



SASKATCHEWAN SOCIAL WORKER

Volume 16 Number 1

“Social Workers – Make a Difference”

February 2005 Edition

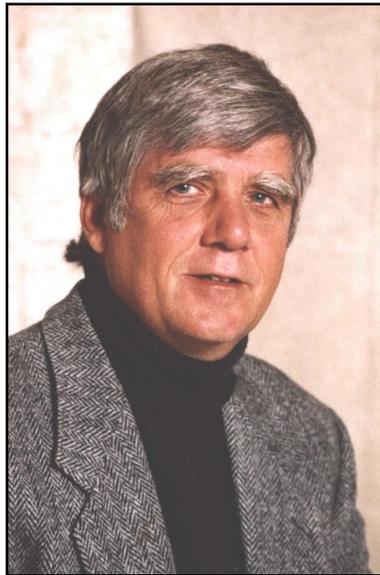
Message From the President

Primary health care and School^{PLUS} are two emerging plans for the organization of society to achieve better outcomes in a more effective way. Both involve organizing services in a more collaborative manner. The 2000 CASW National Scope of Practice Statement describes the role of social work as “the obligation of societal systems to provide equitable structural resources for all their members.” I interpret this to say that the profession of social work should be key in the rolling out of the concepts of primary health care and School^{PLUS}.

With this in mind, we have pursued some strategic connections this fall. We have met with the Saskatchewan Registered Nurses Association. We were pleased to hear from their representatives that they would like to work jointly with our association to improve the understanding of primary health care in Saskatchewan in terms of its preventative goals and with reference to population health research. Our discussions reflected a joint appreciation for the principles of social justice.

We have met with the League of Educational Administrators (LEADS) to begin the process of finding a more stable and consistent role for social workers in the various school divisions around the province, so that our profession can be central in the development of School^{PLUS}. Toward this end, we also participated in the School^{PLUS} Shared Leadership Institute in Saskatoon on December 9, 2004.

On July 19, 1994, the Agreement on Internal Trade (AIT) was created to facilitate the mobility of goods, services and people throughout Canada. The



agreement obligated regulatory bodies of professional associations to develop Mutual Recognition Agreements (MRAs) to facilitate the ability of professionals to be able to work in any province on a relatively equitable basis. Up until 2000, the provincial registrars had completed a good deal of work towards establishing an MRA for social work; however, for various reasons, the process became stalled. Presently, social work is one of only three of the fifty-some professions in Canada which have not signed an MRA. SASW has provided a leadership role in trying to get this process going again. With others, we planned a

national conference call in October, which brought together all the regulatory bodies and the presidents of provincial associations to resume the work on an MRA. We believe the process is in motion again and a further meeting of presidents of regulatory bodies is intended for early 2005 in Montreal.

Finally, I would like to take this opportunity to invite all members to our Annual Meeting and Provincial Conference in Nipawin on April 27, 28, and 29, 2005. This is being hosted jointly by the Prince Albert and Northeast Branches of our association. As described in more detail in Richard’s report, the program and the social activities will be excellent. But also very key to you as a social worker will be the opportunity to share, to vent and to spark even further co-operative solutions to the professional and societal issues we are all addressing. I’ll be looking forward to seeing you in Nipawin!

Tom Seeley, BSW, RSW (Sask.)

SASW COUNCIL

President: Tom Seeley, Yorkton
Past President: Deb Buettner, North Battleford
Public Representative: Doug Stewart, Regina
Treasurer: Frank Dornstauder, Regina
Secretary: Sandra Fortman, Swift Current
Members at Large: Myrna Pitzel, Moose Jaw
Tracy Muggli, Saskatoon
Charlene Cameron, Prince Albert

SASW COMMITTEE CHAIRS/APPOINTMENTS:

Registrar: J. Rawdon Bieber, Regina
CASW Board Member: Marlene Chatterson, Yorkton
Standards of Practice: Dennis Arbutnott, Regina
Professional Conduct: Mona Acker, Regina
Discipline Resource: Don Stevenson, Regina
Social Policy: Patti Cram & Angela Leski, Prince Albert
Education: Ray Pekrul, Regina
Public Relations: Joanne Toh, Saskatoon
Practice Ethics: Victoria Walton, Saskatoon
Legislative Review: Geoff Pawson, Regina
Advocacy: Don Ebert, Saskatoon
Psychologists Act: Deb Beuttner, North Battleford
Volunteer Development: Barb Church-Staudt, Regina
Scholarship Task Team: Sandy Vaughan Hastie, Yorkton

SASW BRANCH REPRESENTATIVES:

Regina: Alice Parker
Saskatoon: Ruth Mireau
Prince Albert: Susan Luedtke
Northeast Branch: Lucie Dmyterko, Nipawin
Swift Current: Krista Olson
Yellowhead East: Sandra Vaughan Hastie
Rural Interest Group: Deborah Bryson Sarauer, Humboldt
Battlefords: Deb Buettner

SASW PROVINCIAL OFFICE CONTACT:

Richard Hazel, Executive Director
Deborah J. Fisher, Executive Assistant
Address: 2110 Lorne Street, Regina, SK S4P 2M5
Phone: (306) 545-1922 or
Toll Free 1-877-517-7279
Fax: (306) 545-1895
E-mail: sasw@accesscomm.ca
or rhazel-sasw@accesscomm.ca

The Saskatchewan Social Worker is published by the Saskatchewan Association of Social Workers.

Members of the 2004 Editorial Board include:

Peter Griffiths – petergrif@sasktel.net

Lorelee Manning – lmanning@accesscomm.ca

Brenda Stinson – brenda.stinson@rqhealth.ca

Ailsa Watkinson – awatkinson@sasktel.net

Richard Hazel, Executive Director – rhazel-sasw@accesscomm.ca

Debb Fisher, Executive Assistant – sasw@accesscomm.ca

Members of the Editorial Board can be contacted through the e-mail addresses provided above or by contacting the SASW Office. We are interested in readers' stories, thoughts and ideas, letters to the editor, pictures and current events. The Board reserves the right to reject any article as well as edit submitted material. Publication does not imply endorsement by the Saskatchewan Association of Social Workers. The views expressed in the printed material represent the views of the contributors and do not necessarily reflect the view/policies of the Association.

The Saskatchewan Social Worker is published and released in March, June, and November. Deadline for submission of information is December 31st, April 30th and September 15th.

Advertising Rates are as follows:

\$50 quarter page \$100 half page \$200 full page

Please submit material to:

Debb Fisher – Saskatchewan Association of Social Workers
2110 Lorne Street, Regina, SK S4P 2M5
Fax: (306) 545-1895
E-mail: sasw@accesscomm.ca
Phone: (306) 545-1922

CONTENTS

Message From the President	1
Message from the Executive Director	3
Reporting Continuing Professional Education -	5
Important Information on Third-Party Coverage of Social Workers in Group Benefit Plans	6
CASW Section	
CASW Board Member Report	7
Canadian Social Work Journal	8
SASW Branch/Task Team/Committee Section	
Woods Gets Family Service Canada Leadership Award	9
Saskatoon Branch Report	10
SASW Scholarship Available	10
Volunteer Development Committee	13
SASW Practice Ethics Committee	13
The Family Tree Section	
An Interview with Geoffrey Pawson	14
Faculty of Social Work News	
Message from Dean of Social Work, University of Regina	17
Faculty of Social Work Celebrates 30th Anniversary	18
2004 Masters of Social Work	18
Resource Box	
Anger Education and Dating after AA	19
Upcoming Conferences, Workshops & Educational Events	20

REGULATE
SUPPORT
PROMOTE
ADVOCATE

**Contributions to the newsletter are
always welcome.**

Read any good books lately?

Working on an interesting project?

Have an area of interest that you would like
to share with other people?

Write to SASW Editor and see your name in print!

**Deadline for the next newsletter
is April 30, 2005.**

Message from the Executive Director

I wish to offer my thanks to our branches which I had the good fortune to visit in the last three months of 2004. I attended meetings or seasonal celebrations in Nipawin, Prince Albert, Battleford, Saskatoon, Moose Jaw and Swift Current. It is always so good to spend time in the company of social workers.

Much good progress is being made in the work of the Association. Tom has noted several advances in his report. At the March meeting of the Advisory Board we will have a new version of the SASW Action Plan for branch representatives to take back to share around the tables of the branch meetings to follow.

Coming up immediately is Social Work Week for 2005. We have again asked the Minister of Community Resources and Employment to declare the week, this time under the national theme "Social Work: Fairness and Wellbeing." There are many events planned throughout the province to profile the profession, to learn together and to enjoy the company of colleagues. Be sure to seek out planned activities in your area.

Our AGM and Conference will be held in Nipawin at the Evergreen Centre from April 27 to 29, 2005 inclusive. If you've never been to Nipawin before, this is your chance! It is a beautiful place and the venue we will be in is first rate.

Two of the top three items you identified in the continuing professional education survey last summer will be delivered by two keynote speakers in Nipawin. One of the speakers is Beverley Antle from Toronto. She is president of the Ontario Association and the person who developed the new code of ethics just approved by the CASW Board after an extensive consultation period. Beverley will present on this work and will have many examples of ethical dilemmas and how they may be resolved.

Also in this edition you will find information on our two newest committees, the Volunteer Development

Committee and the Scholarship Task Team. Please have a look at each write-up and see what is planned.

There are some new developments for us in the national child welfare project called "Creating Conditions for Good Practice." Other jurisdictions are looking to develop children's issues committees and we have begun to think about what form of response would fit well within Saskatchewan. David Macknak of the Saskatoon Branch is our link to this initiative nationally and we have begun some informal discussion with representatives from the Children's Advocate's Office, the schools of Social Work and the Department of Community Resources and Employment to look at options. If you have ideas about what would be helpful, please be in touch with David Macknak, Patti Cram in Prince Albert, or me.

It seems that the discussion on the value of membership with this professional association will continue as long as we only have protection of title and not ownership of practice. Dr. John Conway in his mental health sector study of 2003 was very clear in his observation that our profession has not yet achieved full maturity, and will not until our Act contains scope of practice and the requirement that anyone working within that scope be a registered social worker. The increased protection for the public and the benefits to the profession will be significant. For now, registration remains voluntary unless the employer requires professional registration. All Health Regions have this requirement. Some employers who do not yet require registration of eligible staff do however reimburse the annual registration fee for staff who have chosen to register. An example is the Department of Community Resources and Employment. Many in private practice have chosen to register with SASW so they can use the title "social worker" and so they can access liability insurance as self-employed professionals. As 2004 ended, we had 1104 registered members, an increase of 23. A good part of the reason we see annual increases is the personal encouragement of the more than 70 members who volunteer on our committees and the many members who are very involved and committed in the work of our Branches.

I recently ran across an article in the February 1998 edition of the *Saskatchewan Social Worker* which was written by Geoff Pawson while he was president of SASW. His article was titled "What Can the Association Do for Me." Since we have the discussion on the benefits of

continued on page 4

Acknowledgement for contribution of article

The Newsletter Committee wishes to acknowledge and thank Leora Harlingten, MSW, RSW (Sask.) for her article "New Treatment Model Initiated for Domestic Violence in the Battlefords" which appeared in the November 2004 edition of the Saskatchewan Social Worker, page 14.

Our apologies for not including your name, Leora!

Executive Director's Report, continued

membership continuing for a while, here are some thoughts from Geoff to assist the conversation:

- *SASW provides opportunity to network with colleagues and to build new relationships with like-minded people who share common values.*
- *SASW provides a voice on social policy that helps shape legislation and programs for people.*
- *SASW is a centre of emerging thought on the profession that will directly impact on each social worker in the future.*
- *It is a means of building, provincial and national connections that can stand each social worker in good stead whether in practice, administration, or education.*
- *SASW is the centre for standards development utilizing the Code of Ethics by which all social*

workers must guide their practice.

I believe I am a better person and a more committed professional as the result of my involvement with the association. From my perspective, the Association has given me more than I have returned, for which I am grateful. My volunteer participation with SASW is a means of saying thank you and recognizing the value of a code of ethics and standards to guide our work as social workers. I hope the commitment I feel can be conveyed to others, particularly the doubters, as the Association provides a means of meeting colleagues and friends. It is worth the investment.

Geoff Pawson is featured in the Family Tree section of this newsletter.

Respectfully submitted
Richard Hazel, MSW, RSW (SK)

Donations to SASW Scholarship Fund

Would you like to contribute to the Social Work profession in a brand new way?

The SASW Scholarship Fund is now set up to receive charitable donations. This scholarship fund is administered by the South Saskatchewan Community Foundation Inc., a non-profit organization which manages and invests permanent endowment funds and donations. As such, the SASW Scholarship Fund is able to accept donations from:

- individual SASW members
- bequests from estates
- as the beneficiary of life insurance policies
- fund-raising initiatives both at the branch and provincial level
- anyone else who might wish to contribute to the fund

A receipt for income tax purposes will be provided by the South Saskatchewan Community Foundation as appropriate.

Contributions to the SASW Scholarship Fund should be directed to:

South Saskatchewan Community Foundation
#2 - 2700 Montague Street
Regina, SK S4S 0J9

If you have questions about the various means of contributing to the scholarship fund, Wain Birch, South Saskatchewan Community Foundation (306) 751-4756, can be contacted.

The SASW Scholarship is awarded each year at the Annual General Meeting in recognition of a student's contribution to her/his community.

Members of the SASW Scholarship Task Team are:

Sandy Vaughan Hastie, Yorkton (306) 786-0588
Liz Newton, Saskatoon (306) 374-8475
Marlene Glettler, Regina (306) 766-2501
Richard Hazel, SASW-Regina (306) 545-9155

Reporting Continuing Professional Education

I write to compliment the membership of SASW on the reporting of continuing education credits. It was a pleasure to review these credits when I was approving the renewals for 2005. This is the second year of mandatory reporting of continuing education credits.

The membership of SASW has shown an overwhelming support to continuing education. The majority of the membership not only meets the required 40 hours per year, but many are well above this number. All are complimented for the tremendous effort put into maintaining their continuing education.

There is still some confusion concerning how continuing education credits need to be reported. The following areas are presenting problems and require further clarification. They are:

1. Acronyms

- When listing continuing education credits, please do not use acronyms. A number of people reported attendance at conferences, workshops, seminars and certificate programs. In some cases they listed the acronyms instead of the full name of these activities. Unless one is familiar with the acro-

nym it has no meaning. This makes it difficult to assess whether it is a social work related activity that would be considered for continuing education credit. Since there are many acronyms it is difficult to be familiar with all of them.

- The same applies for listing Committee Work and Board Meetings. Please do not give acronyms. Please list the full title of the committee or board you are a member of.

2. Class titles

If listing a class taken under the category of University Courses it does not suffice to just list the title for example as SW 220. It is requested that the course title also be listed. For example if SW 220 is a class in Ethics then please list not only the class number but the complete title of the course. This applies to any classes being reported whether they are from the Faculty of Social Work, University of Regina or from some other university. It is not enough to list that you are enrolled in a Master's program from the University of Athabasca. It is required that you give a description of the Master's program and the names of the classes you are reporting for continuing education credit.

3. Full titles of literature read

Under the heading of Self Directed Learning it was sometimes reported that books and journal articles were read and internet searches were conducted. To not report the title of the book, name of the journal and journal articles or what topic was being searched on the internet means the office has no idea what was being looked at. It is required that the titles of books and journals and journal articles read are reported. The same applies with internet searches. Please list the topics you were searching for.

For this renewal period, letters were sent advising members who failed to give an adequate description of their continuing education activities. No renewals were returned unless there was an inadequate of information to allow assessment of the continuing education activities being reported.

In 2006, renewals will be returned to individual members if there is not adequate documentation of continuing education credits. It will be requested that these members please supply the required documentation before they can be approved.

Submitted by

J. Rawdon Bieber, BSW, RSW (Sask.)



Important Information on Third-Party Coverage of Social Workers in Group Benefits Plans

Here is a survey of insurance carriers regarding coverage of services provided by social workers under the paramedical benefit of group health plans. This information relates to group/employee benefits plans, not individual policies which generally are restricted to prescription plans and hospital stays.

The information below was compiled by a leading consulting firm in Canada. The information was accurate as of November 2004.

*SunLife will be adding standard coverage at no extra cost to employers in all existing and new plans beginning in 2005.

It is important for social workers to educate their clients about asking their employers to cover services provided by social workers in their group benefits plans. Leaflets to assist you in this education are still available through the SASW office.

INSURANCE CARRIER	COVERAGE PROVIDED	REASONS
Co-operators	Not standard coverage Can be added for a price	Not a lot of requests
Desjardins Financial	New plans only	Older plans do not include coverage as there was no demand
Empire Life	Covers RSWs	
Equitable Life	Covers RSWs or MSWs	
Great West Life	Standard coverage	
Greenshield	Not standard coverage Can be added for a price	Not a lot of requests
Manulife	Not standard coverage Can be added for a price	
* Maritime Life	* Not standard coverage	
* Liberty Health	* Standard coverage	
National Life	Not standard coverage Can be added to plans for 100+ employees if requested	
Standard Life	Not standard coverage Can be added for a price	
SunLife*	Standard coverage	



SASW
Toll Free Number
 (outside Regina)
1-877-517-7279

HealthLine, Saskatchewan
New province wide
24-hour telephone advice
service under the management of
Regina Qu'Appelle Health Region.
1-877-800-0002

CASW Board Member Report

In November, 2004, I attended the CASW Board meeting in Ottawa and the following are some of the highlights:

- CASW is trying to work something out with Quebec without compromising our principles.
- The new Code of Ethics is expected to be out in Social Work Week, depending on whether the French translation can be done by then.
- CASW, as one way to promote the profession is developing a series of activities to encourage advocacy activities by social workers. They also want to create media attention to the social work perspective on current social issues and social policy development. In order to assist with this, CASW is developing a roster of experts to provide advice as requested. They would like suggestions for this from all provinces. Another way they are hoping to promote the profession is through co-operation with NASW. They also hope to recruit an analyst/lobbyist to enhance the capacity of CASW to respond to social policy issues.
- The Interest Groups are either very active or becoming active. The Child Welfare Project is ongoing and children's issues interest groups are being formed. The health interest group is becoming more active and the aboriginal workers interest group is going ahead.
- A new paper has been issued by CASW which has researched the impact of working conditions on practice. This report can be accessed on the CASW web-site. To quote from this paper, "Current working conditions as described by social workers nationally and internationally include high caseloads, inadequate financial resources, increasing complexity of the needs of clients, increasing use of contract positions, lack of discipline specific supervision and lack of opportunity for advancement—social workers are experiencing job dissatisfaction, burnout, vicarious traumatization and have difficulty maintaining a work-family life balance. Related symptoms include physical and mental exhaustion,

sleep disturbance, irritability, anxiety, difficulty concentrating and dehumanization of clients—there is evidence that supports that mediating factors such as individual personality, opportunities to practice autonomously and taking pride in success, act as buffers to the potential negative impacts of working conditions."

How are we doing here in Saskatchewan? Should we be talking about this issue at our local branches or at our provincial conference?

Submitted by
Marlene Chatterton, MSW, RSW (Sask.)
CASW representative

Brief Solution-Focused Counselling

2005 Earn Continuing Education Hours! 2005

LEVEL 1: SOLUTION-FOCUSED SKILLS™

Calgary	Jan. 17 - 18
Edmonton	Jan. 24 - 25
Victoria	Apr. 25 - 26

LEVEL 2: HOW TO DEAL WITH TOUGH PROBLEMS™

Calgary	Jan. 19 - 20
Edmonton	Jan. 26 - 27
Victoria	Apr. 27 - 28

NEW! CREATIVE APPROACHES FOR HELPING CHILDREN AND YOUTH

Calgary	Jan. 21
Edmonton	Jan. 28

SUMMER INTENSIVE (Levels 1 & 2) Calgary July 5 - 8, 2005

Nancy McConkey, M.S.W., is a family therapist and professional speaker. Order her new book **"Solving School Problems. Solution-Focused Strategies for Principals, Teachers and Counsellors."**



CALL ABOUT ON-SITE TRAINING 1-866-30-4TALK (8255)
www.solutiontalk.ab.ca

Saskatchewan Contributions Wanted for Canadian Social Work Journal

I am pleased to be contacting SASW members as your representative on the Canadian Association of Social Workers Editorial Board from Manitoba. You are no doubt aware that CASW produces a journal *Canadian Social Work* annually, and sometimes additionally publishes a special edition of the journal. The 2004 journal, Volume 6, Number 1 (Autumn 2004) has been put on the CASW website.

SASW members can access this journal by going to the website (www.casw-acts.ca), clicking subscribers site (green box, bottom left), then clicking on Canadian Social Work Volume 6 (1) Autumn, 2004. This brings up a dialog box in which you are to enter User Name (Saskatchewan) and Password (Bagpipes). As of April 1, 2005, the password will change to Zebra. Hopefully you will find the content of the journal a good resource in your work and in generally increasing your knowledge.

There have not been a great many articles submitted from Saskatchewan in recent years, and that seems regrettable, given the remarkable scope and standard of work that is accomplished by social workers in your province each year. I would encourage you, or you and some colleagues, to consider developing a submission for *Canadian Social Work*. The publication policy is available at the beginning of the journal on-line.

I would like to take this opportunity to thank you for the important work that you do daily and to encourage you to publish some element of it in *Canadian Social Work*.

*Submitted by
Heather Kirkham*

BELL, TEMPLE

Barristers & Solicitors

IMPORTANT NOTICE

AON



ING  HALIFAX

Legal Advice for Members of the Canadian Association of Social Workers

To reduce the risk of civil claims or disciplinary complaints against social workers, **Aon Reed Stenhouse Inc.**, in co-operation with the **Canadian Association of Social Workers** and your insurer, **Halifax Insurance**, have arranged for pro bono summary legal advice service to be provided by **Bell, Temple, Barristers & Solicitors**. Bell, Temple, in consultation with Halifax Insurance, will arrange for the appropriate referral to legal counsel in provinces other than Ontario.

Bell, Temple will provide confidential advice by telephone to all social workers participating in the **Professional Liability Insurance Program** administered by **Aon Reed Stenhouse Inc.** and co-sponsored by the **Canadian Association of Social Workers**. **Bell, Temple** will provide advice on questions regarding potential civil claims or disciplinary complaints including:

- ◇ Confidentiality – client files/records ◇
 - ◇ Release of information ◇
 - ◇ Response to a subpoena ◇
 - ◇ Conflict of interest ◇
 - ◇ Custody and access ◇
- ◇ Sexual involvement with a client ◇
 - ◇ Incompetence ◇
- ◇ Other professional misconduct issues ◇

ABOUT BELL, TEMPLE

Bell, Temple is a litigation law firm that has been involved in malpractice liability and health discipline matters for many years on behalf of many professional groups. Cameron C.R. Godden and Lisa E. Hamilton lead Bell, Temple's Health Discipline Group. They are well versed in the regulations, standards of practice and the ethical obligations of social workers. They have represented regulated professionals at every stage of discipline and civil matters, including assistance in the preparation of responses to complaints from the various Colleges, representation before discipline tribunals and the Health Professions Board, and related appeals. They are both available by telephone to provide free, confidential legal advice to avoid or reduce the probability of a claim or complaint.

Each telephone consultation is limited to 30 minutes per inquiry. The lawyer may consider it appropriate to review the issues and jurisprudence, and then call you back. The advice given will rely upon the accuracy and completeness of the information you provide.

Please be prepared with the following information:

- ◇ Your name, telephone number(s) and address ◇
- ◇ Your policy and certificate numbers ◇
- ◇ A concise summary of all relevant facts ◇
- ◇ Your specific question or concern ◇

Bell, Temple Barristers & Solicitors

393 University Avenue, Suite 1500, Toronto, Ontario, Canada M5G 1E6

Toll Free 1-888-263-8600 Local (416) 581-8200

Cameron C.R. Godden – extension 8201 Lisa E. Hamilton – extension 8207

In the event of a formal claim or complaint, notify Aon Reed Stenhouse Inc.



Terri Woods Gets Family Service Canada Leadership Award

Terri Woods of Family Service Saskatoon recently received a prestigious award in recognition of a life dedicated to people and families in the Saskatoon area. She was awarded the Family Service Canada Leadership Award at the annual conference of family counselling agencies from across Canada held in Sydney, N.S. in October.

Family Service Canada's awards acknowledge and recognize the valuable contributions and achievements of excellence individuals and organizations have made to the well-being of families. Three Leadership Awards are presented each year to one individual, one family-serving agency, and one corporation or government.

Terri is presently on a year's sabbatical leave after receiving a Muttart Foundation Fellowship and is doing community research. We congratulate Terri on her successes.



SASW AGM & Conference

Evergreen Centre, Nipawin, SK

April 27-29, 2004

Social Work: No Easy Answers — Creative Wellness

KEYNOTE SPEAKERS:

"No Easy Answers: Ethics, Compassion & Contemporary Social Work"

Beverley J. Antle, PhD., RSW

- Toronto, ON

AND

"Wellness Solutions Within Social Work Practice"

Linda Monk, MSW, RSW

- Salt Spring Island, BC

Co-hosted by: SASW Prince Albert & Northeast Branches

The workshops for this conference were chosen based on membership feedback to the Education Committee Survey and suggestions from past conferences.

Saskatoon Branch Report

Members of the branch are finally recovering from the work that went into organizing the National Conference. It was a great opportunity to get to know each other better in the process of doing the work. The summer ended with our first annual golf tournament. It was a fun event that filled up quickly. We look forward to next year's tournament and are hoping to share the planning for it with the provincial organization. This fall the branch hosted Joe Schaeffer's workshop, Community and Communication in a Diverse Society, in November. We had a real fun Christmas luncheon in December. As always prizes were part of the package. We were delighted that Tom Seeley and Richard Hazel were able to attend and bring greetings.

The Mentorship program has continued to be very successful in matching students with experienced social workers. The program got underway this fall with a luncheon at the First Nations University, where students were invited to meet social workers from a wide variety of settings. We are thankful for the number of social workers who have volunteered to participate in this project but are always eager to have more volunteers. It is certainly fun to get to know the students and to support their learning process. We are impressed with the energy of students at the Faculty of Social Work who have initiated a new project called the "Student Wellness Initiative toward a Community Health agenda" (SWITCH). Social work students, along with other health care students opened a primary health

clinic on the west side of Saskatoon in the fall of 2004. SASW members are actively working with the student group in planning for this project.

Plans are underway for Social Work Week. Look for information in the near future about a workshop that we are planning for Wednesday, March 9 at the Bessborough, following the national theme of "Fairness and Wellbeing." We are planning to offer workshops on self-care and on mediation/conflict resolution. We are also looking forward to learning about a research project focused on a women's group program. Registration forms with all the details will be available shortly.

Other educational events that we are hoping to offer in the winter and spring include a session about Primary Health Care and a session to provide information about the "Adult Guardianship and Co-decision-Making Act" as it relates to capacity assessments.

We are very proud of one of our local executive members, Tracy Muggli, who has been selected to receive the CASW Distinguished Service Award for the Province of Saskatchewan at the SASW AGM in April. Tracy is currently active with the provincial executive and is the past president of our local branch. She provides much of the energy behind our local activities.

If you are not on our local email newsletter list, please contact Terri Mooney at 655-8997.

*Submitted by
Ruth Mireau, MSW, RSW (Sask.)*

SASW Student Scholarship Available

The SASW Student Scholarship is an award from SASW presented to a social work student, enrolled in the Faculty of Social Work, University of Regina, or the First Nations University, or taking classes at any one of the education centres in the province, or in a social work program outside of Saskatchewan which is recognized by the University of Regina, Faculty of Social Work.

Purpose of the Award

The SASW Scholarship Award is made in recognition of a student's contribution to his/her community. The community service is to be given of one's self, beyond the immediate requirements of education/employment. Activities related to the professional association, group and volunteer work are the main criteria upon which the selection is made.

The Award

The awarding of the scholarship monies is in accordance with the policy of Canada Customs & Revenue Agency and will vary from year to year, depending on the amount in the scholarship fund.

Eligibility

- The eligible student must be enrolled in the Social Work Program at the University of Regina/First Nations University or must be a Saskatchewan resident attending an accredited social work program outside of Saskatchewan.
- The award will be made to a student admitted to the Faculty of Social Work, pursuing a Certificate, Bachelor's or Master's Degree. Proof of admission to

continued on page 11

SASW Student Scholarship Available, continued

the program is required before the scholarship is given.

- Involvement in community service is required.
- The Scholarship Task Team may consider financial need as an additional criterium.

Guidelines

- Description of community service to be included with the application. Community service is to have happened within a preceding five-year period. Information on the service must include factual information regarding:
 - a) the place and activity of the community service
 - b) objectives

- c) process and effect of the work
- d) interests & motivation for doing the community service
- e) reference from individual who knows of your involvement

- Community involvement must be based outside normal requirements of employment or educational activity.
- Providing a curriculum vitae/resume with application.
- Written statement as to financial need (optional).
- Verification of enrolment from academic institution.

*Sandy Vaughan Hastie,
Scholarship Task Team*



Application for SASW Student Scholarship

Name of Applicant: _____

Address: _____

Phone Number: _____

Documents to be included with application are as follows:

- Verification of Enrollment
- confirmation that indicates applicant is enrolled in social work program through the University of Regina or accredited social work program outside Saskatchewan
- Description of Community Service
Description must include:
 - a) the place and activity of the community service
 - b) objectives
 - c) process and effect of the work
 - d) interests and motivation for doing the community service
- Reference Letter
- letter should be from individual who knows of applicant's involvement in community service
- Curriculum Vitae/Resume
- Written statement as to financial need (optional)

Signature of Applicant: _____ Date: _____

Deadline for applications is March 15, 2005.

**Award will be presented at the SASW Annual General Meeting to be held
April 27, 2005 in Nipawin, Saskatchewan.**

Committee/Branch/Task Team Section



SASW

Distinguished Service Award

Eligibility Criteria:

1. Outstanding contribution in any area of social work practice.
2. A high degree of professional commitment and contribution to the furthering of the work of SASW in the Province.
3. Current/valid registration with SASW.

Procedure for Nomination:

Names must be submitted for nomination and must have written support of at least three (3) registered members of SASW. A brief biographical sketch must be included.

Selection Process:

Selection will be made by a majority vote of SASW Selection Committee prior to the Annual Meeting.

NOMINATIONS MUST BE RECEIVED NO LATER THAN MARCH 15, 2005.

Please mail or fax nominations to:



SASW Selection Committee
2110 Lorne Street
Regina, SK S4P 2M5
(306) 545-1895 (fax)

Name of Nominee: _____

Address: _____

City: _____ Postal Code: _____

Phone: (H) _____ (W) _____

Nomination Supported by:

Name: _____

Name: _____

Name: _____

Volunteer Development Committee

At the November 19, 2004 meeting of the SASW Advisory Board, approval was granted for the slate of nominees put forward for the newly created Volunteer Development Committee. Members of the Committee are: Lucie Dmyterko, Nipawin; Rick Kuckartz, Saskatoon; Krista Olson, Swift Current; and Barb Church-Staudt (interim chair), Regina. The Committee's Council liaison is Deb Buettner, Past-President.

The purpose of this Committee is to:

1. Review the offers of service by members on their annual renewal forms;
2. Respond to members who have made an offer for service;
3. Develop a meaningful program of volunteer recognition;
4. Provide support and advice to local branches regarding volunteer recruitment, retention and recognition;
5. Present names to Council of those members who wish to stand for election.

Over the next few months we will be reviewing the volunteer recruitment process in the SASW and making recommendations. As part of our task we will:

1. Review the 2005 renewal forms for those who volunteered for committee work (the new list will be

available for our review in March 2005), as well as requesting those who are interested to identify themselves with the SASW office (see below);

2. Introduce ourselves to existing committee chairs and other executive members;
3. Introduce a process for the identification of vacancies on the Executive Council and SASW committees;
4. Provide a slate of candidates prior to the Annual General Meeting on April 27, 2005.

In order to assist us with this first stage of our planning, we ask that those members who are interested in active participation with SASW, such as the elected positions on council, committee membership, or local branch involvement, to please contact the SASW office to leave their name. We recognize that some members have submitted their names in the past and never heard back from SASW. It is our hope that our committee will develop an effective way to respond to individuals with information regarding the expressed area of interest. We appreciate your patience with us as we become organized and familiar with the challenging tasks of this new committee.

*Submitted by
Barb Church Staudt, MSW, RSW (Sask.)*

SASW Practice Ethics Committee

The purpose of this committee is to provide timely consultation to SASW members on ethical issues.

Current membership: Victoria Walton (chair), Della Yaroshko, Norlane Jensen, John Nicholson, David Macknak, Joanne Schenn, Paul Benson, Evelyn Weeks, Michelle Sims and Belma Podrug (student).

Process: Request for consultation should be made to the SASW Provincial Office by letter, e-mail, telephone or fax. It should be concise and contain a clear expression of the ethical issue being posed to the committee. Sufficient detail should be provided to ensure the committee can make an informed response.

The member can ask that his or her identity be kept confidential by the chair, SASW office or the executive director, but the committee requires that someone be able to contact the caller for clarification if required and to provide a written response to the enquiry. Members can also ask that specific committee member(s) receive no details of the enquiry and not be involved in the consultation. Anyone desiring one of these options should state it in their initial contact with the office.

The chair will receive the request from the SASW office. Any committee member may be assigned the task of researching the concern, organizing a discussion with the rest of the committee—usually by e-mail—and fram-

ing the response. The response is usually made in writing, sometimes by phone or both within a few days of receiving the question. The committee reviews responses at their monthly meeting to ensure consistency and improve the quality of future responses to similar inquiries.

Responses will be governed by the CASW Code of Ethics, and SASW Standards of Ethical Practice for Professional Social Workers in Saskatchewan.

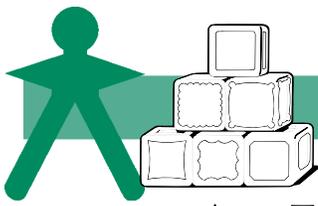
The committee aims at providing members with a studied, yet timely response, containing alternate ways of viewing and acting on ethical issues. The committee does not offer "the answers."

Requests for consultation may be made through the SASW office by mail at:

2110 Lorne Street, Regina, SK, S4P 2M5;
by phone to 545-1922; by fax 545-1895; or
by e-mail to sasw@accesscomm.ca

Copies of the responses are retained by the committee and submitted to the SASW office annually. The committee and the Provincial Office protects the confidentiality of all correspondence and documentation regarding the inquiry. The committee is responsible to the SASW Council. An annual report containing non-identifying information is presented at the SASW Annual General Meeting.

Committee/Branch/Task Team Section



The Family Tree Section

An Interview with Geoffrey Pawson

Q. Describe your background as a child. How your childhood affected your life?

A. I was born in Calgary Alberta to a caring family, composed of two parents and three boys, of which I was the middle child. Both parents were English immigrants, who came to Canada in 1927, where they met and married in 1929, just prior to the Great Depression.

My father was trained as a machinist in England, and upon immigrating procured a position at the Imperial Oil refinery as a labourer, where he worked for 42 years, ending up as Assistant Manager of the refinery. My mother had a grade eight education, but was never without a book to read, mostly on philosophy or current works of substance. Although poorly educated, as many girls were at that time, her powerful intellect was always searching for new ideas and concepts to explore.

Childhood for me is filled with fond memories related to warm family gatherings, singing around the piano played by my father, walking miles to fish the trout streams of Alberta, and listening to my mother read stories of high adventure to her sons. These years were built on relationships, clearly defined responsibilities, and freedom to pursue personal interests, no matter how challenging. These values have followed me all my life, and were integral to my later work at the Ranch Ehrlo Society with both staff and youth..

Q. Talk about your family life. How were you able to integrate family responsibilities and work?

A. Prior to leaving Calgary in 1962 to attend the University of British Columbia, I got married to my wife Barbara. Forty-two years later, we look back on this time with fond memories.

Our first child, Jane, was born in Vancouver, followed by Gordon and Kate, born in Regina. Our fourth child, David, was adopted at age 3, when our youngest was 2 years of age. Jane owns a high-end restaurant (her dream); Gordon owns his own construction company (his dream); Kate has a master of social work degree from the University of Calgary and works at the Ranch (her/our dream); and David is living on a reserve in northern Saskatchewan with his natural father. We have five granddaughters who are a constant joy.

My family has always attended programs at the Ranch, including dances, camping, and special events.



Given the hectic and time-consuming aspects of children's services, involving my children in the life of the Ranch was a way of meeting the needs of my family and simultaneously fulfilling responsibilities to the agency. It proved to be a workable system and my children have many positive memories about their adventures with the Ranch Ehrlo Society.

Q. Why did you choose social work as a career?

A. I had no thoughts about becoming a social worker when I entered the University of Alberta in 1956 to study chemistry. My interests were directed toward a career with the Imperial Oil Company. I had won their scholarship upon graduation from high school, and they were actively courting future university graduates with promises of high salaries and worldwide locations.

During my second year of university, I took a

continued on page 15

An Interview with Geoffrey Pawson, continued

Psychology 100 course and found it fascinating. In my third and fourth year, nearly all my courses consisted of either biochemistry or psychology, which meant I needed to make a decision. I initially opted for chemistry, taking a year off my studies to assume employment as the Chief Chemist at a small local laboratory. During that year, I met a former classmate who had taken a job as a probation officer and he explained his job, which sounded fascinating. I later read an advertisement for a probation officer at the Lethbridge office. I applied and got the job.

Always in a hurry, I applied for educational funding from the Alberta government to study social work at the University of British Columbia after one year of employment, but I was not eligible due to insufficient time on the job. In researching this area, I had become aware that the Department of Social Welfare in Saskatchewan had a bursary program. I applied and was granted an interview, which proved successful. In 1964, I obtained a MSW degree and had to work for the Department for 3 years. This 3-year contract was reduced to 2 years, following a ministerial dispensation, based on the development of the Ranch in 1966.

In 1974, I was granted educational leave by the Ranch to attend the University of Southern California, Los Angeles. Following completion of my doctoral degree in social work, I realized a heightened commitment not only to the field of social work, but also to building the potential of the agency. After 38 years of service, this commitment continues.

Q. What is your personal approach to social work?

A. Social work to me is a way of life, founded upon humanitarian values, for the purpose of improving the lot of people regardless of race, creed, colour, gender, or sexual orientation. Formal training, experience, and commitment to the client tempers and hones the knowledge base of social work practice. However, it is the skill of practice that creates the impact on clients. I believe in the old cliché that social work skills are based on 50% knowledge and 50% intuition, tempered by the values and purposes of the profession. Without the ability to sense the problem areas of a person's life and the innate skill to devise means to gently probe these problem areas, the impact of the best-trained practitioners is limited.

From a personal perspective, I am committed to a psychosocial approach to social work practice, which is founded on relationships, recognizes the importance of cultural background of clients, uses rational approaches to problem solving, and is committed to work-

ing through problems free of coercion, power struggles and punitive interventions. I believe that structure and order are requirements of good parenting and positive living. But the structures must be flexible to respond to the creativity of clients and their personal coping mechanisms and cultural beliefs. Above all, I believe that everyone can grow and flourish, to varying degrees depending upon their ability, if they are provided skills that enhance opportunity for improved personal functioning, employment and/or family life.

Q. What should new social workers know about being a social worker?

A. It is my belief that a strong philosophical belief system, incorporating the basic tenets of the social work profession, is a powerful tool that can guide social workers and provide direction for agencies. Membership in social work associations is a major aspect of participating with others of similar backgrounds and beliefs, and learning the regulatory aspects that guide our work as a profession.

The Ranch Ehrlo Society was founded on a philosophy that has grown and expanded as the agency has grown and expanded. This basic philosophy has guided our non-punitive interactions with youth; it has provided direction for our human resources program; it has been fundamental to new program development; and it has sustained the agency during periods of stress. It is my position that as the values of social work are inculcated through field experience, and when these values are coupled with current knowledge, the opportunity to transfer knowledge is increased, whether the venue be business or social. Social work is a way of life, committed to continuous learning, advocacy, and commitment to the client.

Q. What have been some of your more difficult days as a social worker?

A. When I returned from the University of Southern California after two years, the Ranch immediately became embroiled in an abuse investigation involving the handling of youth in northern camps. These camps had been created for young men who were under 16 years of age and in danger of being transferred to adult court. Following one year of allegations and media coverage, the government requested Justice J. H. Mahar of the Queens Bench Court to conduct a formal inquiry. The Ranch was exonerated of all wrong-doing. This period was one of the most difficult in my career. I believe it was the agency's philosophy, and the belief

continued on page 16

An Interview with Geoffrey Pawson, continued

that we could provide quality, cutting-edge services to youth that kept us afloat. It took ten years to recover from the inquiry, and the value of perseverance was added to our list of top values toward which the agency aspired. It worked; we survived.

Q. How do you relax?

A. I enjoy music, reading, and family life.

Q. What makes you laugh?

A. Nonsensical situations, which are supported by profound statements by supposedly knowledgeable people that confound matters and make them incomprehensible to anyone except the satirists.

Q. What makes you sad?

A. Stories of life about people becoming overwhelmed and making dreadful decisions that result in violence, unnecessary pain, or personal demise.

Q. If you had one wish, what would it be?

A. I would remove greed from the world, which seems

to be the basis of selling drugs, child soldiers, poverty, slavery in undeveloped countries, prostitution—you name it.

Q. What are your retirement plans?

A. I am not ready to leave the Ranch just yet. It is my hope that I can continue for several more years, assuming I have good health and mental competence. At this point, the Ranch continues to thrive as an organization and the quality of our service continues to improve. The agency has several strategic directions that need to be completed. When these are achieved, my watch will be over. After retirement, it is my intention to begin writing about the Ranch and its programs, in combination with periodic overseas assignments with CIDA or other international organizations.



FARM STRESS LINE

1-800-667-4442

www.agr.gov.sk.ca/saf/

DISTANCE LEARNING

MSW Program

Faculty of Social Work

University of Calgary

Email: socialwk@ucalgary.ca

Phone: (403) 220-6945

PROFESSIONAL EDUCATION

PARTNERS IN

As you plan your continuing education for 2005, key in www.profedu.com and consider the internet seminars offered and described on our site.

Each learning and sharing experience is yours, in your own space and on your own time, during a three week period of study.

PIPE (Partners in Professional Education) is a division of Canadian Scholars' Press & Women's Press.

Its professional and dynamic seminars were received with enthusiasm by the Ontario social workers who participated during March, April and May of 2004.

Among the dynamic, practice-oriented & interactive opportunities you may choose:

- **Crisis Intervention**
February 21 - March 13
- **Narrative Therapy**
March 14 - April 3
- **EAP Practice**
April 4 - April 24
- **Legal & Ethical Social Work Practice**
April 25 - May 15

Partners in 
Professional Education

www.profedu.com
Keep your eye on the site!



OASW members receive a 10% discount on PIPE seminars!

The Family Tree Section



Message from Dean of Social Work University of Regina

Greetings from the Faculty of Social Work as we begin the new semester in 2005. We are really looking forward to a great year in the Faculty of Social Work. As it is Saskatchewan's 100th birthday and also the 30th anniversary of the Faculty of Social Work, we plan to celebrate the wonderful social progress that has been achieved in the province through social work practice, research, education and policy development over the years. In my role as a social work Professor and Dean, I am always aware of all the social issues that we must continue to work on in order to make Saskatchewan and Canada beacons of social justice so that all people have equal rights, opportunities and a share of resources. Clearly, we have a long way to go in this province and in Canada as a whole in order to achieve this status. However, while continuing to work to this end, it is also important to reflect on how far we have come in this quest for social justice

and equality. I often suggest to students that they speak to experienced or retired social workers to find out the issues they were working on when they began their careers as social workers. In this way, students will learn of the great advances that have been made during a social work career.

In order to celebrate these accomplishments over the past three decades, and to have a social time as well, the 30th Anniversary Committee (chaired by Mona Acker) is organizing a special weekend in September to honour the people who were instrumental to the formation and growth of the Faculty of Social Work and to celebrate the continuing importance of the Faculty to the people, the profession and the province. We like to think that Saskatchewan's reputation as the "caring province" is partly due to the commitment to social justice that the members of SASW exhibit in their work, and we are pleased that our faculty, staff and students have contributed to this commitment in some small way. We invite all of you to participate in this celebration in September in Regina.

We are also looking forward to participating in the SASW 2005 AGM and Conference in Nipawin in April. It will be great to celebrate the excellent work that all of you are doing throughout the province during this conference. We would like to compliment the SASW Prince Albert/Northeast branches for their efforts in organizing this conference.

In closing, I would like to say that it is a pleasure to be working with all of you in the interests of improving and expanding the social work profession in Saskatchewan. We look forward to continuing this work throughout 2005 and we wish all of you great success in your social work efforts this year.

*Dr. Michael MacLean, Dean,
Faculty of Social Work, University of Regina*

**Wherever you go,
Whatever you do,
Say**

"I AM A SOCIAL WORKER"

You would be surprised at how often social workers say they work with alcoholics or they do therapy or counsel troubled children or direct an employee assistance program. There is nothing wrong with these statements, but preface each with "I AM A SOCIAL WORKER" and then add the statement "...who works with troubled youth." What you will be doing is performing an invaluable service to the education of the public which benefits the social work profession and ultimately yourself.

The best way to strengthen the image of the social work profession is for social workers to identify themselves as SOCIAL WORKERS.

Social Workers – Make a Difference

Web site: www.sasw.ca

Faculty of Social Work Celebrates 30th Anniversary

The Faculty of Social Work at the U of R is planning festivities to mark its 30th year since convocation of the first full class of students in 1975. Has it really been that long?

Keep the weekend of September 23 to 25, 2005 open. Join us in honouring our graduates and all past faculty members and deans. Friday evening we will have informal and formal activities starting with a kick off social and light entertainment. Saturday we will commemorate our history and how it is tied to the history of the Province, hearing memories from a number of those grads, faculty members and past deans in a revealing "tell all." We've come a long way in 30 years.

Saturday evening will feature a formal banquet and we will hear from a prominent member of the Saskatchewan progressive community. Can't reveal the name now; you will just have to wait. Sunday morning we will look at the challenges we anticipate for the future. The weekend should shape up to be a mixture of fun, nostalgia and serious contemplation.

The current students are planning a surprise for the weekend that they may or may not tell beforehand.

Further details will be disseminated through the next SASW newsletter, the *Third Degree* (the alumni magazine) and on the forthcoming Faculty web site, so watch for it. For information contact Mona Acker at 585-4520 or mona.acker@uregina.ca.

2004 Masters of Social Work

The following is a list of the 2004 graduates of the Master of Social Work Program, Faculty of Social Work, University of Regina. If you are interested in reviewing their work, copies are available for loan at the University of Regina Library.

Barss, Helen Colleen (Regina): *So, What Works with Couples? Couple Counseling and Other MSW Practicum Experiences*. Practicum.

Cram, Patti (Prince Albert): *Child Protection Work: An Inside Look*. Thesis.

Crawford, Karen (Rosetown): *Groupwork: Integrative Paper Relating to Practicum Experience at Youth Resources Centre*. Practicum.

Eddy Nicole (Regina): *A Study on the Meaning of Self Determination as Expressed by African-Canadian Activists/Advocates in a "Prairie City."* Thesis.

Johnson Hallberg, Lisa (Weyburn): *Not Just Horse'n Around? Evaluating Equine Assisted Psychotherapy as a Therapeutic Intervention in a Mental Health Setting*. Project.

Jones, Donald G. (Regina): *Treatment of Depression: Using Solution Focused Brief Therapy-Integrated Report*. Practicum.

Kane, Colleen G. (Regina) *A Reflective Integrative Paper Incorporating Theory and Practice Counseling Couples*. Practicum.

Kowalehuk, Joanne (Melville): *Housing Needs of Long-Term Consumers of Mental Health Services in Regina*. Thesis.

Lawanga, Christine (Regina): *A Critical Case Study on the Meaning and Role of "Race" in Human Rights Work*. Project.

Martin, Patricia Joan (Yorkton): *Parent Participation: Meeting the Needs of Parents within the Yorkton "First Steps" Aboriginal Head Start Program*. Project.

Nsiah, Joseph K. (Mpassaaso, Ghana): *Poundmakers' Lodge Treatment Center (Edmonton, Alberta): A Wholistic Treatment of Addictions*. Practicum.

Pasqualetto Rowan, Elena (Cold Lake, Alberta): *A Social Work Person and Environment Perspective in Mental Health: Policy, Practice and Ethical Considerations*. Practicum.

Pedscalny, Brenda (Regina). *Perceptions of the Volunteer Sector Under Government Contract Services*. Thesis.

NATIONAL DISTANCE EDUCATION PROGRAM

Maritime School of Social Work
is offering
BSW Distance Education &
MSW Distance Education
for part time students.

For more information contact:

Maritime School of Social Work
Dalhousie University
Halifax, Nova Scotia,
Web site: is.dal.ca/socialwork/distance
Phone: (902) 494-1354



Anger Education and Dating after AA

This edition of the Resource Box will be a bit shorter than usual. I have been much busier than I expected to be this fall. One project I undertook was to prepare an education program in clear and down to earth language. I chose the term “Anger Education” because I have found over the years that when someone hears the word “manage” or “management” they react as if someone else is going to be managing them, rather than understand that we are the only ones who can manage ourselves.

A pilot program was held the past two months in Prince Albert by Centre Therapists, with separate groups for men and women. Feedback from these group members has helped me to make further revisions. One change I made, after consulting with Barbara Johnstone, the holistic worker at Angélique Health Centre in Pelican Narrows, was to change the pronouns in the handouts from “you” to “I” and “us” as much as possible. This focuses on people as a group or individually learning things for themselves, rather than being lectured at, whether in print or conversation, in “you” terms.

The style of communication is important in our therapeutic interventions. We need to often put ourselves in our client’s mindset and their situation. Empathy and understanding, along with respect, are things we all need

to practice with every client, regardless of our institutional or agency authority over parts of their lives.

The topics of the first seven sessions are

- 1) What is anger?
- 2) Images of anger,
- 3) The ABCs of anger and using logs and self-talk to understand and handle it,
- 4) How to take care of ourselves and how to avoid being aggressive or abusive to others,
- 5) Understanding more about how anger works and operates in us,
- 6) Understanding more about myself, and
- 7) Understanding how my anger can become abuse.

Further sections to be developed include communication, dealing with criticism, insecurity and anger, jealousy and anger, DESC scripting and how to re-stage your anger scenes and have a better outcome.

These sessions can be obtained by interested parties by contacting me at petergrif@sasktel.net. Files are in Microsoft Word or jpeg format. People could also negotiate with me about downloading them onto a CD and mailing it.

Easy Does It Dating Guide For People in Recovery by Mary Faulkner, published by Hazelden Press, 2004, \$12.95 US.

continued on page 20

Social Work Related Web Sites

<http://www.nyu.edu/socialwork/wwwrsw/>
<http://casw-acts.ca/framepg1.htm>
<http://gwbweb.wustl.edu/websites.html>
<http://www.socialworker.com/>
<http://www.idrc.ca/socdev/index.html>
<http://www.welfareinfo.org/>
<http://www.corpwatch.org/>
<http://cpmcnet.columbia.edu/dept/nccp/>
<http://www.peace.ca/>
<http://www.sc.edu/swan/index.html>
http://www.gradschools.com/listings/distance/social_work_distance.html
<http://www.fmhi.usf.edu/famu/childwelfare.html>
<http://www.childwelfare.ca/>
<http://www.mentalhealth.com/fr13.html>
<http://mentalhelp.net/>
<http://www.state.sc.us/dmh/clinical/treatment.htm>
<http://www.healingwoman.org/>
<http://www.guerrillamedia.org/home.htm>
<http://online.socialchange.net.au/>
<http://www.griefworksbc.com>

The following Standards of Practice are available from the SASW Office and our Web site:

Standards of Ethical Practice for Professional Social Workers in Saskatchewan, Revised January 2001.

Standards for Social Work in Schools, October 1999.

Standards in Child Protection Services for Registered Social Workers in Saskatchewan, October 1999.

Standards in Health Care for Registered Social Workers in Saskatchewan, March 2001.

Standards for the Private Practice of Social Work, Revised 1999.

Standards in Custody/Access for Registered Social Workers in Saskatchewan, March 2001.

Anger Education and Dating after AA, continued

The most common place for someone recovering from an addiction problem to meet a future partner is likely at an AA or Al-Anon meeting, at a round-up, or by being introduced to them by a friend who is also on a journey of recovery and sobriety. Most often these people have already lost a relationship because of their drinking or their partner's drinking. *Easy Does It* is a practical guide for people on how to stay clean, sober and yet lovable, while avoiding the traps, triggers and traumas of romance and deep emotional feelings while in recovery.

The key word in the book is patience. Yet, this is what people in recovery often fail to use. Once a person has their feet on the ground, they become aware of their emotional needs, and often turn to someone else to meet these needs before they have made a good emotional recovery themselves. The success of these relationships

is not great. The book deals with past hurts, but also has many practical tips on where to go on dates and how to risk sharing feelings. It also challenges many relationship myths. Short anecdotes will likely be familiar to many. Addictions counselors need to have several copies of this book on their desk to loan to clients until the clients can order it. If not in local stores, it is carried by both McNally Robinson and Chapters websites for Canadian \$18.95.

A companion, classic book which would also help individuals in this difficult challenge of finding a new, healthy and compatible partner is Bruce Fisher's book *Re-Building* or his more recent book (2001) *Loving Choices: An Experience in Growing Relationships*.

Submitted by
Peter Griffiths, MSW, RSW (Sask.)

UPCOMING CONFERENCES, WORKSHOPS & EDUCATIONAL EVENTS

Explosive Child Conference

March 4, 2005
Saskatoon, SK

Contact: Linda Meyer, Ranch Ehrlo
Phone (306) 751-2412 or email l.meyer@ehrlo.com

Celebrating Stress: Reclaiming the Gift of Humour

March 11, 2005
Saskatoon, SK

Contact: Dynamic Career and Personal
Development
Phone (306) 955-9566 or email pooler@sasktel.net

Bullying: Beyond Rhetoric Canada's Second Conference on Bullying & Victimization

March 21 to 23, 2005
Ottawa Congress Centre
Ottawa, Canada

Contact Information:
www.bullyingawarenessnetwork.ca
(Click on "Conference")
Phone: (613) 244-3803
Fax: (613) 244-3808

27th National Conference – Alzheimer's Society of Canada

April 7 to 9, 2005
Regina, SK

Contact Information: Alzheimer Society of
Canada
Phone: (416) 488-8772 Ext 229
Email: conference2005@alzheimer.ca

"Political is Personal: Social Workers Unite"

April 21 to 23, 2005
Red Deer, AB

Contact: Alberta College of Social Workers
Phone: (780) 421-1167
Email: acsw@acsw.ab.ca

SASW 2005 AGM & Conference

April 27 to 29, 2005

Evergreen Centre, Nipawin, SK
Co-hosted by:

SASW Prince Albert/Northeast Branch
Contact Information: SASW Office
Phone: (306) 545-1922 or 1-877-517-7279

"Building a Leadership Community" Saskatchewan Institute of Health Leadership Certificate Program 2005

U of R – Centre for Continuing Education
May 16 to 20, 2005 AND November 17 to 18, 2005
Contact Information: SIHL Office (306) 585-5801
Email: SIHL@uregina.ca

2006 National Social Work Conference

June 14 to 20, 2006

Westin Nova Scotian Hotel, Halifax, Nova Scotia
Contact information: Nova Scotia Association of
Social Workers (902) 429-7799
Email: oabe@cayfo.ca

CANADA POST CORPORATION
PUBLICATION AGREEMENT #40007721