



# STRENGTHENING INDIVIDUALS, FAMILIES AND COMMUNITIES

## E-NEWSLETTER |

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### MESSAGE FROM THE PRESIDENT

Time for some strategic planning.

Bren Shock, MSW, RSW

### FROM THE DESK OF THE DEAN OF SOCIAL WORK

A record number of MSW graduates this spring.

Dr. Cathy Rocke, MSW, PhD

### REQUEST FOR MEMBERSHIP SUPPORT

The Education Committee is seeking SASW members to share information and offer mentorship to our network of social workers and students.

### PATHS INTRODUCING NEW TRAINING MODEL

The Safe and Together Model of training mission is to create, nurture and sustain a global network of intimate partner violence informed professionals, communities and systems.

### FROM THE DESK OF THE EXECUTIVE DIRECTOR

The provincial government recently amended the Social Workers Act.

Karen Wasylenka, MSW, RSW

### SOCIAL WORK, MENTAL HEALTH AND WELLNESS APPS

As mental health and wellness apps become more popular, social workers need to be aware of the helpful and harmful applications.

Jennifer Billington and Dr. Nuelle Novik

### U OF R MASTER OF SOCIAL WORK

The University of Regina's MSW will now offer flexible learning options that will allow students to pursue the degree while balancing personal or professional commitments.

Thy-Thy Quach, Academic Advisor and MSW Program Advisor

### NEW PROFESSIONAL CONTINUING EDUCATION PROGRAM

Somatic experiencing is a psychobiological approach to resolving the symptoms of trauma and chronic stress.

### CLINICIAN'S SUPPORT GROUP FOR CLINICIAN SURVIVORS OF CLIENT SUICIDE

A small group of SASW members have joined together to offer an [informal support for other SASW members](#) who have experienced the loss of a client by suicide. If interested in joining the group, please email: [Tammy.wagner@sasktel.net](mailto:Tammy.wagner@sasktel.net).

### SOCIAL WORK PODCAST

The Social Work Student Society invites you to tune into the Social Work Beginnings Podcast, which aims to capture collective social work stories.

Brad Fraser (BSW Student)

### AFROCENTRISM IN SOCIAL WORK

Dr. Marvin Ankrah, a MSW candidate, outlines the concept of Afrocentrism and how it can be applied practically in social work.

### HYPNOTHERAPY

How hypnotherapy can be combined with traditional practices to achieve positive outcomes.

Ashley Bahm, BSW, RSW

### 2023 SASW AWARD WINNERS ANNOUNCED

Congratulations to Angie McConnell for receiving the Distinguished Service Award and to Jacqueline Hale for receiving the Student Award.