www.casw-acts.ca](http://www.casw-acts.ca)), click on “Members Only” on the left side bar, type in the name of your province (without a space between words, as

in PrinceEdwardIsland) and enter your password.

We hope you enjoy this new feature available to you as a member of one of the CASW member organizations!

### Creation of HIV/AIDS Page

CASW has created a section on its Web site specifically dedicated to HIV and AIDS. This resource is one more way in which CASW has demonstrated its commitment to HIV and AIDS that started in the 1980s.

The goal of the HIV/AIDS page is to bring to all social workers knowledge about HIV and AIDS, whether basic or advanced. It features current stats, personal stories, related activities and resources of CASW, linkages to AIDS organizations, and a variety of tools for social workers.

[www.casw-acts.ca](http://www.casw-acts.ca) Click on “Practice”

## DISTANCE ART THERAPY PROGRAM

*Applications are invited for the*

### Master of Counselling: Art Therapy Specialization

*offered by the*

VANCOUVER ART THERAPY INSTITUTE

*and the*

### Campus Alberta Graduate Program in Counselling:

a joint initiative of Athabasca University, University of Calgary, University of Lethbridge

as well as our unique

### Advanced Diploma

program for individuals who have a Master's degree.

Phone (604) 926-9381 e-mail: [vati@mail.telus.net](mailto:vati@mail.telus.net)

Vancouver Art Therapy Institute <http://www.vati.bc.ca>

Campus Alberta <http://www.abcounselled.net>

Founded in 1983, VATI is accredited by the Private Post Secondary Education Commission of British Columbia.

## Speaking Up for the National Association

Last spring I was pleased to volunteer and be chosen to act as the Saskatchewan representative on the Board of the Canadian Association of Social Workers. I attended my first meeting in Ottawa from November 6 to November 8, 2003. The Board meets face to face twice yearly and does other work via conference calls.

Before I went I consulted with the SASW Council asking them what they saw as priorities for CASW. They felt a national, visible voice on social issues and promotion and support of the profession were crucial. They spoke very strongly in favour of the *Journal*, the CASW publication.

When I went for the first time I had an idea of an Association in difficulty. Quebec had withdrawn from the Association, and B.C. was threatening to withdraw, forcing major budget adjustments. CASW had

received criticism for not being visible and not being proactive on issues. What I found were one territorial and nine provincial representatives actively addressing all the problems.

*When I went for the first time I had an idea of an Association in difficulty... What I found were one territorial and nine provincial representatives actively addressing all the problems.*

### What is CASW?

It is a national body made up of provincial association members. Its purpose is to provide national leadership and to collaborate with its provincial member organization to strengthen and unify the Social Work profession across Canada. CASW provides support to member organizations and serves as a source of information and consultation on social work practice. It encourages and assists in the development of high professional standards, studies social problems and issues and influences national social policy and legal legislation. It undertakes specialized national social policy and legislation. It undertakes specialized studies and research, publishes and disseminates relevant information to members and the public. CASW represents Canadian Social Workers and advances the interests of the provincial member organizations at the national and international level. It represents us at the International level and keeps us advised of events and responses to those events around the world.

### What is CASW doing to address the problems identified?

In order to be a Board that can address issues and projects quickly, the Board has shifted to be a "Policy Governance" board. Previously it had been a "working" board and members had worked on the various projects. Because of all the other responsibilities Board members carried, projects often took a long time. The Board will in future contract out project work with Board members acting in a liaison capacity. This will enable them to research and respond to social issues much more quickly.

*continued on page 16*

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## Child Welfare Project

The following is an update on some of CASW activities, following the approval of the Child Welfare Project Action Plan.

In response to project findings concerning the lack of understanding/support on matters regarding legal liability for child welfare social workers, CASW has taken the following initiatives:

- 1) Starting February 2004, CASW will make available a speaker for presentation on child welfare liability at provincial/territorial member organizations' annual conference. To book your speaker, contact the CASW Executive Director at least two months prior to your annual conference. (First come first served basis)
- 2) The CASW Web site has been updated to include comprehensive information on liability insurance.
- 3) An AON representative will present regarding liability at the 2004 National Conference in Saskatoon.
- 4) The CASW Child Welfare Project will present a workshop at the 2004 National Conference.
- 5) A prototype workshop on liability is under development and will be available to member organizations by April 30, 2004.

## Speaking Up for the National Association, continued

At the meeting, the Board developed a vision and strategic plan. Their vision is:

***A strong and united social work profession contributing to social justice and health for all.***

Strategic Directions were established as follows:

1. Promoting social justice
2. Promoting the profession of social work as competent and confident.
  - Defining competencies
  - Communicating information in a timely way
  - Providing member services
  - Supporting practice at all levels
  - Promoting public understanding of the profession
  - Developing partnerships
  - Developing a mentoring leadership
  - Promoting research and evidence based practice

3. Establishing a Council which will support regulatory bodies and regulation of the profession. Each province has approached regulation in a different way and CASW felt a national Council was important for all who have regulatory bodies and for those (e.g., Saskatchewan) who do not.

What I really appreciated about the whole strategy was that the CASW developed a Social Policy Principles paper which outlined our social work principles. This will provide a base upon which CASW and provincial organization can draw to assist in enunciating our own social policies and guide us in evaluation of government social policy initiatives. Our principles go far beyond most established social principles.

- Dignity and Respect
- Equality

*continued on page 17*

### **BELL, TEMPLE**

*Barristers & Solicitors*

#### **IMPORTANT NOTICE**

**AON**

**CASW**

**ING HALIFAX**

## **Legal Advice for Members of the Canadian Association of Social Workers**

To reduce the risk of civil claims or disciplinary complaints against social workers, **Aon Reed Stenhouse Inc.**, in co-operation with the **Canadian Association of Social Workers** and your insurer, **Halifax Insurance**, have arranged for pro bono summary legal advice service to be provided by **Bell, Temple, Barristers & Solicitors**. Bell, Temple, in consultation with Halifax Insurance, will arrange for the appropriate referral to legal counsel in provinces other than Ontario.

**Bell, Temple** will provide confidential advice by telephone to all social workers participating in the **Professional Liability Insurance Program** administered by **Aon Reed Stenhouse Inc.** and co-sponsored by the **Canadian Association of Social Workers**. **Bell, Temple** will provide advice on questions regarding potential civil claims or disciplinary complaints including:

- ◇ Confidentiality – client files/records ◇
  - ◇ Release of information ◇
  - ◇ Response to a subpoena ◇
  - ◇ Conflict of interest ◇
  - ◇ Custody and access ◇
- ◇ Sexual involvement with a client ◇
  - ◇ Incompetence ◇
- ◇ Other professional misconduct issues ◇

#### **ABOUT BELL, TEMPLE**

Bell, Temple is a litigation law firm that has been involved in malpractice liability and health discipline matters for many years on behalf of many professional groups. Cameron C.R. Godden and Lisa E. Hamilton lead Bell, Temple's Health Discipline Group. They are well versed in the regulations, standards of practice and the ethical obligations of social workers. They have represented regulated professionals at every stage of discipline and civil matters, including assistance in the preparation of responses to complaints from the various Colleges, representation before discipline tribunals and the Health Professions Board, and related appeals. They are both available by telephone to provide free, confidential legal advice to avoid or reduce the probability of a claim or complaint.

Each telephone consultation is limited to 30 minutes per inquiry. The lawyer may consider it appropriate to review the issues and jurisprudence, and then call you back. The advice given will rely upon the accuracy and completeness of the information you provide.

Please be prepared with the following information:

- ◇ Your name, telephone number(s) and address ◇
  - ◇ Your policy and certificate numbers ◇
  - ◇ A concise summary of all relevant facts ◇
  - ◇ Your specific question or concern ◇

#### **Bell, Temple Barristers & Solicitors**

393 University Avenue, Suite 1500, Toronto, Ontario, Canada M5G 1E6

**Toll Free 1-888-263-8600 Local (416) 581-8200**

Cameron C.R. Godden – extension 8201 Lisa E. Hamilton – extension 8207

In the event of a formal claim or complaint, notify Aon Reed Stenhouse Inc.

## Speaking Up for the National Association, continued

- Equity
- Comprehensiveness
- Quality Services
- Constitutional Integrity
- **Subsidiarity:** Social programs are to be provided at the lowest level of community possible unless it can be shown that they can be more effectively provided by higher levels of government.
- **Social Dialogue:** Governments should take all necessary steps to encourage and facilitate extensive consultation with relative social partners in the development of social policies and programs.

By the time you receive this newsletter, I am hoping all branches will have received two very important documents from CASW: *Women and Poverty Report* and *Social Work and Primary Health Care*. These will provide an excellent opportunity for discussion and debate at the branch and provincial level.

A paper rewriting *Ethical Principles* has been completed. Feedback is requested and if you do not have a copy now, you will have one soon. This will provide all Canadian Social Workers with a national statement of Ethical Principles.

The Child Welfare Project is in the action plan stage and it is being presented at the National Conference.

### How is CASW going to manage financially?

When the budget was reviewed, cuts had to be made as Quebec's membership provided approximately one third of the budget. The *Journal* which all of us have looked forward to receiving will have to go on-line. Articles will not be translated, so if they are written in English they will not be translated into French, if written in French, they will not be translated into English. Other cuts were made, but the organization will live and will continue to thrive.

## National Conference in Saskatoon, June 2004

I had the privilege of reporting on the progress of our Saskatoon National Conference Committee led by co-chairs Tracy Muggli and Evelyn Hynes. All the Board members will be coming and several will be presenting. The NASW (National American Association of Social Workers) are also sending representatives. This is going to be a big event so I hope that as many Saskatchewan Social Workers who can attend will do so.

*What I really appreciated about the whole strategy was that the CASW developed a Social Policy Principles paper which outlined our social work principles.... Our principles go far beyond most established social principles.*

In conclusion, you can see that I really got enthused by the first meeting. Social Work at the national level is alive and vibrant. It was clear to me that we all need to get more involved at every level. The poverty and health reports, and the child welfare project reinforce this need. I think it is important that we support and assist our national organization in their vision, mandate, and priorities in every way possible.

*Submitted by  
M. Chatterton, MSW, RSW (Sask.)  
CASW Board Member*

## DISTANCE LEARNING

MSW Program

Faculty of Social Work

University of Calgary

E-mail: [socialwk@ucalgary.ca](mailto:socialwk@ucalgary.ca)

Phone: (403) 220-6945



# Message from Dean of Social Work University of Regina

As I mentioned in my message in the November 2003 Saskatchewan Social Worker, the Faculty of Social Work will be reviewed by two independent bodies in Winter 2004. The Canadian Association of Schools of Social Work (CASSW) will review our BSW and MSW programs for re-accreditation purposes. The review team will be social work professors Dr. Lynn McDonald from University of Toronto and Dr. Chris Walmsey from University College of the Cariboo in Kamloops. They will meet with members of the social work community in Saskatchewan (students, practitioners, sessionals, practicum supervisors, professors and senior administrators in U of R) to discuss aspects of our self-study reports for the BSW and MSW programs (please feel free to see our reports at [www.uregina.ca/socwork/](http://www.uregina.ca/socwork/)).

The U of R review will be conducted by a team of social work professors from outside Saskatchewan (Dr. Leslie Brown, University of Victoria; Dr. Wes Shera, University of Toronto), plus a distinguished social worker from Saskatchewan (Dr. Geoff Pawson) and a professor from U of R outside the Faculty of Social Work (Dr. Mary Hampton, Luther College).

We would welcome your contribution to each of these reviews. We will arrange some meetings for our SASW colleagues in Regina, Saskatoon and Prince Albert. In addition, we would welcome written comments from anyone who would like to do so. Simply send your comments to the CASSW Review Team and/or the U of R Review Team in care of the Faculty of Social Work and we will pass them on (unopened) to each team.

We welcome your contribution to improving social work education in the University of Regina through this process.

*Michael MacLean*

**Wherever you go,  
Whatever you do,  
Say**

**“I AM A  
SOCIAL WORKER”**

*You would be surprised at how often social workers say they work with alcoholics or they do therapy or counsel troubled children or direct an employee assistance program. There is nothing wrong with these statements, but preface each with “I AM A SOCIAL WORKER” and then add the statement “...who works with troubled youth.” What you will be doing is performing an invaluable service to the education of the public which benefits the social work profession and ultimately yourself.*

*The best way to strengthen the image of the social work profession is for social workers to identify themselves as SOCIAL WORKERS.*

***Social Workers – Make a Difference***



**SASW**

**Toll Free Number  
(outside Regina)  
1-877-517-7279**

**HealthLine, Saskatchewan**

**New province wide  
24-hour telephone advice  
service under the management of  
Regina Qu'Appelle Health Region.**

**1-877-800-0002**



# A Brief Introduction to the Youth Criminal Justice Act (YCJA): Pros and Cons

For the purposes of this article, I will refer to certain sections of the Act without going into much detail. Those who are interested in more information are referred to the Act itself as well as to the Overview located at [canada.justice.gc.ca/en/dept/pub/ycja/youth.html](http://canada.justice.gc.ca/en/dept/pub/ycja/youth.html)

The federal *Youth Criminal Justice Act* (YCJA) came into effect on April 1, 2003, in response to a number of perceived weaknesses inherent in the *Young Offenders Act*. More specifically, the YCJA is intended to provide a coherent youth justice philosophy; to reduce the overall rate of youth incarceration (particularly for relatively minor offences); to provide for more effective post-release reintegration; and to increase the participation of victims, families and interested community members in the process. The following table is a summary of some of the major provisions of the new Act.

### Pros

- Preamble, Declaration of Principle (s.3), Principles and Objectives of Extrajudicial Measures (s.4 & 5), Purpose and Principles of Sentencing (s.38) and Purpose and Principles of Custody and Supervision (s.83) provide a coherent philosophy of youth justice and identify procedural standards and priorities
- Victims are acknowledged and encouraged to become more involved in the process (Preamble, s.3, s.5, s.18 a(ii), s.38 (2) & (3), s.119)
- Creates community-based Youth Justice Committees (s.18) to provide advice on appropriate extrajudicial measures, support victims, ensure community support for offenders, etc.
- Provides for convening conferences (s.19). Adopted from the New Zealand model, conferences may "...give advice on appropriate extrajudicial measures, conditions for judicial interim release, sentences...and reintegration plans."
- Custodial sentences are to be considered as a last resort option (s.39)
- There is a presumption of a community supervision portion of all custodial sentences (s.42, s.105)

### Cons

- the age for imposing an adult sentence lowered to 14
- there is a presumption of an adult sentence for young offenders found guilty in youth court of presumptive offences (*i.e.*, murder, attempted murder, manslaughter, aggravated sexual assault and 3rd serious violent offence). The requirement to impose adult sentences for particular types of offences is contrary to the rehabilitative principles and objectives of the Act and derives from the belief that punitive sentences are effective.

The provisions for victim and community involvement (*i.e.*, Youth Justice Committees and Conferencing) and for limiting the circumstances for imposing a custodial sentence (s.39) do not apply to adult sentencing

- Sentencing considerations are primarily focused on the offence (*i.e.*, the rules that have been broken) rather than on the impact of an offence on the victim and on the community
- Restorative measures are applied only to "easy" or less serious offences. As such, restorative measures can be seen as a diversionary add-on whose primary purpose is to unclog the courts to handle the "important" cases

While there are elements in the YCJA that continue to promote a retributive and punitive response to young offenders, there are also many features that are consistent with the principles and practice of restorative justice. One of the major challenges for restorative justice practitioners will be to ensure that the interpretation of the Act's principles and objectives is consistent throughout the province and that a range of non-custodial programs are in place and satisfactorily funded. This is a particularly daunting task considering the critical role and responsibility given to ad hoc conferences and to a diversity of Youth Justice Committees. On balance, the YCJA has the potential to alter the administration of youth justice in Saskatchewan in very significant ways. It is the responsibility of all those involved, however, to facilitate the realization of this potential.

*Lorelee Manning, MSW, RSW (Sask.)*



### 2003 Masters of Social Work

The following is a list of the 2003 graduates of the Master of Social Work Program, Faculty of Social Work, University of Regina. If you are interested in reviewing their work, copies are available for loan at the University of Regina Library.

**Andrea Antonishen Pederson** (Regina): *Integrating Theory and Social Work Practice in Reviewing a Practicum Placement at the Department of Community Resources and Employment Income Security Division* (Master's Practicum);

**Donna Benesh** (Regina): *The Motivation and Deterrence of Motor Vehicle Theft by Young Offenders* (Master's Thesis);

**Sandra Burgess** (Saskatoon): *The Cost of Providing Health Care Services to Women Survivors of Childhood Sexual Abuse* (Master's Project);

**Mark Docherty** (Halifax): *Development and Implementation of the Dales House "Wraparound" Program* (Master's Project);

**Leora Harlington** (North Battleford): *Saskatoon Charging and Disposition Patterns Under Section 213 of the Criminal Code of Canada* (Master's Thesis);

**Richard Kuckartz** (Saskatoon): *Transformational and Transactional Leadership in Human Service Organizations: A Descriptive Analysis* (Master's Thesis);

**Frances Lafontaine** (Rosthern): *What Can Aboriginal Clients of a Social Support Program Tell Us About the Healing Process?* (Master's Practicum);

**Rose Marie Le Poudre** (Davidson): *A Reflective Review and Discussion of a Practicum Placement at Adult Counselling Therapies Program at Adult Community Mental Health January 3, 2002 to April 10, 2003* (Master's Practicum);

**Marcia McKoy** (Edmonton): *Integrating Theory and Social Work Practice: A Reflective Report and Analysis of a Practicum Placement at the Community Living Program (CLIP) at Alberta Mental Health Services* (Master's Practicum);

**Garry Prediger** (Dundurn): *The Conceptualization of Fetal Alcohol Spectrum Disorder Risk Screening for Young Offenders* (Master's Thesis);

**Nadia Stadnyk** (Saskatoon): *The Experiences of First Nations Community Based Research Partners in the Use of Theory Based Evaluation and the Development of Logic Models* (Master's Project);

**Catherine Young** (LaRonge): *Best Interest of the Child: The Directors of Indian Child and Family Services Speak* (Master's Thesis).

#### ANNOUNCEMENT

The SASW-Saskatoon Branch and the Faculty of Social Work will be co-hosting a Research Day on March 5, 2004, to showcase the research of some recent MSW graduates and to celebrate Social Work Week.

The event will be held at Queen's House of Retreat in Saskatoon beginning at 9:00 a.m. Further information on the presenters and registration will be forthcoming. In the meantime—mark your calendars!

#### NATIONAL DISTANCE EDUCATION PROGRAM

Maritime School of Social Work  
is offering  
BSW Distance Education &  
MSW Distance Education  
for part time students.

*For more information contact:*

Maritime School of Social Work  
Dalhousie University  
Halifax, Nova Scotia,  
Web site: [is.dal.ca/socialwork/distance](http://is.dal.ca/socialwork/distance)  
Phone: (902) 494-1354



# Finding Oldie-Goldies

*This Resource Box is YOUR resource. What appears in future issues depends on information you pass on to me to share with your colleagues.*

*I invite readers to send me information about any book that they have read or have heard about which would be of use to colleagues, clients or to people in our community. Equally, the names of any practically focused books which may help us as social workers to be more effective and helpful to individuals, families, groups or communities would be appreciated.*

*My address is 17 - 24 Street East, Prince Albert, Saskatchewan S6V 1R3 and my e-mail address is petergrif@sasktel.net.*

*Any materials you choose to lend me will be returned within 4 weeks of their receipt.*

Some books in the human service field, which facilitate self-study and self-awareness are classics and remain in print for a number of years. **People Making** by Virginia Satir is one of these. This book explores positive coping strategies. Clients can use the strategies as a source of ideas and apply these strategies in their personal lives. **People Making** is still in print. However as demands for books decline, many eventually drop off the publisher's active list. This makes it hard at times to find some of these gems, even in local second hand bookstores. However when people seek direction, these books often give insight and provided motivation for personal development.

Here are some gems, which can still be located, not in bookstores, but in a new resource which has developed only very recently. Second hand bookstores list their stock on the Internet and sell directly or indirectly via larger brokers, such as Amazon.ca or other book distributors. The cost of the books is often quite low, from .01 up, since the real profit is made on the handling and shipping charges (unfortunately in Canada, the higher postal rates add considerably to the cost). But having obtained some of these rare books, it is my understanding that if the book is not available in new copy form, there are no serious ethical or legal issues with making a loan copy for clients (so that your original diamond does not get lost) providing you don't sell it yourself. One way to avoid selling copies but ensuring the return of your books is to ask for a de-

posit on the loaned item, refundable when returned.

George Calden's **I Count You Count** is an excellent now out-of-print do-it-yourself communication education book for couples. It must be read together to be effective. I still have one copy, but I also found one copy on the Internet by typing in "book" and the book's title.

I have been successful in doing this as well with several excellent books written by Ken Olson in the 1970s. Ken wrote in a down-to-earth style, often sharing his own experiences, and outlining what we refer to as "Cognitive Therapy" in practical terms. Ken wrote to and for men to a large degree. His book **Hey Man, Open Up and Live** is a classic for helping men access their feelings. It also includes the beginning of his later trend towards holistic healing methods. I have tried to track down Olson personally on the Internet, but have been unsuccessful.

Sidney Simon is another writer whose books are recommended and highly readable. They are especially useful with youth. **Vultures** and **Negative Criticism**

*continued on page 22*

### Social Work Related Web Sites

<http://www.nyu.edu/socialwork/wwwrsw/>  
<http://casw-acts.ca/framepg1.htm>  
<http://gwbweb.wustl.edu/websites.html>  
<http://www.socialworker.com/>  
<http://www.idrc.ca/socdev/index.html>  
<http://www.welfareinfo.org/>  
<http://www.corpwatch.org/>  
<http://cpmcnet.columbia.edu/dept/nccp/>  
<http://www.peace.ca/>  
<http://www.sc.edu/swan/index.html>  
[http://www.gradschools.com/listings/distance/social\\_work\\_distance.html](http://www.gradschools.com/listings/distance/social_work_distance.html)  
<http://www.fmhi.usf.edu/famu/childwelfare.html>  
<http://www.childwelfare.ca/>  
<http://www.mentalhealth.com/fr13.html>  
<http://mentalhelp.net/>  
<http://www.state.sc.us/dmh/clinical/treatment.htm>  
<http://www.healingwoman.org/>  
<http://www.guerrillamedia.org/home.htm>  
<http://online.socialchange.net.au/>  
<http://www.griefworksbc.com>

## *Finding Oldie-Goldies, continued*

were initially published in the '70s. Although Simon has been criticized for the vacuum of some interpretations of his values oriented teachings, which were seen by some as anti-religious, I find the above books to excellent, and apparently are still available from him directly through <http://www.simonworkshops.com/books.html>

### **Controlled Separation—A new look at working with couples**

Lee Raffell, M.S.W., wrote *Should I Stay or Go?—How Controlled Separation (CS) Can Save Your Marriage*, published by Contemporary Books in 1998 (ISBN 0-8092-2513-1). This book is a priceless resource for anyone who wishes to provide a creative option for couples who are struggling and uncertain about the future. Raffell points out that often couples separate, but usually without guidelines to help to recognize needed areas of growth for success. She refers to this as TS (trial separation). Things remain relatively unchanged during their absence from each other, leading to little or no improvement if they try to re-establish the relationship. All they do is pull back from the on-going daily tensions and conflicts.

Raffell works with couples with a CS or Controlled Separation agreement, in which basic contracts are developed and followed for a very specific period of time. Guidelines for respecting each other's autonomy are provided. CS won't work in certain situations, particularly where there is substance abuse or any type of power and control behaviours associated with spouse abuse. This aspect is stressed in several chapters, particularly with respect to harassing or manipulating behaviours. Having a written CS contract, which both parties sign and agree to, gives the couple a safe framework in which to evaluate themselves, their feelings, and the ability of their partner "to keep a deal." Raffell describes situations, although not common, requiring much clearer rules, where couples can negotiate a CS within their own house. She also provides guides on communicating with children and on including fair and reasonable contact and consultation with them as part of a negotiated CS.

Raffell's book covers many aspects of couple dynamics, including sexuality, money, communication, money, and earlier scars that partners bring to a relationship. She does not try to create or promote her own theory, as happens with many others who come

up with innovative approaches to counselling, but refers to and lists many resources which will be helpful to practitioners, but even more so to couples where the ongoing daily pain or tension between them is leading to destruction of the relationship. Raffell's approach is not meant to keep people together who come to the conclusion, either individual or jointly, that permanent separation and/or divorce may be necessary. What she does is provide a framework for a couple to reach agreement on issues which, although it may involve living separately, provides a safe environment in which to learn about themselves and to see their partner and their relationship from a different and perhaps fresh perspective. She also integrates many other writers where appropriate and provides an excellent reading guide. She shares many of her own experiences of using CS with couples. The end result may be reconciliation. It may also be a decision by one or both to divorce, but usually with much more cooperation and less battling.

Both as a resource for couples and families in distress and an excellent guide for social workers to help couples design and stick to a healing program designed both by and for them, this is a book which is relevant to many couples.

*continued on page 23*

### **The following Standards of Practice are available from the SASW Office and our Web site:**

*Standards of Ethical Practice for Professional Social Workers in Saskatchewan*, Revised January 2001.

*Standards for Social Work in Schools*, October 1999.

*Standards in Child Protection Services for Registered Social Workers in Saskatchewan*, October 1999.

*Standards in Health Care for Registered Social Workers in Saskatchewan*, March 2001.

*Standards for the Private Practice of Social Work*, Revised 1999.

*Standards in Custody/Access for Registered Social Workers in Saskatchewan*, March 2001.

## *Finding Oldie-Goldies, continued*

### *Passing on Resources*

I recently celebrated my 25th and 26th anniversaries of writing columns for the *Western Producer* and the *Daily Herald* (Rural Roots). These can be accessed through [www3.sk.sympatico.ca/petecope](http://www3.sk.sympatico.ca/petecope). Also, the handout binders at the Prince Albert Mental Health Centre were upgraded by me this past year. Microsoft Word indexes of the listings can be obtained from me by e-mail, and anyone who wishes to borrow the resource binders for possible copying can do so if they will pay the bus express charges for the materials in both directions from Prince Albert.

The Resource Box needs input from you the readers. Let me know of materials, which have been helpful to you in your professional work, and especially new Internet sites, which are both Social Worker friendly and client friendly. Some may contain excellent on go-

ing professional education for us. Others are helpful to people in general, which I see as our responsibility in our community education role, one that often is ignored by social workers. We may be social change agents, but we also need to be resources to both individuals and the community in advocating change, both personal and systemic, in our society.

With computers now available in all public libraries and schools, on-line access to healthy and effective living materials is available to all. Please pass on to me any resources, books or Internet sites that may be helpful to your colleagues and clients.

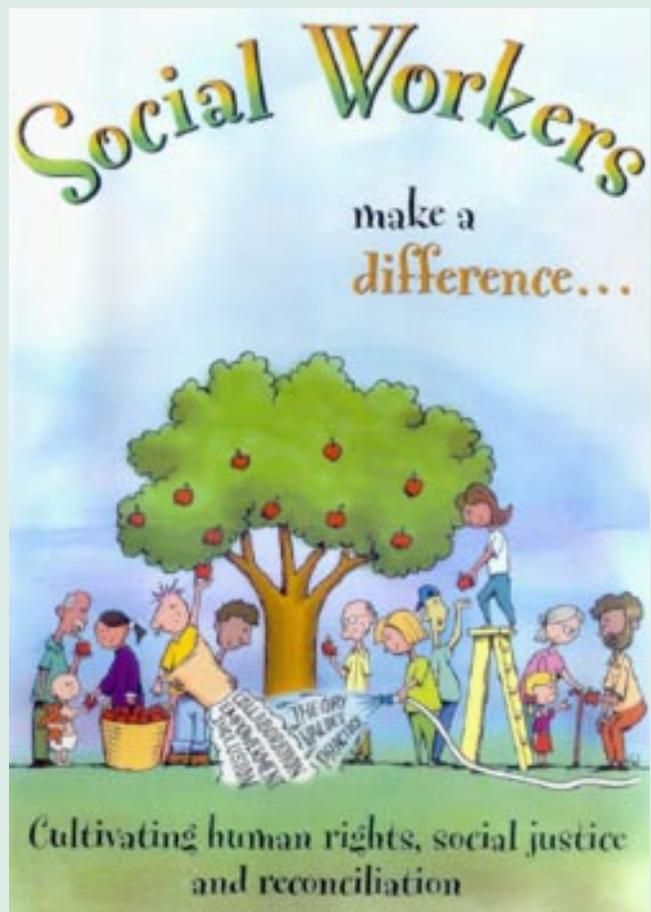
One interesting site I recently came across was [www.ivillage.co.uk](http://www.ivillage.co.uk) which, although geared for women in the UK, has some excellent free newsletters regarding parenting and relationships and even physical fitness tips, useful to anyone.

*Submitted by Peter Griffiths*

# *Social Workers for Social Justice*

*Social Work Week in  
Saskatchewan will be celebrated  
February 29 to March 6, 2004*

*Mark your calendars and  
plan to organize events in  
your workplace to promote the  
profession.*



### *Resource Box*

# UPCOMING CONFERENCES, WORKSHOPS & EDUCATIONAL EVENTS

## *Diagnostic Assessment Workshop*

February 25-26, 2004  
Saskatoon, Saskatchewan  
Sponsored by: Saskatchewan Association of  
Chemical Dependency Workers  
Contact: Gloria Jones (306) 655-4107  
or Ruth White (306) 655-4116

## *Effective Strategies of Grief Support*

March 11-12, 2004  
Red Deer Lodge, Alberta  
Contact: Glen Dahlke, Heartland Promotions  
e-mail: 5ofthem@telus.net  
Phone: (403) 314-0888

## *Strategic Treatment of Anxiety, Panic and Obsessive Compulsive Disorder*

March 18-19, 2004  
Red Deer Lodge, Alberta  
Contact: Glen Dahlke, Heartland Promotions  
e-mail: 5ofthem@telus.net  
Phone: (403) 314-0888

## *Solution Talk Inc.*

Bragg Creek, AB  
Phone: (403) 216-8255  
E-mail: soltalk@telusplanet.net  
Web site: www.solutiontalk.ab.ca  
Presenter: Nancy McConkey, MSW  
Level I: Brief Solution-Focused Counselling  
April 5-6/04 – Victoria, BC  
May 3-4/04 – Kelowna, BC  
Level II: Working with Difficult Problems  
April 7-8/04 – Victoria, BC  
April 21-22/04 – Calgary, AB  
May 5-6/04 – Kelowna, BC  
Summer Intensive (Levels I and II Combined)  
July 5-8/04 – Calgary, AB

## *The Bully, The Bullied, and The Bystander*

March 26, 2004  
Humboldt, Saskatchewan  
Contact: Partners for Rural Family Support  
(306) 682-4135

## *The Bully, the Bullied, and the Bystander: Breaking the Cycle of Violence*

March 27, 2004  
Presenter: Barbara Coloroso  
Sponsored by: Saskatoon Adlerian Society  
Contact: (306) 975-0885

## *Basic Intensive Week in Reality Therapy/ Choice Therapy*

April 15-18, 2004  
Regina, Saskatchewan  
Contact: Carole Eaton (306) 569-1977

## *Explosive Child Conference*

Edmonton, Alberta  
May 6 and 7, 2004  
Presenter: Dr. Ross Greene, clinical psychologist  
Hosted by: Ehrlo Community Services  
Contact Information: Linda Meyer (306) 751-2412

## *Street Drugs, Alcohol & Schizophrenia... What Is the Connection?*

May 14, 2004  
Regina, Saskatchewan  
Contact: Schizophrenia Society of Saskatchewan  
(306) 584-2620

## *Moving Primary Health Care Forward*

Winnipeg, Manitoba  
May 16-20, 2004  
Contact: J. Cooper (204) 787-3371

## *4th International Conference on Social Work in Health & Mental Health*

May 23-27, 2004  
Quebec City, Quebec  
Contact: (418) 523-3555  
Email: info@swh2004.com

## *2004 National Social Work Conference Meeting the Challenge & Making a Difference*

June 5-8, 2004  
Saskatoon, Saskatchewan  
Contact: SASW Office

## *5th National Conference on Shaken Baby Syndrome*

September 12-15, 2004  
Montreal, Quebec  
Contact: Steven Franks (801) 627-3399  
E-mail: sefranks@mindspring.com

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