

# Double-Duty Caregivers: How have they been affected by COVID-19?

**Are you caring for a child or adult who is ill, disabled, frail, or elderly? Are you also working in health care?**

*Dr. Jasneet Parmar from the Department of Family Medicine at the University of Alberta & her team are inviting you to participate in a survey to understand how COVID-19 has affected double-duty caregivers. Double-duty caregivers health care providers who are also providing unpaid care work for a family member, chosen family, friend, or neighbor. It will take about 20 minutes of your time.*

**Click on the link to complete the survey**  
**<https://redcap.link/doubleduty>**

The objective of this survey is to understand how the COVID-19 pandemic and double-duty caregiving has impacted your caregiving and work experiences.

Family caregivers provide 75-90% of the care to children and adults living in community homes with serious illness, disability, or frailty.

About 70% of the Canadians providing care without pay to a family member, chosen family, friend, or neighbor are employed, many as healthcare providers.



**If you have any questions, contact:**

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Supporting Family Caregivers in Healthcare

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