The Power of Social Work

Social work is a helping profession dedicated to facilitating the efforts of individuals families & communities to improve their health and well-being.



Utilizing their knowledge of human behaviour and social systems, social workers provide information and counselling to people who are working to realize their potential and enjoy full, active and creative lives. Social Workers work with people in every stage of life, ensuring they get the help they need from the best resources available.

With their knowledge of human development and behaviour, of social, economic and cultural factors, and the interaction between them, social workers help people manage life's most difficult challenges.

To locate a social worker in your health region, please visit the Government of Saskatchewan website which lists all the health regions in Saskatchewan: http://www.health.gov.sk.ca/health-region-list

Saskatchewan Association of Social Workers



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Social Workers - Make a Difference

Assessment. Evaluation. Counselling. Facilitator. Coordi**cato E**yal<mark>vati</mark>on. Counselli**y**i. Facilitator. Mediator. Assessment Evaluation. Counselling. Coordinator (Library: Case Manager, Policy Analysis. Counselling. Advocacy. Caso Manager. Policy Analysis. Assessment. Evaluation. Counselling. Assessment. Evaluation. Case Manago, Policy Analyzio Resource Policy Analysis (estate Locator, Care Coordinator, Evaluation. Counseling. Facilizator. Assessment. Evaluation (Counselling. Mediator. Community Resource Locator. Care Coordinator. Evaluation. Counsellir 🕟 🕟 or. Mediator.Community Case Manager. Policy Developer. Counsellir

www,sasw,ca

Constructive Solutions

By understanding the social determinants of health, social workers effectively work to address practical, emotional and social barriers that prevent individuals from benefiting fully from the skilled care of other health care providers.

Effective Support

Social workers help those receiving health care services and their families to negotiate complex systems, build solid support networks and strengthen their ability to advocate for themselves. They assist people to increase their independence and thus rely less on formal services.

Informed Advocacy

Social workers are accomplished at finding creative solutions within existing policy and practice frameworks.

They are also ambassadors for change, committed to ensuring that individuals and their families have access to the resources they need for optimum health

Social Workers are Essential to the Health Care Team

- They are counsellors, facilitators, care coordinators, patient advocates, program managers, mediators, educators and community development consultants
- They are experts in family dynamics, trained to address complex family issues that may interfere with the client's progress and effective use of health care resources
- They work with individuals and families to address emotional and social issues that affect their well-being
- They support families through the toughest of times, dealing with illness, disability and loss
- They help people navigate service delivery systems and facilitate access to personal and community resources
- They play key roles in conflict resolution and crisis management, including critical incident defusing and debriefing
- They develop client-centred programs
- They understand, explain and advocate for relevant policy and legislation
- They facilitate communication that takes into account cultural, language and literacy issues
- They contribute a people-centred perspective to ethical decision-making
- They take a lead role in facilitating a preventative and interprofessional approach to health

