



Saskatchewan Social Worker

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Social Workers and the Collaborative Process



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By Mary Neufeld, Q.C.

Through their work, social workers observe first-hand the negative impacts of adversarial court processes to families—whether in child protection, custody, or criminal proceedings. Some social workers have probably experienced stress and anxiety as a result of being called to testify and be cross-examined in court.

Most professionals involved in family law, including judges, lawyers, social workers, and psychologists agree that family law issues are better resolved out of court. Mr. Justice Harvey Brownstone explains in his book *Tug of*

War: A Judge's Verdict on Separation, Custody Battles and the Bitter Realities of Family Court (Toronto: ECW Press, 2009) at p. 12: "...the court system is based on an adversarial process in which "winning" is the object of the exercise. Parents who should be on the same team for their children's sake become hostile adversaries in a courtroom."

Children are very often negatively impacted by parents' inability to cooperate and communicate after separation, which can be aggravated by the adversarial process. Family litigation can cause incredible stress to all of the people involved, including the lawyers

and experts, and can significantly deplete a family's financial resources. The Collaborative Process was born out of this realization in 1990 in the United States. Initially, the Collaborative Process involved only lawyers, but after a number of years, mental health professionals teamed up with lawyers to support families as coaches and child specialists.

The Collaborative Process was introduced in Saskatchewan in 2001. In more recent years, the Collaborative Professionals of Saskatchewan Inc. has adopted an interdisciplinary approach which includes mental health professionals such as social workers

Table of Contents

- 1 COVER STORY**
Social Workers and the Collaborative Process
By Mary Neufeld, Q.C.
- 5 PRESIDENT'S MESSAGE**
An Honor to Serve
By Wanda Miller, MSW, RSW
- 6 EXECUTIVE DIRECTOR'S MESSAGE**
Thoughts About the Theme of Social Work Month
By Karen Wasylenka, MSW, RSW
- 7 FROM THE DESK OF THE REGISTRAR**
Changes to the CPE Policy Definitions
By Fay Schuster
- 10 Accessing Intimacy: The Experience of Younger Long-Term Care Residents**
By Maggie Sawatsky
- 11 Embracing Research in Rural Dementia Care**
By Jennifer Hill, BSW, RSW
- 12 News Briefs**
- 13 SASW Southeast Branch Highlights**
- 13 The Bryan Woods Memorial Scholarship**
By Christina Anderson
- 15 Educational Opportunities**

Saskatchewan Social Worker

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We are interested in readers' stories, thoughts and ideas, letters to the editor, pictures and current events. The Board reserves the right to reject any article as well as edit submitted material. Publication does not imply endorsement by the Saskatchewan Association of Social Workers. Printed materials represent the views of the contributors and do not necessarily reflect the view/policies of the Association.

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Social Workers and the Collaborative Process

continued from page 1

and psychologists. In addition, financial professionals can also be part of the interdisciplinary team as required.

Using interest-based negotiation rather than positional bargaining, collaboratively-trained lawyers, social workers, psychologists, and financial professionals work together to assist clients to find acceptable resolutions to their issues outside of the court process. The Collaborative Process can assist with many different types of legal matters including parenting arrangements and financial issues such as support and property division. In the Collaborative Process, unlike in court, the focus is on the future, rather than on past events including those linked to the relationship breakdown.

Lawyers, other professionals and the clients who choose the Collaborative Process, sign a contract where they all agree to stay out of court. In part, this serves to encourage ongoing alternative dispute resolution. If the matter cannot be resolved, the lawyers and their firms are disqualified from acting for their clients in contested court proceedings. All of the collaborative professionals are also disqualified to act as witnesses in such proceedings, and their opinions or reports provided within the Collaborative Process cannot be used in court, unless the parties and the experts agree otherwise. In the Collaborative Process, the parties themselves make decisions about their lives, their finances and their children, rather than a judge. The Collaborative Process is private, whereas the court process can be much more public, taking place at the courthouse and may include online case reporting of the details of peoples' disputes.

Social workers in Saskatchewan are important to the Collaborative Process for a number of reasons. Social workers, along with other mental health professionals, can be involved in the Collaborative Process as divorce coaches and/or child specialists, once they

obtain the required collaborative training and also appropriate profession-specific education and training.

Within the Collaborative Process, trained social workers (as well as other appropriately trained mental health professionals) can assist parties in managing the typical emotions associated with separation, as well as help family members develop better communication skills. Social workers with appropriate education and training can also act in the role of a child specialist and bring the voice of the children to the Collaborative Process. In this role, social workers can help the parties and their children move forward toward resolving their issues more constructively. Social workers with collaborative interdisciplinary training are needed in Saskatchewan to ensure that these very vital resources are available to separating couples and others who are involved in the Collaborative Process.

Social workers can also serve an important public education role regarding the Collaborative Process. In view of their significant exposure to people

facing various legal challenges, they can ensure people have information about this important alternative to court before people in conflict commence costly and combative court proceedings.

New legislation will be in force shortly that will make alternate dispute resolution processes mandatory for people involved in family law issues. People will be required to attempt an alternate dispute resolution processes, such as the collaborative process or mediation, prior to proceeding with their matter in court. This new Saskatchewan legislation recognizes that people need to deal with their separation or parenting issues in a less expensive and less adversarial manner.

While the details concerning training requirements are currently being reviewed, it is anticipated that registered social workers will require basic interdisciplinary collaborative training, additional client-centered, facilitative conflict resolution of the kind taught in mediation training (interest-based negotiation), as well as annual professional development training applicable to the

Social Work Week 2020

This year, social work week will be celebrated in Saskatchewan March 16-22. This year's theme is **"United by Diversity. Strengthened by Inclusion."**

If you are planning an event and would like some promotional items, please contact the SASW office prior to February 14, 2020. And please send pictures of your events to the SASW office!!

A huge thank you to all those who volunteered to be part of the Value of Social Work campaign for 2020. We weren't able to include everyone in the media profiles, but there may be future opportunities to share your passion!

Social Workers and the Collaborative Process

continued from page 3

Collaborative Process. It is anticipated that the requirements pertaining to social workers (and other mental health professionals) will include education and experience relevant to working with families involved in separation such as having knowledge of family systems theory, assessment of individual and family strengths, and the challenges of restructuring families after separation. Child specialists will be required to have expertise in child development and clinical experience working with children, along with an in-depth understanding of the unique issues facing children whose parents are separating. To find out more about the interdisciplinary Collaborative Process, please visit the Collaborative Professionals of Saskatchewan Inc. website (www.collabsask.com).

In addition to being available in Saskatchewan, the Collaborative Process is practiced in 23 countries worldwide. The International Academy of Collaborative Professionals (IACP) is an international community of legal, mental health and financial professionals working together to create a client-centered process for resolving conflict out of Court. The organization has an annual forum where hundreds of lawyers, social workers, psychologists and financial professionals from all over the world gather to exchange ideas and receive training, support and inspiration regarding the Collaborative Process. Visit the IACP website at the following link for further information (www.collaborativepractice.com).

About Mary Neufeld, Q.C.

- Practiced family law since 1993 in Regina
- Partner at McKercher LLP
- Collaboratively trained in 2001-2002, with ongoing collaborative training since that time including interdisciplinary training in 2014
- Completed the 40-hour mediation training in May 2018 in Saskatoon
- As of January 2017, has changed her family law practice to the Collaborative Process and out of court practice and does not attend court on contested matters
- Member of the Board of Directors for the Collaborative Professionals of Saskatchewan Inc. since 2011, with one 2 year term as President
- Attended IACP Forums in 2015, 2017 and 2019

Call for Nominations SASW Distinguished Service Award

The SASW Distinguished Service Award is presented to a member with a history of dedication to the profession and who has demonstrated a long-standing commitment to excellence in social work practice.

ELIGIBILITY CRITERIA

1. Outstanding contribution in any area of social work practice.
2. A high degree of professional commitment & contribution to the furthering of the work of SASW in the province.
3. Current /valid registration with SASW.

PROCEDURE FOR NOMINATION:

- The name must be submitted for nomination having the written support of **three** registered members of SASW.
- A brief biography about the nominee and a resume/CV must be submitted with the nomination.

SELECTION PROCESS:

Selection of the Distinguished Service Award will be made by a majority vote of the SASW Awards Committee. The plaque will be presented at the SASW Annual General Meeting or other appropriate event to recognize the recipient.

Nominations must be sent to:

SASW Awards Committee
2110 Lorne Street
Regina, SK S4P 2M5
Email: sasw@accesscomm.ca
Fax: (306) 545-1895

DEADLINE FOR NOMINATIONS: MARCH 15, 2020



PRESIDENT'S MESSAGE

An Honor to Serve

By Wanda Miller, MSW, RSW

As my role as President of the Association comes to an end, I reflect on my experience and learnings not only in this role but also with all my time with the Association. I started out with committee work, then in 2016 joined Council as Member at Large and from there the President Elect and President. As the AGM draws near I will be acting as Past President and look forward to what challenges and opportunities come with that role. These experiences have added another layer of knowledge and skills to my professional hat and my career in general.

First of all I have to say thank you. To the membership for the honor of serving in these roles – you are the foundation of our Association. To the front office staff – Karen, Faye and Debb – for all the hard work and dedication to the Association. You always ensured I was prepared and ready for anything that came our way. And to Council – present, past and future – it has been wonderful to work in a team of professionals working to ensure the protection of the public through regulation, ethical social work practice, promotion of the profession and advocacy for social justice and well-being for all.

My reflections have revealed great learnings and takeaways, a few of which I will highlight!

Importance of Regulation and Licensure!

Working with SASW has strengthened my understanding and dedication to regulation and licensure. I am so proud of this profession and all the work that occurs behind the scenes

to ensure our profession is regulated and licensed. I can proudly call myself a Social Worker along with all of you as members of SASW.

ASWB Support and Guidance!

Education conferences and annual AGMs have taken me to San Antonio, Arlington, Orlando and soon Chicago. The networking and learning from other jurisdictions across North America has challenged my thinking on such topics as Social Work practice mobility, cultural competence, board succession planning, and supervision competency just to name a few. And as regulators it is important to focus on the horizon and learn from our past.

CASW Influence and Networking!

I had the pleasure of attending two CASW meetings. A great opportunity to network with counterparts across Canadian jurisdictions. Although many differences there are so many more similarities in our concerns, challenges and opportunities. The basis of CASW work provides leverage for us as an Association; the opportunity to link to their research and advocacy; the benefit of a revised Code of Ethics, and their views and stance on topics such

as Truth & Reconciliation, Medical Assistance in Dying, the Promotion of the Profession and Sex Work Decriminalization. The support and connection with CASW allows discussions, networking and learning from each other across the jurisdictions.

Strength in our Membership!

It has been an honor to get to know the membership. A caring, energetic and knowledgeable group of social workers who deal with complex social, educational and health issues every day. I was able to connect with many of you and see firsthand how you work to deliver services in rural, inner city and communities; and how you work in teams with other professionals always willing to take on issues as they arise. Our membership also drives the committee work, Council and local branches.

As I close out my role on Council as President in 2020, I want to take this opportunity to say I am proud and thankful that you provided me the opportunity to serve as your President.

Take Care and Stay Safe!

Newsletter Contributions

Contributions to the Saskatchewan Social Worker are always welcome. Please feel free to share information from books you've recently read, interesting projects you are working on, or any other item you think the membership might be interested in. Please send your articles and ideas to sasw@accesscomm.ca Deadline for the June 2020 issue is April 15, 2020.



EXECUTIVE DIRECTOR'S MESSAGE

Thoughts About the Theme of Social Work Month

By Karen Wasylenka, MSW, RSW

Here we are, entering a new decade! Some of you may remember going into the year 2000, when we planned and planned for contingencies in case all the computers crashed. Thankfully the clocks turned over and life went on. As we move forward into a new year and new decade, it is a time to reflect not only on what has passed, but what the future might hold.

This year's national theme for Social Work Month is "United by diversity. Strengthened by inclusion". CASW federation members were invited to submit suggestions for the theme and then voted on the one to choose. The theme this year is perhaps a little different - its longer than usual and I needed to take some time thinking about how we might describe what it means to us. In Saskatchewan, we will be celebrating Social Work Week March 16-22. As you think about this year's theme, what does it mean to you? What does it mean to SASW?

When thinking about the theme I was reminded of the second goal in our Strategic Plan - to "ensure an inclusive organization that is welcoming to under represented populations". We most often think of diversity in terms of race, culture, and gender. But diversity also includes religion, age, disability, linguistic differences and socio-economic status. We can also consider diversity in terms of ideas and opinions.

Our profession is certainly diverse in fields of practice - social workers have many roles in various work places, from federal correctional institutions to health services to public libraries, from working in government to community

outreach to equine assisted therapy and many more. The areas in which we work continue to expand; this is often what draws us to social work.

As a profession, social workers are a diverse group. We have moved far from the early beginning of social work where the helpers or home visitors were middle class white women. In Saskatchewan, the University of Regina Social Work program promotes a diverse student group; we have a well respected social work program at First Nations University of Canada; and newcomers to our province are bringing their experience and credentials from social work programs outside Canada and the United States.

Then to the second part of the theme - "Strengthened by inclusion". Again, what does this mean to us? Inclusion means ensuring attitudes, approaches, and strategies do not exclude individ-

uals or groups because of differences. Inclusion means being valued, respected, and supported. As SASW members, as Branch and Committee members, as social workers in our workplaces, lets consider how we engage individuals so that everyone will feel a part of their professional association and be proud of their chosen profession of social work. We can ask ourselves "what more can we do to put our national theme into action?"

During National Social Work Month, SASW will be promoting the value of social work and our theme through the words of our members. Thank you to all the social workers who volunteered and participated in this work. Watch for the posters and media campaign. Lets celebrate our profession as one that is diverse and inclusive, united and strong. Happy Social Work Month and Week!

Submissions Welcome!!

Are you developing a new program or service or wish to highlight programs in your workplace? Are you involved in a community initiative that other social workers might be interested in knowing about? Submissions are always welcome for our newsletter. Just e-mail your article to sasw@accesscomm.ca.



FROM THE DESK OF THE REGISTRAR

Changes to the CPE Policy Definitions

By Fay Schuster, MSW, RSW

Effective January 1, 2020, SASW Council has approved changes to the Continuing Professional Education (CPE) Policy definitions.

So why were the CPE policy definitions changed?

Over the past few years through the CPE audit process a number of areas requiring clarification were identified. As a first step, the Education Committee, supported by the Registrar and Executive Director, undertook the development of a CPE scenario based Q and A document to provide greater clarity on the policy definitions. The Q and A document is located on our website under the “Members” tab.

Step two was to review the policy definitions. The purpose of the review and subsequent changes are to more fully realize the intent of requiring members to undertake CPE to maintain or enhance professional social work skills. This is essential in the Association’s primary mandate to regulate the profession in order to ensure the protection of the public.

So what has changed?

- 1. New Category A definition for “Online Learning.”** This definition provides more clarity on the acceptance of online or e-learning as acceptable and reflective of the growing online opportunities for members. To claim hours the activity needs to include the opportunity for interaction with others.
- 2. Supervising Social Work Students.** Maximum hours reduced from 39 to 20. There is no doubt

that this is a valuable activity particularly for the student and the overall profession. Some may see it as a professional obligation and standard within a regulated profession.

The 20 hours recognizes the time the primary supervisor spends in preparing, supporting and evaluating the student’s placement. The activity is more than the member imparting knowledge and skills they have already attained.

Members that engage in the supervision of social work students may undertake CPE to keep up to date with practice standards and changes in practice. Hours for this activity are a fit with other CPE policy definitions.

- 3. Self-Directed Learning.** The policy definition expanded to include “participating in cultural practices or seeking guidance to enhance practice”. The intent of this inclusion is premised on the activity building cultural awareness and understanding for the purpose of social work practice. Please see the CPE scenario-based Q and As for further guidance on the intent of the expanded definition.
- 4. Workplace Training.** This policy definition has been removed. Members will no longer be able to claim hours for non-practice related activities such as CPR/First Aid training, TLR training, WIMIS training or learning a new computer program.

This change will not impact training done in the workplace that is practice specific. Activities such as lunch-and-learns, peer group sessions, and Grand Rounds fit as Category A under “Seminars”. Conferences and workshops taken in the workplace also fit under Category A.

I would encourage all members to review the revised CPE policy definitions and CPE scenario based Q and A document located on our website under the “Members” tab.

Students Members Completing Practicums and Upgrading to RSW

Student members who are at the end of their studies and completing their major practicums, should have their practicum supervisor complete the Character Reference form. This form is part of the required documents when completing the Upgrade to RSW application and must be submitted to our office as an original document. We do not accept scanned or photocopies. The form is located on our website under the “Become a Member” tab or at <https://www.sasw.ca/document/4823/Character%20Reference%20Form%20.pdf>

Having the form completed when you are just finishing your practicum helps to expedite completion of the Upgrade application.

If you have any questions please feel free to contact me directly at 306-545-6878 or by e-mail at registrar.sasw@myaccess.ca



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2-1-1



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2-1-1



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- And much more

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- An empowerment tool for clients, as they learn to independently connect to services in a way that the is most comfortable to them.
- An easy tool to help the public connect to counselling services.

END YOUR SEARCH TODAY. CALL, TEXT, OR GO ONLINE

Phone: Dial 2-1-1 from a landline or cellphone.

Web Chat: Visit sk.211.ca/contact_us to start your chat.

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Social Workers with private counselling businesses can add their services to the 211 database by contacting at 211sask@unitedwayregina.ca or 306-751-4750 ext 772.



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**NOTICE TO MEMBERS
- CALL FOR NOMINATIONS TO COUNCIL POSITIONS -**

As per section 25 (2) of *The Social Workers Administrative By-laws*, SASW voting members are hereby given notice of your right to nominate licensed member(s) to fill any Council vacancy for the upcoming year. The positions open for nomination are Secretary, Treasurer, and one member-at-large position.

All nominations must be submitted on the "Call for Nominations" form. Nominations must be faxed/e-mailed to the SASW Office no later than **March 15, 2020**.

Call for Nominations for SASW Council

Position for Nomination: _____

Name: _____

SASW Registration Number: _____

Address: _____

Credentials: _____

City/Town: _____

Number of years in practice: _____

Area(s) of practice and contribution to the profession: _____

Previous/present involvement with SASW Branch/Committee: _____

Nature of contribution(s) to be made on SASW Council: _____

Signature of Nominee: _____

Nominators - Registered Social Workers (*Please Print*)

Signature of Nominators

1. _____

2. _____

3. _____

Deadline for submitting nominations: March 15, 2020

Send completed form to SASW Office - 2110 Lorne Street, Regina, SK, S4P 2M5

Email: sasw@accesscomm.ca Fax: 306.545-1895

Accessing Intimacy: The Experience of Younger Long-Term Care Residents

By Maggie Sawatsky, MSW, RSW

I recently completed my MSW thesis. My research focused on the experience of younger residents, accessing intimacy while living in long term care. I focused on residents under the age of seventy because when I started my literature review it became evident that there is a gap in research which focuses on not only the experience of intimacy from a resident's perspective but even more from the perspective of the younger resident.

I chose this topic after working as a social worker in long term care. One conversation kept playing in my mind. It was a conversation I had with a resident where they described longing for intimacy. They explained that they were touched everyday, but it wasn't intimate touch. The staff made sure that they were clean, dressed, and fed but no one was holding their hand or hugging them. There was a lack of connection with other people. To explore this more, I interviewed four residents from long-term care homes in Saskatoon under the age of seventy to help understand what the experience of intimacy is while living in long-term care. Through the interviews the participants created a common definition of intimacy, and what they told me was that intimacy has aspects of touch, kissing, hugging, and intercourse but more than that intimacy is a sense of belonging and a sense of community.

When asked about their intimate experiences while living in long-term care four common themes emerged, being different from others, new connections and relationships, being left, and staff facilitated.

Being Different from Others

Participants noted that this was experienced from the beginning of their dis-

ability. They felt like an outsider from society not really fitting in with any friend group. Many described feeling as though they couldn't fully participate in activities that their friends were doing and that this limited their ability to have friendships.

New Connections and Relationships

Many spoke about feeling isolated and alone at home unable to leave their house or access community in a meaningful way. Long term care offered them an opportunity to meet new people with similar experiences. Although most did note that if they were not living in long term care, they

Several participants spoke about letting themselves become close with another resident, only to have that person die. They had made the decision then that it was too painful to try and have relationships and friendships in long-term care.

Staff Facilitated

All participants spoke of the ways in which the long-term care staff help to facilitate their experiences of intimacy. Staff helped to access online media such as Facebook, helped to make phone calls, and for one participant helped to organize sleepovers with their spouse. Staff were instru-



would not have likely chosen them as friends. Friendships made in long-term care are out of convenience and not necessarily out of choice.

Being Left

All participants spoke about feeling abandoned and alone since moving to long-term care. Family and friends who had been involved in their lives before moving no longer visited. Many felt isolated from their previous community. Participants spoke quite honestly and openly about their reluctance to form relationships because the reality in long-term care is that people die.

mental in assisting with the setup of intimate experiences.

Conclusion

As social workers, it is important that we understand the history of long-term care, the experience of persons with disabilities, and the importance of sex and intimacy in the lives of those we work with. Finding ways to build community and belonging is imperative to the well being of our clients. I would also encourage us to question if long term care is the best we can do, or if we need to advocate for more community options for care.

Embracing Research in Rural Dementia Care

By Jennifer Hill, BSW, RSW

A wave of panic crashed over me in 2014, 6 weeks into a new job, when Dr. Debra Morgan and Dr. Julie Kosteniuk from the Canadian Centre for Health & Safety in Agriculture with the University of Saskatchewan presented former Sun Country Health Region with a research opportunity. I knew nothing about research and I knew nothing about Agriculture (spoiler alert – I still don't!). They wanted to learn about Dementia services in rural Saskatchewan. Research really didn't seem like something I would be interested in, thinking that the best way to help people would be direct practice. Despite my hesitancy, I made my way outside my comfort zone.

Once we laid out the current state of our services to see what was working great, where the gaps in services were and had a concrete idea of how

things were being done, the research team then helped us to implement an effective, sustainable model of dementia care in rural communities that integrated inter-professional care, specialist-to-provider support, and decision support tools.

By 2015, Kipling was starting to look at the framework and they did the heavy lifting to make the PC-DATA (Primary Care Dementia Assessment and Treatment Algorithm) tool functional for their team in the EMR (Electronic Medical Record). This, for former Sun Country, is where RaDAR was really formed.

RaDAR (Rural Dementia Action Research) is an acronym that we use but what it means is being able to provide memory assessment and ongoing management for patients in their home community. I've had the opportunity, and some days the challenge, of supporting teams in Weyburn, Radville

and Bengough to implement these tools and services. The PC -Data tool provides the framework to a Physician/ Nurse Practitioner, Home Care Nurse, Social Worker, Occupational Therapist, Physical Therapist and FirstLink Coordinator with the Alzheimer Society. Our patient and their family are seen by all of the professionals individually. At the end of their three-hour appointment, they meet with the entire group for a case conference where recommendations are reviewed and then provided to the patients and their family. As teams begin to provide follow up care, we are currently developing a standard process to implement.

By 2019, RaDAR has been constantly modified, improved, and was expanded from Kipling to Weyburn, Bengough, Radville and Carlyle because when you have something truly wonderful, it only makes sense to share it.

There are three key elements of RaDAR that make it incredible:

Collaboration & Team Based Care

All of the above-mentioned team members have come together, shared their scope, expertise, and learned from each other. There's an aspect of the informal communication of having those people in a room together that also builds the relationships and social capital that propels success and quality care for all patients, even outside of our clinics. The team has been involved in another research project about team based care led by Dr. Amanda Froehlich Chow.

Building Capacity of the Team

The RaDAR teams are able to constantly learn new skills thanks to the support of the U of S Team. Professionals have had sessions about Determining Capacity, Pharmacological Management, and Driving Assessments;



Weyburn Team Members 2019 (Left to Right): Dr. Jared Oberkirsch, Physician; Kimberly Bitz, Occupational Therapist; Erica Matthews, Social Worker (RSW); Katelyn Kaufman, Physical Therapist; Jennifer Hill, Primary Health Care Facilitator (RSW); Trina Hodgson, Client Services Manager (RSW), Alzheimer's Society of Saskatchewan.

Embracing Research in Rural Dementia Care

continued from page 11

just to mention a few. The more our team can do for the patient in their home community, the better the patient experience.

Patient Centred Care

The patient and their family are supported from the moment they are identified, throughout the clinic and for ongoing management. Dr. Melanie Bayly leads an additional research project that gathers qualitative evaluation data from the patients so we know that patients are having a positive

experience in a difficult situation. Patients report feeling respected, heard and not rushed. This is the exact care and support I would want for myself, so I am proud to be able to offer it to others.

There's a constantly recurring theme in my career – you don't know what you don't know. Research didn't seem like an interest to me, but it has turned out to be one of the things in my career I am most honored to be a part of because of how many professionals,

patients and families I have been able to help.

I encourage anyone with additional interest to check out the website: <https://cchsa-ccssma.usask.ca/rural-dementiacare/> .

Jennifer is a Primary Health Care Facilitator based out of Weyburn for the Saskatchewan Health Authority. She is a private practitioner with ThornHill Counselling and is Vice-President of the South East Branch of the SASW.

News Briefs

Social Justice Committee

Check out our Facebook Page – **SASW Social Justice/Advocacy Group**

Find local events, articles of interest, and other important information related to social justice.

Revisions to the Standards of Practice for Registered Social Workers in Saskatchewan

SASW Council approved the revisions to the Standards of Practice as proposed by the SASW Standards of Practice Committee. The new standards are effective March 1, 2020. The revision will be posted on the SASW Website - <https://sasw.ca/site/standards-of-practice>

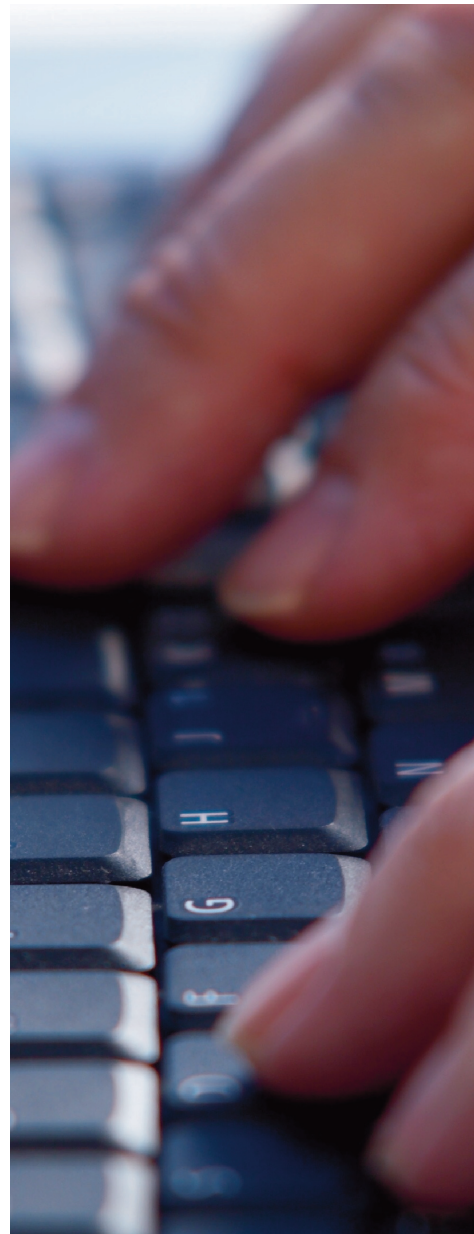
Although the changes are not generally substantive, please review the revised Standards. The revisions include updating language and definitions, adding clarity regarding dual relationships, and moving some sections around for better fit. If you have any questions or comments, please contact us through ed.sasw@accesscomm.ca

Volunteering for SASW Committees

Thank you to everyone who indicated an interest in volunteering for SASW committee work when you completed your 2020 renewal. Committee positions are filled on an “as needed” basis by the SASW Volunteer Development Committee. When there are vacancies on a committee, an email will go out to those who identified interest in that committee. You will be asked to confirm your interest, the amount of time you can commit to the committee, and provide a short statement of your interest and experience. New committee members will then be selected. Please contact the office at sasw.accesscomm.ca if you have any questions about the committees or the process of recruitment.

Practice Ethics Committee

The Practice Ethics Committee is a confidential support service for SASW members that offers guidance on ethical decision-making. The committee will make every effort to respond in a timely fashion, and will provide alternate ways of viewing and acting on ethical issues. To contact the Practice Ethics Committee with your questions or dilemmas, please complete the form that has been developed and placed under each member's Profile home page. This form is received in the SASW office and forwarded to the Chair of Practice Ethics.



SASW Southeast Branch Highlights

By: Karrie McFadden, BSW, RSW

Highlights from SE Branch:

1. Our SE SASW Branch is very active with member engagement and our branch held 7 branch meetings in 2019, with some members joining by phone or Telehealth.

2. Our SE SASW Branch submitted a letter to the SASW with some social justice concerns/questions regarding CBO's providing mental health services such as counselling in rural areas of the province, who may not have qualified and/or regulated staff providing counselling services. Our branch is continuing to follow up on this inquiry.

3. To support inclusion, the SE SASW branch sent a letter to the Editor of the Weyburn Review in March 2019, in support of the Weyburn Group Home Society building a group home in a new development area of Weyburn. There was some dispute amongst city council and community members opposed to the new development of this group home, in a particular area of the city. The group home has since been approved in the new development area and future home will be the Weyburn Group Home Society's eighth group home in the city.

4. The SE SASW Branch held our annual Christmas lunch on December 4,

2019 and made a donation of cash and supplies to the local humane society.

5. Our AGM was well attended with 21 members in attendance.

6. On January 8, 2020, our branch will be sponsoring a public event hosted by the Credit Counselling Society, to provide a public information workshop on budgeting and managing finances.

7. The SE SASW branch is also excited to announce that we will be hosting the SASW's Provincial AGM in 2020 - details to follow.

Happy New Year!!!

The Bryan Woods Memorial Scholarship

By Christina Anderson, MSW, RSW

Applications for the 2020 Bryan Woods Memorial Scholarship are open until May 1. The scholarship is awarded annually to a social worker to assist with formal education or training to further his or her knowledge and skills in a specific area of practice. At this time, this scholarship is available to social workers employed in the Saskatchewan Health Authority within Saskatoon.

Bryan Woods was a skilled and respected clinician, teacher and leader in the field of social work. For three decades, Bryan was highly respected as someone who supported his clients and colleagues with understanding, kindness, patience, gentle strength, dependability, professionalism and wit. In honour of his life and work, a group of his colleagues, friends, and family sponsored a lecture series to raise funds for the Scholarship.

Every October, a free community learning event takes place that is open to the public but involves an issue relevant to social work practice. In



credit: Markus Spiske temporausch.com from Pexels

2019, a panel discussion took place with members of the Saskatchewan Intercultural Association, First Nations and Metis Health (SHA), College of Nursing, and the Saskatoon Anti-Racism Network. It was titled "The Elephant in the Exam Room" and it was a deeply vulnerable and critical look at the reality of racism and discrimination in

healthcare settings.

The 2020 lecture will explore Oxford Dictionary's Word of the Year, "climate emergency" and the connection between eco-anxiety, climate trauma, environmental justice, and the social work profession.

SASW Student Award

The Award

The SASW Student award is presented to a Saskatchewan social work student enrolled in the Faculty of Social Work, University of Regina, taking classes within Saskatchewan, or in an accredited social work program outside of Saskatchewan. The Award is presented in recognition of a student's contribution to his/her community, beyond the immediate requirements of education/employment.

The amount of the Award is determined by the Awards Committee and in accordance with Canada Customs & Revenue Agency Policy. The award is supported by the fund SASW has placed under the management of the South Saskatchewan Community Foundation. The amount each year shall be determined by the Student Award Committee in accordance with Canada Customs & Revenue Agency regulations.

Eligibility

- Eligible students shall be enrolled in the Faculty of Social Work at the University of Regina, including the First Nations School of Social Work, or a Saskatchewan resident attending an accredited social work program outside Saskatchewan.
- Applicants to be considered are students in good standing academically at the undergraduate or graduate level, taking at least 60% of the full-time course load.
- The award shall be limited to one per student per degree.
- Involvement in community service over the most recent five-year period shall be the main criteria used in evaluating applications.

ing applications. In this context, activities related to the professional association, group and volunteer work are the main areas for consideration.

- The Student Award Committee may also take into consideration financial need and whether the applicant has a student membership with SASW.
- Applications shall be received at the SASW office on or before March 15.

Guidelines

The following information and documentation shall be provided with the SASW Student Award application form:

- Current transcript of marks to be attached to student award application
- The place and activity involved in the community service, as prescribed by the application form.
- Reference letter from an individual who knows of the involvement in community service.
- Curriculum vitae/resume.
- Written statement as to financial need (optional).

Applications to be sent to:
SASW Awards Committee
2110 Lorne Street, Regina S4P 2M5
Fax: 306-545-1894
Email: sasw@accesscomm.ca

Deadline for Submitting: March 15, 2020

SASW Student Award Application

Last Name: _____ First Name: _____

Address: _____ City/Town: _____ Postal Code: _____

Telephone: _____ Email: _____

Specify degree/certificate expected: _____ Graduation Date: _____

Institution at which are you are currently enrolled: _____

Are you a Student member of SASW: Yes No

SUBMISSION REQUIREMENTS/AWARD CHECKLIST:

The following must be submitted with this application:

- Transcript of marks (attached to application).
- An outline of the place and activity of the community service. This information will include the following
 - Interests & motivation for having done the community service.
 - Objectives of the involvement.
 - The process and results of the activities.
- Reference letter – from an individual who knows of the involvement in the community service.
- Curriculum Vitae/Resume.
- Written statement as to financial need (optional)

I have read and understand the requirements for this award that I am applying for and have submitted all required information and documentation. All information contained in this application is accurate and contains no false statements.

Signature of Applicant: _____ Date: _____

Educational Opportunities

EMDR Basic Training

February 13-17, 2020

Calgary, AB

Website: www.growthelife.com/emdr

Email: hello@growthelife.com

Phone: 403-612-1903

Canadian Association for Play Therapy (CAPT) is proud to present the training schedule for 2019.

For more information about each specific workshop and registration please visit <https://cacpt.com/workshops/>

Mindfulness-Integrated Cognitive Behaviour therapy: A four stage transdiagnostic treatment approach

March 6 & 7, 2020

Vancouver, BC

Registration: <https://mindfulness.net.au/BookingRetrieve.aspx?ID=315628>

Contact: MiCBT Institute

Brandilyn Willett nachapter@mindfulness.net.au

Phone: 833-626-4226

Saskatoon Sexual Assault & Information Centre First Responder to Sexual Assault Training

March 19 & 20, 2020

More information: <https://ssaic.ca/learn/public-ed/first-responder-to-sexual-assault-training-program/>

Trauma Recovery Certification Training

Module 1: April 14-19, 2020

Module 2: May 25-30, 2020

St. Albert, AB

More information: www.takingflightinternational.com or info@takingflightinternational.com

Tim Feeney - There is Always Something That Works: Supporting Individuals with Challenging Behaviours

April 15 & 16, 2020; 8:30 am - 4:30 pm

Viscount Gort Hotel, 1670 Portage Ave. Winnipeg, MB

Email: info@blockbuilding.ca

Phone: 204-231-0785

Fax: 204-231-4442

Website: www.blockbuilding.ca

World Laughter Tour Two-Day Laughter Workshop in How to Create Therapeutic Laughter: Joyology & Laughter Therapy

Friday, April 17, 2020 and Saturday, April 18, 2020

Calgary, AB

Steve Wilson (or Helen Bzdel)

stevewilson@worldlaughterstour.com (or laffingoutloud@sasktel.net)

Web: <https://www.worldlaughterstour.com/training/workshop-schedule/>

The 9th International Research Conference on Adolescents and Adults with FASD: Review, Respond and Relate - Integrating Research, Policy and Practice Around the World

April 22-25, 2020

The Hyatt Regency, Vancouver, BC, Canada

Website at <https://interprofessional.ubc.ca/initiatives/fasd2020/>

Email: marketing.ipce@ubc.ca

The sleeping dogs method: a practical guide for treating chronically traumatized children

Vancouver, BC: April 26-27, 2020

Calgary, AB: April 28-29, 2020

More information: www.envisionservices.ca/workshops-1

Effective Treatment for Anxiety in Children & Adolescents: CBT explore Therapy & relaxation techniques

Winnipeg, Manitoba

April 27, 2020

Contact: HQS professional development

Phone: (204) 477-5656

Website: www.hqs-pd.ca

Making space for life: understanding & intervening with hoarding behavior

Winnipeg, Manitoba

May 15, 2020

Contact: HQS professional development

Phone: (204) 477-5656

Website: www.hqs-pd.ca

Global Social Work Conference in Canada

Calgary, AB

July 15 - 18, 2020

More information: <https://swsd2020.com/>



UNIVERSITY OF SASKATCHEWAN

Saskatchewan Health Information Resources Program

UNIVERSITY LIBRARY
SHIRP.USASK.CA

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104 Clinic Place, Saskatoon SK S7N 2Z4

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- *AccessMedicine*
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Caitlin Peiris, RD
SHIRP Coordinator
caitlin.peiris@usask.ca
306-966-1753

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