



President’s Message



Since I last reported, the Association has been busy on a number of fronts, many of which are related to the SASW Strategic Plan 2018-2022.

I made reference in my last communication about the Strategic Plan, and over this past few months Council has been working closely with the Advisory Committee on how we can move this

plan forward. Each one of us has the capacity and as we come together as Council, Branches and Committees that capacity becomes a movement.

Many components of the Strategic Plan are affected by communication. Benchmark Public Relations is assisting us in developing a Communication Strategy and to kick that off representation from Council and Advisory attended a focus group held on September 14, 2018. The outcome will be a Communication Strategy that will guide us to communicate to the public, our members, partners and employers. We recognize that we can do a better job in promoting the value of Social Work and the Association. With media and communication methods changing we will need to take this opportunity to make some changes as well. There will be more information and opportunity for input as the development of the strategy proceeds.

Our mission statement includes advocacy for social justice and well-being for all. A major component of our plan has been set up to outline and clarify what this means for our Association and the “how” and “what” processes that can support this part of our mission. What does the foundation of Social Justice and Advocacy look like for us as an Association? Everyone has a role in our organization to take a stand and raise issues. How can we link in to CASW and the issues they focus

on? How do we push the thinking on various topics? How do we move in a direction where others come to our organization for our perspective? These are just some of the questions we will explore at Council, with the Social Justice Committee and with all Committees and Branches. We ask you to explore these and other questions as you meet in your Branches and Committees. Raising this platform for our Association is the role of each one of us and one we will be taking further action on.

The start of a new Strategic plan is always an exciting time for me—reflecting on what has been achieved, determining where we want to go next and formulating the actions that will move us forward. The activities and events that you plan and attend work toward maintaining our vision and mission and move our plans forward. Volunteerism is alive and well in Saskatchewan and demonstrated in our Association. I would like to thank each of you for all the work you do to keep Social Work at the forefront—a profession we are all proud to shout out that we are Social Workers!

SASW is pleased to announce the appointment of a second Public Representative to our Council. Public Representatives are appointed by the Ministry of Social Services. We welcome Lynda Kushnir Pekrul to Council; Lynda brings experience in various aspects of her profession as a Registered Nurse. She joins Sarah Tekatch who has recently been appointed to a second term on Council.

I was honored to attend the CASW meeting held in Ottawa in June. This was an opportunity to spend time meeting with other jurisdictions across our country who share what they are doing to move the agenda of Social Work, Social Justice and Advocacy. This was a great learning and sharing opportunity for Karen, Ryan and me. Saskatchewan will host the next CASW meeting in June 2019 and will be located in Saskatoon.

The next opportunity to network with counterparts

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SASW COUNCIL

President: Wanda Miller, Weyburn
Past President: Ryan Labatt, Regina
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Anthony Penner, Warman
Melissa Flowers Evans, Saskatoon
Public Representative: Sarah Tekatch, Saskatoon
Lynda Kushnir Pehrul, Regina

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Volunteer Development: Sara Erickson, Lloydminster
Awards Committee: Brenden Wallace, Regina
Children's Issues: Susan Luedtke, Prince Albert
Julie Stocki, Prince Albert
Mentorship Committee: Ruth Ann Thomas, Regina

SASW BRANCH REPRESENTATIVES:

Regina: Inactive
Saskatoon: Tammy MacFarlane/Ryan Bilanski
Prince Albert: Patti Cram/Karla Ethier
Northeast Branch: Tara Nelson
Swift Current: Glenda Carleton
Yellowhead East: Twila Seeley
Southeast: Sheila Szakaacs/Jill Zyla
Humboldt Area: Nicole Kinzel/Erin Plamondon-Braun

SASW PROVINCIAL OFFICE CONTACT:

Executive Director: Karen Wasylenska
Registrar: Fay Schuster
Office Administrator: Debb Fisher
2110 Lorne Street, Regina, SK S4P 2M5
Phone: (306) 545-1922 or
Toll Free: 1-877-517-7279
Fax: (306) 545-1895
E-mail: sasw@accesscomm.ca

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Members of the Editorial Board include:

Karen Wasylenska
Ailsa Watkinson
Michelle Buglas
Lesley Washington
Debb Fisher, Office Administrator

Members of the Editorial Board can be contacted through the SASW Office at sasw@accesscomm.ca. We are interested in readers' stories, thoughts and ideas, letters to the editor, pictures and current events.

The Board reserves the right to reject any article as well as edit submitted material. Publication does not imply endorsement by the Saskatchewan Association of Social Workers. Printed materials represent the views of the contributors and do not necessarily reflect the view/policies of the Association.

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Please submit material to:
Debb Fisher – Saskatchewan Association of Social Workers
2110 Lorne Street, Regina, SK S4P 2M5
Fax: (306) 545-1895
E-mail: sasw@accesscomm.ca
Phone: (306) 545-1922

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• ADVOCATE FOR SOCIAL JUSTICE
• PROMOTE THE PROFESSION
• REGULATE THE PROFESSION
• SUPPORT FOR ETHICAL PRACTISE

Executive Director's Message



Fall is a busy time, filled with excitement to begin anew. At SASW, committees and branches are getting back after a summer break, fall meetings of some of the larger regulatory organizations we belong to are occurring, and the office prepares for annual renewals. At the fall meeting of the Executive Directors/Registrars of

the regulatory bodies in Canada, we all commented that the work doesn't stop over the summer anymore. Although the summer months are generally quieter, this past summer the Registrar approved over 50 new member/reinstatement applications and responded to many inquiries.

Fall is also back to school, an exciting time for students of all ages. SASW has an important and close relationship with the Faculty of Social Work, particularly through our Education Committee. In addition to connecting with social work students directly through Social Work Students Society (SWSS) and speaking to social work classes at both the University of Regina and First Nations University of Canada, SASW is represented on the following:

- Member of the University of Regina Senate
- Member of Undergraduate Studies Committee
- Member of Faculty Council
- Member of Graduate Studies Committee
- Invited to participate in Search Committees for new Faculty members
- Member of Community Advisory Committee

President's Report, continued

in other jurisdictions will be the ASWB Delegates Meeting in November. Karen and I will attend the event which features an Administrator forum, Board Member exchange and leadership learning events for Delegates of ASWB.

I am thankful that you have provided me the opportunity to serve as the President of the Association. It is an honor to get to know you and serve our membership. I welcome any opportunity to meet with you and discuss the challenges and opportunities we face in this great profession of ours. Take Care and Be Safe!

*Submitted by
Wanda Miller, MSW, RSW*

- Represented on the Planning Committee For the CASWE Congress in June, 2018 and a number of social workers were volunteers throughout the Congress
- The Education Committee is a panel member and reviews BSW applications each year.

In addition, we have supported research proposals of the Faculty that will provide benefit to social workers in our province. We are fortunate to have such a close connection to the Faculty of Social Work; not to mention that the Dean, Dr. Judy White, is a Registered Social Worker.

I would like to introduce Whitney Fraser of Saskatoon who is doing her MSW Research Practicum with SASW. This is a new endeavour for us. Whitney's work will take place this fall and winter. The focus of her work is compassion fatigue and burnout. This is an exciting opportunity for us to learn more about the needs of our members in terms of support in social work practice. Fay's article speaks to the work social workers do and the importance of self care. You will be hearing more about Whitney's work as the practicum progresses and we look forward to the learning more about how SASW can support our members.

In August, the Canadian Association of Social Workers released their research paper on child welfare. Earlier this summer, I met with representatives of Child and Family, Ministry of Social Services, to advance discussions regarding registration of child welfare staff. Although we haven't attained agreement to having all child welfare staff registered, or a provision for new hires to be registered social workers, we will work together to promote voluntary registration within the Ministry of Social Services and continue to advocate for registration of all.

The Canadian Association of Social Work (CASW) webinars have been very popular. SASW is pleased to sponsor our second Webinar with the Provincial Association of Transition Houses and Services (PATHS) in November. I know there is lots of expertise out there with our members, please consider volunteering to do a webinar or suggest someone we may contact. Although it might seem like an intimidating process, it is in fact very smooth with CASW staff providing lots of support. And you can do it from the comfort of your home or office!

In September, Advisory Board members were invited to attend a focus group facilitated by Benchmark Communications to develop a Communications Plan. This is very exciting for us, as we consider our com-

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Registrar's Message



Membership Renewal

It is that time that time of year again! All members are encouraged to renew their membership early to avoid any last minute issues. All members are required to renew their membership by December 1, 2018, to avoid any late charges. One of the questions that regularly comes up is "What happens to any Continuing Professional Education (CPE) activities I undertake after renewal? Below is the Q and A taken from the scenario based Q and A we have posted on our web site under the "Membership" tab to provide clarification to members on the CPE policy definitions.

Q21. *SASW encourages members to renew their licence in October. What happens to my CPE undertaken in November and December of that calendar year?*

A21. If you know you have a scheduled training event at the time of renewal you should submit the event. If the event does not take place you will need to notify the Registrar of SASW. This circumstance may occur in situations where the member needs the event to meet the 40 hour requirement. The registrar may request verification of the event.

In cases where you have submitted the required 40 hours CPE at time of renewal any CPE submitted after

renewal will be credited toward the following year. For example, if you renew in October, and then attend a workshop in December, you can go into the online system and enter the Dec workshop. It will automatically be credited to the next year's hours.

CASW provides quality CPE webinars that our members have access to at no cost. Whether you participate in the webinar or view the recording at a later date both qualify for CPE hours.

Below is the Q and A from our website that provides clarification on webinars and viewing a recording of a webinar.

Q1. *How does the Category A "Seminar" activity differ from the Category C activity "Self-Directed Learning"?*

A1. "Seminars" involve some level of interaction with others whereas Self Directed Learning is generally done by oneself. A live webinar where there is opportunity for interaction should be submitted as a Category A. If the webinar is recorded and viewed later as a recording it should be submitted as a Category C "Self-Directed Learning". If a recorded webinar is viewed with others such as a "peer group" with opportunity for group reflection and discussion, it can be submitted as a Category A Seminar.

CASW provided a webinar this past year entitled "How Social Workers Can Prevent Compassion Fatigue" with presenter Charlene Richard. If you were not able to participate in the webinar you can watch the recorded presentation through the CASW website. Well worth the time!

As social workers we are not immune to having our mental health impacted and must ensure we actively engage in self-care. As social workers, we often do our work in silence to better the lives of others with no expectation of recognition. I want to clearly recognize every member for the work that you do every day and your families that support you in being able to do what you do. We cannot underestimate the contribution that families make.

As always, if you have any questions please feel free to call me at 306-545-6878 or send me an e-mail at registrar.sasw@myaccess.ca. As registrar, I am committed to being responsive to our membership!

Submitted by:

Fay Schuster, MSW, RSW

The screenshot shows the SASW website homepage. At the top, there is a navigation bar with the SASW logo and the tagline "STRENGTHENING INDIVIDUALS, FAMILIES AND COMMUNITIES". Below this, there are several sections: "Council, Committee and Branch Information", "Mentorship Program", "Awards, Bursaries & Scholarships", "Member Services", "Student Services", and "Find a Social Worker". There is also a "Members Login Service" button. At the bottom, there are sections for "WHO WE ARE", "NEWSLETTER", and "EMPLOYMENT". The website URL "www.sasw.ca" is displayed at the bottom.

Executive Director's Report, cont.

munication in a broad sense—what do we want to say and to whom? What is our image, what does our website look like? There are many facets to communication. I attended the Council of Licensure, Enforcement & Regulation Conference in September. CLEAR is made up of regulatory bodies of over hundreds of regulated occupations and professions from the United States, United Kingdom, Australia, and Canada. One session I attended was related to communication. We often talk about what we do. Members ask, “What does SASW do for me?” And we list off what we do. One of the speakers at the session suggested that rather than the “what” we need to focus on the “why.” I think that’s an important piece of our message.

Please consider the call out for nominations for Council and for the volunteer development committee. SASW is a member-driven association, which means that by being involved, you can shape the direction and work of SASW. Our membership is increasing (we are close to 1900 members) and we have an ambitious agenda through our Strategic Plan. It is through the work of all our members that we can achieve our goals!

Submitted by:
Karen Wasylenka, MSW, RSW

SASW Has a Facebook Page

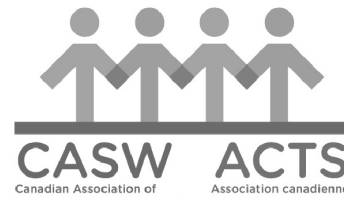
If you have Facebook, visit the [Saskatchewan Association of Social Workers](#) page.

A page was chosen versus a group to be more visible to the public, in accordance to our mandate to promote the profession to our members and the public. This page is managed by two Public Relations Committee members and the Executive Director who post relevant information and articles (following the media guidelines), communicate SASW updates when requested by the SASW Office/Council and police potential spam (controls will be set to minimize this risk).

You can search for “Saskatchewan Association of Social Workers” or enter the following link: <https://www.facebook.com/Saskatchewan-Association-of-Social-Workers-1507915522864962/?fref=ts> to view the page.



SASW
Toll Free Number
(outside Regina)
1-877-517-7279



Call for Nominations for CASW Distinguished Service Award

Eligibility Criteria

1. Outstanding contribution in any area of social work practice.
2. A high degree of professional commitment and contribution to the social work professional provincially and/or nationally.
3. Current/valid registered social worker status with SASW.

Procedure for Nomination:

The name must be submitted for nomination with the written support of **three** registered members of SASW. A brief biographical sketch must be included along with a curriculum vitae.

Selection Process:

Selection of the Distinguished Service Award will be made by a majority vote of the SASW Awards Committee.

Nominations must be sent to:

SASW - Awards Committee
2110 Lorne Street
Regina, SK S4P 2M5
Fax: (306) 545-1895
Email: sasw@accesscomm.ca

Deadline for Nominations:

December 8, 2018

NOTICE TO MEMBERS

- CALL FOR NOMINATIONS TO COUNCIL POSITIONS -

As per Section 25 (2) of *The Social Workers Administrative By-laws*, voting members are hereby given notice of your right to nominate licensed member(s) to fill any Council vacancy for the upcoming year. The positions open for nomination are **two member at large positions** and **one president-elect**.

All nominations must be submitted on the "Call for Nominations Form" which is included within this newsletter. Nomination forms must be faxed/mailed to the SASW Office no later than **March 15, 2019**.

Call for Nominations for SASW Council

Position for Nomination: _____

Name: _____ SASW Registration Number: _____

Address: _____ Credentials: _____

City/Town: _____ Number of years in practice: _____

Area(s) of practice and contribution to the profession: _____

Previous/present involvement with SASW Branch/Committee:

Nature of contribution(s) to be made on SASW Council:

Signature of Nominee: _____

Nominators – Registered Social Workers	Signatures of Nominators
_____	_____
_____	_____
_____	_____

Deadline for submitting nominations: March 15, 2019.

Send completed form to SASW Office – 2110 Lorne Street, Regina, SK, S4P 2M5

Email: sasw@accesscomm.ca Fax: 306-545-1895



Article Section

Dr. Ailsa M. Watkinson: A Passionate Advocate for Change



After many years as a University or Regina professor and researcher, and a very active advocate for social justice, Ailsa is moving on to the next exciting chapter of her life – retirement (Well, sort of!) I asked Ailsa if she'd be willing to share some of her wisdom and experience with the SASW readership, and she graciously agreed.

Ailsa, I know you have been involved in efforts to ensure justice and fair treatment for women in conflict with the law in our country, especially those incarcerated federally. What are some of the positive outcomes of advocacy efforts that you have been involved in? What remains to be done?

A great deal remains to be done. First, women should not be imprisoned. Prison itself is a huge risk factor for them. I am an abolitionist, as is the Canadian Association of Elizabeth Fry Societies (CAEFS). Prisons don't do what they claim to do, they only cause further harm to women and children. Imprisonment is particularly toxic for Indigenous women who are incarcerated at a much higher rate than others. They are the fastest growing prison population making up almost 40% of the federal prison population while they are 5% of the entire population. They are given a higher security classification which in turn limits their access to programs and services. We need to think carefully as to why we need prisons at all. While I was with the CAEFS we launched a human rights complaint into the discrimination surrounding women prisoners. The Canadian Human Rights Commission agreed that the prison system discriminates against women, Indigenous women, and women with mental health issues in a wide range of areas such as security classification, adequate programming, program access, solitary confinement and limited release options.

As far as "good news," we developed, distributed and held seminars in prisons across Canada on the rights of women prisoners. Later our provincial E. Fry did the same for provincially sentenced women. Some women did not even know they were protected by Human Rights laws.

You have also been a passionate advocate of the abolishment of corporal punishment against children and were very involved in bringing this issue to the Supreme Court in 2004. Why do you think Canada continues to allow caregivers to hit their children, when there is resounding evidence of the ill effects?

I wish I knew! I know there is strong pushback from the political right. They see it as interfering with the rights of parents. The push is especially strong from the religious right. Over the years, there have been religious associations who have worked to bring an end to child physical punishment, but the hard liners are well organized. There is also the fear that we will see the criminalizing of parents. That came up over and over again in the Supreme Court case. The case focused on getting rid of s. 43 of the Criminal Code which permits parents to use physical force on children. We argued that it is most unlikely and not in the public interest to imprison parents and that children have the right, under the Charter, to the same right to physical security and protection as adults. We pointed out that other countries have banned the use of physical punishment on children by clearly stating, in their child protection legislation, that children are entitled to the same protection from assault as are adults. Those countries have not seen an increase in the imprisonment of parents. The evidence regarding the harm of corporal punishment has grown exponentially since the 2004 case and I wonder if the outcome of the case would be different today. It continues to shock me that we haven't done away with it yet.

The Truth and Reconciliation Commission recommended, in Call to Action #6, that section 43 be repealed. The Prime Minister said he was going to meet

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Dr. Ailsa M. Watkinson: A Passionate Advocate for Change, continued

all the recommendations but to date has not done so. There is a bill going through Senate to bring an end to section 43 of the Criminal Code. It's in its second reading and has been referred to Committee. We shall see.

What would you say have been the highlights for you as a Social Work educator and academic? Is there anything within Social Work education that you feel needs to change?

I would say it has been working with the students. I really enjoy teaching, not so much the marking! I've tried hard to incorporate human rights literacy in all my classes. It's something that our Code of Ethics requires. I'd like to see it front and center in all social work education. I refer to human rights knowledge as an advocacy tool.

Any words of advice for practicing or soon-to-be practicing social workers in our province?

Do not forget your role as advocates. Know your rights and those of others. I understand that at times it

might be difficult for practicing students to take a public stand, but issues of concern can always be referred to the provincial or local SASW or the Faculty of Social Work.

So what's next for you?

I will still be doing some work, just not getting paid for it! I have MSW students to get through, articles to complete and collaborative research to wrap up. I plan to keep on teaching as a sessional, but not right now. For now, I'm going to just take my own sweet time and see how that feels.

Thank you so much Ailsa for this, and for your many contributions to our field. I wish you the very best in your future endeavors!

Submitted by:

*Lesley Washington, MSW, RSW
(Newsletter Committee)*

Resources for Social Workers

Among recent changes to the SASW Web site is an updated and expanded list of resources with links to relevant web sites. Below is a list of the content areas you can find by going to www.sasw.ca. If you have suggestions for other links that we should add please contact us at sasw@accesscomm.ca.

- Social Work Organizations/Associations
- Social Work Education
- First Nations/Indigenous Resources
- Information on Social/Practice Issues
- Child Welfare/Children's Issues
- Family Violence
- Health/Mental Health Resources
- Poverty Resources
- Workplace Bullying
- Policy Organizations
- Free On-Line Journals
- Practice Guidelines
- Social work and social media
- General Social Work Sites
- Saskatchewan Links
- Employment Opportunities
- Records Storage
- Grant Writing
- Advocacy & Social Action

From CAEFS' Fact Sheet "Human and Fiscal Costs of Prisons"

- In 2006, Aboriginal people were incarcerated at a rate of 1024 per 100,000 prisoners in Canada, almost nine times the incarceration rate of non-Aboriginal people, which was 117 per 100,000 people. The incarceration rate of Aboriginal prisoners and women in prison continues to increase.
- The cost of imprisoning a woman in a federal prison is estimated by Corrections to average \$175,000 per year and can be higher than \$250,000 per year for women kept in the most isolated and segregated conditions of confinement, such as the segregated maximum-security units in the prisons for women.

**For more information on Bill 43, please visit:
www.repeal43.org**

Contributions to the newsletter are always welcome.

Read any good books lately?
Working on an interesting project?
Have an area of interest that you would like to share with other people?

Write to SASW Editor and see your name in print!

**Deadline for the next newsletter is
December 31, 2018.**

Needs Assessment of Supports and Services Available to Master of Social Work Students Attending the University of Regina Research Practicum

The purpose of the research project was to assess the supports and services accessible to Master of Social Work students attending the Saskatoon campus at the University of Regina (U of R). The impetus for the study was to provide data to the Faculty of Social Work (FSW) at the U of R to utilize for the reaccreditation process in 2019. The Canadian Association of Social Work Education (CASWE) requires schools of Social Work to re-apply for reaccreditation at least every eight years. Schools that have on-line or decentralized locations must adhere to the same standards outlined by the CASWE Standards for Accreditation.

A qualitative needs assessment research design was utilized to gather data. Interviews with service providers at the U of R and a focus group with MSW students attending the Saskatoon campus were conducted. Data gathered from interviews and the focus group was analyzed through a content thematic analysis. Once themes were developed from service provider data and MSW student data, these themes were compared. The

comparison allowed the researcher to triangulate the data. Comparing the data between service providers and MSW students also revealed gaps or needs. MSW students provided data about what was desired and service providers provided data about what was accessible. Differences between what was desired and what was available identified gaps or needs in services to MSW students at the Saskatoon campus.

Needs identified through this research were MSW student relationships and information. The relationship need developed from data that indicated a lack of MSW student participation, and data that indicated opportunities for students to develop relationships with peers and faculty was lacking. This was especially significant for MSW students who had finished their course work and were working on their final project (*i.e.*, thesis, research or field practicum). The information need developed from data indicated that students did not have information about supports and services. Despite the best ef-

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Somatic Experiencing® TRAUMA INSTITUTE

Somatic Experiencing Trauma Resolution

Somatic Experiencing® (SE™), developed by Peter A. Levine, PhD, author of the bestseller, "Waking the Tiger: Healing Trauma," is a potent psychobiological approach supported by leading edge neuroscience to resolving the symptoms of trauma and chronic stress. Whether you are a **medical or mental health professional, addictions counsellor, first responder, body worker, educator, alternative medicine practitioner, or other helping professional**, the three-year SE™ Professional Training is a continuing education program that will help you make an even greater difference with your clients who suffer.



Starting in Saskatoon, Saskatchewan - September of 2019

How SE May Benefit Your Practice:

- Learn practical and effective skills that help resolve trauma without re-traumatization.
- Improve clinical outcomes.
- Have an extraordinary life experience.
- Reduce compassion fatigue.

For more information contact: Coordinators Jeannette Kuc or Susan Risula at SESaskatoon@sasktel.net or Somatic Experiencing Trauma Institute at www.traumahealing.org

Home Care Certificate Program

The following article was submitted by Jocelyn Akins, who was selected by the Awards Committee for a CASW/BMS Scholarship award.

First and foremost I wish to express my thanks for the financial support provided allowing me to participate in this program. I am currently a Home Care Case Manager and the information shared as course material was directly related to my everyday practice in this position.

I have a BSW from the University of Calgary and have been thinking about furthering my education for some time but have been uncertain about committing to specific courses, certificates or a masters degree. I have worked with Home Care for the past eight years and feel it is the niche I belong in.

Through an email received from the CASW I learned about this certificate program and was immediately interested. It was completed all online through video presentations, short lectures from presenters, written materials, quizzes and discussion boards. There was an introduction plus six modules each allowing two weeks for completion. I found this very manageable while continuing to work full time and balance everyday life responsibilities. The modules were:

1. Normal Aging and Geriatric Syndromes and Conditions
2. Ethics and Care
3. Geriatric Assessment and Screening Tools

Research Practicum, continued

forts of the faculty and service providers to provide that information to students, a lack of a central location to house information specific to graduate students was also a factor that contributed to the information need. These findings were similar to research conducted during the literature review. Recommendations were made to the Faculty of Social Work to reinstate the MSW student seminars that had been suspended due to lack of student participation. The seminars could provide students with an opportunity to develop relationships with other students and faculty and also provide a conduit for providing MSW students with information about supports and services, including upcoming events and planning informal gatherings. The recommendations extended to making the seminars mandatory for MSW students, which research indicated was important to providing supports necessary for graduate student success.

*Submitted by:
Sherry Tucker*

4. Mental Health and Practice Implications
5. Policy and Macro Perspectives
6. Pharmacology

The program was provided by the Ontario Association of Social Workers but they accepted applicants from across Canada. It was interesting to hear contributions and feedback from the different areas as well as others right here in Saskatchewan. There was an array of Social Work positions represented and it made the discussions very rich and diverse. It was clear there could be significant benefit of course participants taking what was learned and the resources provided and sharing with other team members from the workplace.

It was challenging (and discouraging if I am being honest) when learning of programs, benefits and resources available to clients in other areas of Canada that are just not a reality for those of us in rural Saskatchewan. I see how much our folks struggle and with so little but, at the same time what a great opportunity to learn what works in other areas so I can be a more strategic advocate to promote change and improvement here at home.

The presenters were fantastic at maintaining availability for questions, concerns and feedback and all of the resources used have been provided to us to bolster our own practice moving forward. There were a number of guests providing short lectures and youtube videos, etc., to enhance the learning experience.

Overall I would highly recommend this program to anyone interested in enhancing their professional knowledge. It can apply across the full spectrum of Social Work practice and also promotes collaboration and team work, communication, prevention and innovation to address real world issues our clients are struggling with today, while also looking to the future to prepare for changing demands and resources.

Again I appreciate your support allowing me to complete this program and I can say emphatically that it has reinforced my passion for the Home Care program and it's potential. In this position I/we have the ability to impact the overall health and wellbeing of our population simply from the ripple effects of our day-to-day work. It can be easy to get overwhelmed by challenges and feel isolated and alone but we should be feeling privileged by the potential significance of what we do. I feel bolstered, better equipped and more confident to continue impacting our seniors in a meaningful way following completion of this course. Again, thank you for your support.

*Jocelyn Akins BSW RSW
Home Care Case Manager with
the former Sun Country Health Region*

Perspectives at CASWE Congress

Article submitted by Jody Hanson, who was selected by the Awards Committee for the CASW/BMS Scholarship to attend the CASWE Congress in June, 2018, in Regina.

I listen, captivated, as a woman shares the words of her Muslim children participants describing their experiences of being bullied at school. Several times she stops her presentation to compose herself because, she reminds us, she knows these children, has heard their pain and knows of the ingrained racism and Islamophobia that are at its roots. I can see how this research has been difficult for her, as it so often must be. But as I listen to her words, and through her those of her participants, I realize it is in this difficulty that the importance of doing social work research, and sharing it, lies.

For three days, I criss-crossed a single hallway at the CASWE conference, absorbing sessions on people's experiences of being black social workers and white social workers, on social work's role in medically-assisted dying, on Indigenous food sovereignty, and on social work and the natural environment. My own presentation on that final topic was over early, and for the next two days I soaked up being among social workers, exchanging email addresses, and being reminded of the importance of research in our profession.

I am extremely grateful to the SASW awards committee for having sponsored me with the CASW/BMS scholarship, and I look forward to attending next year's CASWE conference at UBC!



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Fall/Winter 2018-2019



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Many of our Public Workshops are available via live stream, from any location. This fall we will also be offering some of our workshops on-demand, recorded during a previous live-stream workshop.

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Harm Reduction—A Framework for Change, Choice and Control

Saskatoon: November 1

De-escalating Potentially Violent Situations™

Saskatoon: November 14; Regina: November 16

Anxiety—Practical Intervention Strategies

Regina: November 19; Saskatoon: November 21

Depression—Practical Intervention Strategies

Saskatoon: November 22

Fetal Alcohol Spectrum Disorder—Strategies for Supporting

Saskatoon: December 4-5

Trauma—Strategies for Resolving the Impact of Post-Traumatic Stress

Saskatoon: December 13-14

Navigating Difficult Conversations

Regina: January 29; Saskatoon: January 30

Suicide Prevention, Intervention and Postvention Strategies

Saskatoon: February 12-13

Cognitive Behavioural Therapy—Tools for Thinking Differently

Saskatoon: March 5; Regina: March 8

Narrative Therapy—Tools for Exploring Stories

Saskatoon: March 6

Vicarious Trauma—Strategies for Resilience

Regina: March 26; Saskatoon: March 28





Committee & Branch Section

To Social Workers in the North

Hi! As the provincial coordinator, chairperson of the Mentorship committee for SASW, I am writing this open invitation to you. Everyone whose address is “in the North” (or close to) is receiving this letter.

The SASW recognizes that as a provincial body we have several members working in isolation and up to this point have not connected and supported those members to our maximum potential. The Mentorship Committee is hoping to change this. We understand some of working in isolation and would like you to feel less isolated. Please share your voice by responding to this letter. What would you like? What as an association can we do to support you. So far, ideas include

organizing teleconference calls so people can discuss similar challenges and feel less isolated and or formal Mentorship matching.

Please take a few minutes to send an email titled “Mentorship” (reply to this E Mail). Please use scaling 1-10 (0 indicating need support and 10 indicating no needed/feel supported) to help us meet your needs. We would also ask that you please respond with ALL suggestions you might have so we can move forward.

We look forward to hearing from you.

*Ruth Ann Thomas,
Provincial Mentorship Committee*

The above was sent by email to social workers in the north. In response to the email, a number of social workers in the north have expressed interest in support. We are making connections and looking to how we can better support each other. We look forward to hearing from other social workers who are working in isolation and wish to be connected. Email to ed.sasw@accesscomm.ca

We Are Looking for Committee Members!!

The Volunteer Development Committee and the Awards Committee need additional members at this time.

The Volunteer Development Committee plays a key role in ensuring that other committee vacancies are filled and that there are nominations for Council positions. The committee meets approximately four times a year, by teleconference for about an hour, with some additional work by individual members in between.

The Award Committee reviews applications for the Distinguished Service Awards, the annual Student Award, the CASE/BMS scholarship awards, along with the Social Work Week and Social Justice awards. The committee meets by teleconference when needed, usually approximately four or five times a year.

If you are interested in working with any of these committees, please E Mail to sasw@accesscomm.ca indicating your interest. Student members are welcome to join committees!

Working on a committee is a great way to learn more about SASW and the work we do and to become involved with your SASW colleagues.

Call for Proposals!

The Education Committee welcomes proposals from Registered Social Workers who would like to share their knowledge/expertise in a SASW/CASW webinar. Webinars are 1 hour, done from the comfort of your home/office, the technical details are all taken care of, and its a great opportunity to share information and open dialogue across Canada on a topic of interest. And your preparation counts to CPE hours.

Submit an outline of your topic to ed.sasw@accesscomm.ca



Faculty of Social Work, University of Regina Section

Dean's Message



Many of us have been commenting that we don't know where the summer went... so it feels a bit weird to wish everyone a happy fall. Yes, it's still fall... and we have already seen snow!

We survived a wonderful Congress 2018 at the end of June! I was extremely proud of my colleagues, the community of Regina, and those

who came from around the province. Our communities rose to the occasion and hosted a very welcoming conference for the thousands of delegates from various parts of the country. Many conference participants noted that the opening event, a round dance at First Nations University of Canada, had a huge impact on them. Special thanks to Dr. Jason Albert and our colleagues at First Nations University of Canada for making this opening event possible. Our keynote presentations also received extremely positive reviews. Many conference participants were awed by the keynote presentation given by our own colleague Dr. Raven Sinclair. Dr. Sinclair's work included focus on the Sixties Scoop and the long term impact on the mental health and well-being of survivors of this system. Participants also expressed appreciation for our two other keynote speakers: Dr. Renee Brassard from Laval University and Ms. Pamela Pezoa, a Chilean activist. Dr. Brassard discussed the importance of holistic approaches to healing and intervention when responding to the situation of Indigenous men involved in the justice system as a result of violence (domestic violence and violence against women). Ms. Pezoa's personal and professional life has been tied to her advocacy and activism on the rights of the Mapuche peoples, one of the largest indigenous groups in Chile. Her presentation provided an overview of some of the struggles of the Mapuche peoples. Thank you to the many colleagues, students, and friends, especially colleagues from the Saskatchewan Association of Social Workers who responded to our calls for volunteers.

Moving forward from Congress, what's new within the Faculty? We have just added two new colleagues to our Faculty complement. Welcome once again to Dr. Lise Milne who began her tenure track employment on July 1, 2018. We also welcomed Professor Fritz Pino who began his employment with us on October 1. We look forward to a long term relationship with these two colleagues. We have just begun the process of recruiting for another new tenure track position. We hope this position will be filled effective July 1, 2019. This new position is coming at a time when we are working on our accreditation report. Our Accreditation Self-Study report is due in April 2019 and it's a relief that we will be able to report on our successful recruitment endeavours.

We continue to explore different ways of strengthening our programs and enhancing our outreach to communities. We hosted the third summer camp for refugee children and want to thank the many volunteers. Special thanks and credit to Dr. Miguel Sanchez who provides important leadership to ensure the sustainability of this project. Thanks also to colleagues and partners at Regina Open Door Society for their ongoing support of this project.

Finally, we continue to work on building new partnerships, hosting relevant courses, and revising our curriculum in order to respond to the Truth and Reconciliation Commission's Calls to Action. In response, colleagues continue to reflect on pedagogical issues and are committed to transforming their teaching and practice. As well, we continue to participate as a member of the Prairie Child Welfare Consortium (PCWC). Thanks to Dr. Monty Montgomery and Dr. Daniel Kikulwe who have both been actively involved on this committee. I anticipate that the 9th Biennial PCWC gathering in Calgary (October 24-26) will have taken place by the time this newsletter appears.

Once again, happy fall and thank you to all for your ongoing contributions to the Faculty.

*Submitted by:
Judy White, Ph.D., RSW*

Congratulations to the following Registered Social Workers who received their MSW degrees on October 19, 2018

Neeja Boyd, MSW Field Practicum
“A Social Work Practicum with the Regina Public School Division”

Beverley Digout, MSW Thesis
“This Is How I Know: A Qualitative Study of Parents’ Experience and Perception of Intuition”

Curtis Hart, MSW Field Practicum
“Justice across Borders: A Canadian Experience with the Australian Juvenile Justice System”

Jillian Kusisto, MSW Field Practicum
“Counselling at Catholic Family Services”

Jessica Richardson, MSW Thesis
“The Experiences of People with Schizophrenia or Schizoaffective Disorder in Accessing Non-Psychiatric Health Care”

Sarah Sand, MSW Research Practicum
“A Journey towards Indigenous Knowledge in Social Work Practice: A Research Practicum at Sturgeon Lake Health Centre”



SASW Student Award Fund

Climb on Board....
Make a Difference

What does your donation do?

- increases the amount of the award yearly; as the fund increases so does the award
- attracts students to the profession and to SASW while still in school
- an opportunity to pay back for support you received as a student
- official income tax receipts are issued for individual donations

How can donations be made?

- individual donations
- bequests from estates
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- through fund raising events

The SASW Student Award Fund is established through and managed by the South Saskatchewan Community Foundation.

Your donations can be sent to:
South Saskatchewan Community Foundation
3934 Gordon Road
Regina, SK S4S 6Y3

Saskatchewan Association of Social Workers
www.sasw.ca

Navigating an Ethical Minefield? Pondering a “Grey Area”?

The **Practice Ethics Committee** is a confidential support service for SASW members that offers guidance on ethical decision-making. The committee will make every effort to respond in a timely fashion, and will provide alternate ways of viewing and acting on ethical issues.

To contact the Practice Ethics Committee with your questions or dilemmas, please complete the form that has been developed and placed under each member's Profile home page. This form is received in the SASW office and forwarded to the Chair of Practice Ethics.

Update on Authorized Practice Endorsement

Information is now posted within the SASW online system for members considering making application for the Authorized Practice Endorsement. In order to access the information, you will need to:

1. Go to www.sasw.ca
2. Click on Member Services Login (orange button)
3. Enter your username/password which will take you to your member home page where you will see the section “Authorized Practice Endorsement”

If you have any questions, please contact Karen Wasylenska, SASW Executive Director at ed.sasw@accesscomm.ca

Roadmap to Excellence: Navigating Boundaries

Is your branch looking for professional development opportunities?

The **Navigating Boundaries Workshop** (advanced ethics) is an opportunity to talk about boundaries, get some continuing education hours and network with colleagues.

Workshops are approximately ½ day in length but can be tailored to meet your needs (even a lunch and learn session). The workshop is free to members and led by a group of enthusiastic volunteer facilitators.

To request a workshop in your area, please e-mail to ed.sasw@accesscomm.ca.

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UPCOMING CONFERENCES, WORKSHOPS & WEBINARS

Crisis & Trauma Resource Institute (CTRI) Public Workshops

**Harm Reduction—A Framework for Change,
Choice and Control**

Saskatoon: November 1

De-escalating Potentially Violent Situations™
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more information: www.ctrinstitute.com

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**Upcoming events, news and workshops are regularly posted on the SASW website.
Please visit the website for more information.**